

A LEGACY THAT TIME CAN'T TOUCH



January 16-17, 2026

Tradition Never Graduates



1996, 2003, 2005, 2006, 2007, 2009, 2011,
2014, 2018, 2020, & 2025

11 ODAC Titles

13 NCAA Appearances

3 Sweet Sixteens

2 Elite Eights

1 Final Four

1 National Championship
Appearance

History of RMC Women's Basketball

1975-76 First organized team, Billy Wood coaches while working in Admissions

1976-77 Club-level team, no JV opponents to play, team played opposing varsity programs, first program win at Virginia Wesleyan, first home win vs. Liberty

1977-78 First Varsity Team, first winning season, first win over Richmond, other notable wins: Liberty Baptist, and Christopher Newport, finishing this first year with an 11-6 record

1978-79 Linda Sheppe becomes head coach

1979-80 Linda Lerch becomes head coach, team reclassified to Division III. Team played in first playoff game

1981 Cindy Crabil becomes first 1,000 point scorer in program history, finished as state runner up in Division III in the AIAW. Postseason, Linda Lerch departs postseason for a coaching position at Cornell University, Billy Wood returns as head coach for 1981-82 season

1982 Carroll LaHaye transitions from assistant coach to head coach while also coaching women's soccer, women's lacrosse and teaching in the physical education department

1983 First Season as Division II

1990 First season in NCAA DIII, first ODAC win

1996 First ODAC Championship, ODAC Regular Season Champions, First NCAA Tournament Appearance, First Sweet 16, first 20-win season

1998 ODAC Regular Season Champions, NCAA Tournament Appearance

1999 ODAC Regular Season Champions, NCAA Tournament Appearance

2003 ODAC Tournament Champions, NCAA 2nd Round

2005 ODAC Regular Season Champions (20-0), ODAC Tournament Champions, First Elite 8, First Final Four, First NCAA Championship Game, Megan Silva wins Jostens Trophy and National Player of the Year

2006 ODAC Regular Season Champions, ODAC Tournament Champions, NCAA Sweet 16, NCAA Elite 8

2007 ODAC Regular Season Champions, ODAC Tournament Champions, NCAA Sweet 16

2009 ODAC Regular Season Champions, ODAC Tournament Champions, NCAA Appearance

2011 ODAC Regular Season Champions, ODAC Tournament Champions, NCAA 2nd Round

2012 Carroll LaHaye notches 500th career win, 82-70 over Roanoke

2014 ODAC Tournament Champions, NCAA Appearance

2018 ODAC Tournament Champions, NCAA 2nd Round

2018 Carroll LaHaye records 600th career win, 71-59 over Lynchburg as just the 59th coach in NCAA history across all divisions to reach the milestone

2020 ODAC Tournament Champions, NCAA 2nd Round

2020 Carroll LaHaye retires as all-time ODAC wins leader (647)

2020 Lindsey Burke hired as 5th head coach in program history, records first win, Jan. 23, 2021, 77-64, vs. Ferrum College

2022 ODAC Regular Season Co-Champions, first time in 11 seasons

2025 ODAC Regular Season Champions (16-0), ODAC Tournament Champions, NCAA Sweet 16, sets program win streak record with 28 consecutive wins

RMC Athletics Hall of Fame Inductees

1999 Sharon Miller '85
2000 Nancy Sebek-Love '85
2001 Dr. Kelly Keffler Domson '89
2002 Karen Eye Benson '87
2005 Pam Conk Cooper '82
2009 Jenn Kohler Del Rossi '96
2018 Megan Silva Schultz '06
2019 Aimee Beightol Levy '99
2021 Carroll LaHaye
2021 2004-05 RMC Women's Basketball Team
2022 Molly Ariail '10
2025 Billy Wood '71
2025 Amanda Hiltunen Scott '09

Coach of the Year

1994,1996,1999,2005 Carroll LaHaye
2024, 2025 Lindsey Burke-Eberhart

ODAC Player of the Year

1996 Jenn Kohler '96
2004,2005,2006 Megan Silva '06
2008,2009,2010 Molly Ariail '10
2018, 2020 Kelly Williams '20

All-Conference

First Team (All-ODAC)

Keisha Bell 1990
Pam Conk. 1991,1992
Jenn Kohler 1994, 1995, 1996
Aimee Beightol 1996,1999
Renee Zando 1999
Megan Silva 2003, 2004,
2005, 2006
Emily Crider 2004
Lindsay Riesbeck 2007,
2008, 2009
Molly Ariail 2008, 2009, 2010
Amanda Hiltunen 2009
Maggie Roy 2011
Taylor Wieczorek 2012
Taylor Huber 2014
Katie Anderson 2015, 2016
Kelly Williams 2017, 2018,
2020
Becca Arrington 2021
Catherine Kagey 2022, 2023,
2025
Jane Elkins 2024
McKenzie Matheny 2025

Third Team (All-ODAC)

Sarah Parsons 2012
Amber Lee 2017
Charlotte Woods 2018, 2020
Cheridan Hatfield 2022
Juliana Park 2025

Second Team (All-ODAC)

Pam Conk 1990
Bekkie Siebel 1991
Katy Parrish 1993, 1994, 1995
Jenn Kohler 1993
Susan Doyle 1997
Allison Beightol 1998, 1999
Jamie Tanner 1998
Leslie Buhrman 1998
Renee' Zando 2000
Meredith Roberts 2002
Salem Shaffer 2005
Michelle Orton 2005, 2006
Molly Ariail 2007
Amanda Hiltunen 2008
Maggie Roy 2010
Taylor Wieczorek 2011
Maggie Roy 2012
Katie Anderson 2013
Sarah Parsons 2013, 2014
Hannah Livermon 2015, 2016
Michal Ross 2019, 2020
Becca Anthony 2022
Juliana Park 2024

All-Piedmont Conference

Cindy Crabill 1978, 1981

American Women's Sports Federation All-Americans

1985 Holly Cope (4th Team), Sharon Miller (Honorable Mention)
1986 Karen Eye, Honorable Mention
1987 Karen Eye, 2nd Team
1988 Beth Dunkenberger, 3rd Team
1989 Keisha Bell (2nd Team) Pam Conk (2nd Team)
1990 Keisha Bell (1st Team) Pam Conk (2nd Team), Carroll LaHaye
1991 Pam Conk (2nd Team), Bekkie Siebel (Freshman Team)
1992 Pam Conk (1st Team), Mary Beth Puccinelli (3rd Team)
1993 Alicia Dejo (Special Mention), Jenn Kohler (Freshman Team), Katy Parrish (Freshman Team)

KODAK/WBCA All-Americans

1987 Karen Eye (Honorable Mention)
1990 Keisha Bell (All-District V)
1996 Jenn Kohler (All-District V)
2004 Megan Silva (Honorable Mention)
2005 Megan Silva (1st Team)
2006 Megan Silva (1st Team)
2009 Molly Ariail (Honorable Mention), Amanda Hiltunen (Honorable Mention)
2010 Molly Ariail (1st Team)
2014 Katie Anderson (Honorable Mention)
2015 Katie Anderson (Honorable Mention)
2018 Kelly Williams (1st Team)
2025 Catherine Kagey (Honorable Mention), McKenzie Matheny (Honorable Mention)

ODAC Rookie of the Year

1993 Jenn Kohler
1996 Aimee Beightol
1998 Jamie Tanner
2001 Sarah Crider
2003 Megan Silva
2007 Molly Ariail
2013 Katie Anderson
2017 Kelly Williams
2024 Sam Smith

Compton/DeNagy Winners

The Susan Locke de Nagy Award is presented to the top senior female student-athlete. The award is in recognition of outstanding athletic accomplishments, academic achievements, leadership and sportsmanship. The George P. Compton Award was first presented in 1968. The de Nagy Award was first presented in 1994. From 1980 through 1993, women as well as men received the Compton Award.

1981 Cindy Crabill	1990 Dorothy Kress
1984 Carol Thomson	1996 Jenn Kohler
1985 Sharon Miller	1999 Aimee Beightol
1986 Holly Cope	2005 Emily Crider
1987 Karen Eye	2006 Megan Silva
1988 Beth Dunkenberger	2009 Amanda Hiltunen
1989 Kelly Keffler	2010 Molly Ariail
1989 Melodie Fearnow	2020 Kelly Williams

1970s



1975-76



FIRST ROW: Jan Carter, Susan Joseph, Allison McCabe, Nancy Simpkins, Mary Meredith, Meng Jones

SECOND ROW: Billy Wood (Head Coach), Lisa Goglia (Manager), Helen Valdejuli, Virginia Petterson, Susan DeNagy, Debbie Woolard, Sara Hall, Margie Marinus, Mary Hoyle, Russell Bourne (Asst. Coach), Jeff Davis (Asst. Coach)

NOT PICTURED: Maria Schroeder and Kim Person

1976-77



KNEELING: Nancy Simpkins, Allison McCabe

SECOND ROW: Susan Joseph, J. Cohen, Mary Meredith, S. Pellington

THIRD ROW: Russell Bourne (Asst. Coach), Margie Marinus, Susan DeNagy, Becky Spigle, Helen Valdejuli, E. Goglia (mgr.), Billy Wood (Head Coach), Jim Jump (Asst. Coach)

1977-78



KNEELING: Shelley Gilliam, Sue Joseph, Kim Jones

SECOND ROW: Jim Jump (Asst Coach), Unidentified, Margie Marinus, Susan DeNagy, Cindy Crabill, Becky Spigle, Allison McCabe (Asst. Coach), Billy Wood (Head Coach)

THIRD ROW: Amy Thomas, Pat Spaven, Nita Burchett, Mary Meredith

1978-79



TEAM PHOTO MISSING

Becky Spigle, Kim Jones, Shelley Gilliam, Cindy Crabill, Pat Spaven, Amy Thomas, Amy Bram, Judy Glenn, Karen Tinsley

MANAGERS: Karen Currier, Lynne Willis

ASSISTANT COACH: Allison McCabe

HEAD COACH: Linda Sheppe

1979-80



KNEELING: Lynn Willis (Manager), Kathy Englehart, Shelley Gilliam, Kim Jones, Pat Spaven

SECOND ROW: Allison O'Brien (Asst Coach), Judy Glenn, Diane Hersey, Cindy Crabill, Becky Spigle, Ginger Noce, Karen Currier (Manager) Linda Lerch (Head Coach)

Lady Jackets Play Ball

The R-MC Lady Jackets are undefeated in their first 4 games of the season. The Lady Jackets open the season with a 44-43 win over Reynolds Metals, and followed that with a close win in overtime over the Henrico County All-Stars (55-54). In the third game, the Lady Jackets convincingly defeated Hatcher Memorial Church 57-33.

In the first game, the tenacious defense of Reynolds' guards forced the Jackets to emphasize their inside game. The post players, Debbie Wppard and Sara Hall, met the challenge and scored 16 and 10 points respectively. The success of the inside play was enhanced by the ball handling and passing ability of the backcourt players: Allison McCabe, Nancy Simpkins, Susan Joseph, and Susan de Nagy. Also, it should be noted that the Lady Jackets' success was due in part to a good overall team defensive effort, and particularly the defensive play of Nancy Simpkins.

Against the Henrico County All-Stars, the Jackets found themselves behind by 6 with only 32 seconds remaining in the game. After a Lady jacket time

out, the Henrico team was faced with a tight man to man press. The Jackets capitalized on a steal. The All-Stars were fouled quickly and failed to connect the first end of a 1 and 1.

A Jacket rebound and a long pass to Sara Hall brought Macon to within two. The final Jacket time-out was called, and the press once again proved successful as Susan Joseph forced a turnover. The shot by Hall fell short but was quickly put back at the buzzer by Wppard to put the game into overtime. Margie Marinus and Jan Carter led the Lady Jackets to their second victory with clutch shooting in the waning seconds.

Last Thursday the Lady Jackets extended their winning streak to three, as they demonstrated good ball control and a tremendous team effort in defeating Hatcher Memorial. Sara Hall led all scorers with 20 points, increasing her scoring average to 16.6 points per game.

Following Hall was Allison McCabe with 11, giving her an average of 7.6 points per game. Also in double figures was Debbie Wppard with 10, rounding her scoring average to 16.0.

It is the feeling of Coaches Davis, Bourne and Wood that the key to the Lady Jackets' success lies in their enthusiasm and dedication to the game.

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PHOTO BY TOM AYERS
Sara Hall comes down with rebound for undefeated Lady Jackets.

February 18, 1976, RMC Newspaper

New Era In Sports

A new era in sports has arrived here at Randolph-Macon - girls' basketball. The team will play a schedule that includes William & Mary, V.C.U. and Mary Washington. Bill Wood, Russell Bourne and Jeff Davis are coaching this year's squad. Wood brings 4 years of coaching experience in high school to his team.

Thursday. "They're all good girls who are dedicated and work hard," says Bourne.

The Tri-captains for this year are Nancy Simpkins, Allison McCabe and Debbie Wppard.

Girls Basketball Roster

Jan Carter
Lisa "E" Goglia
Sara Hall
Margie Hoyle
Mong Jones
Mary Meredith
Allison McCabe
Susan DeNagy
Virginia Peterson
Nancy Simpkins
Debbie Wppard
Margie Marinus
Susan Joseph
Kim Person
Maria Schroeder
Helen Valdejuli

January 28, 1976, RMC Newspaper

ps Rolling



PHOTO BY MIKE HARRIS
Mary Meredith sets to take shot behind Susan DeNagy's pick. The Lady Jackets, despite a tough Intercollegiate schedule, have been successful in meeting the challenge of their opponents.

January 21, 1977, RMC Newspaper



PHOTO BY MIKE HARRIS
Susan De Nagy fires over Amy Thomas as the women's basketball team practices in the Alumni Gym. The women are 3-4, owning wins over Mary Washington, Virginia Wesleyan and Liberty Baptist.
STAFF PHOTO BY BRUCE DUNCAN

Susan De Nagy fires over Amy Thomas as the women's basketball team practices in the Alumni Gym. The women are 3-4, owning wins over Mary Washington, Virginia Wesleyan and Liberty Baptist.

Lady Jackets Go to Court



Photo by Tom Ayers
Lady Jackets jump against the Patrick Henry girls.

January 29, 1975, RMC Newspaper

by Allison McCabe

Girls Intramural Basketball got off to a slow start this year but has finally evolved into an established organization centering around ten interested women. These include Lynn Byrne, Jan Carter, Sara Hall, Mary Hoyle, Allison McCabe, Ann McCollum, Virginia Petterson, Nancy Simpkins, and Debbie Woodard.

For the month of January these girls have been busy scrimmaging and working on various skills and drills under the coaching of Gordon Cooley and Steve Sutton.

This past Thursday the Lady Jackets met Patrick Henry High School in a scrimmage. The Jackets did not do as well as they

hoped; Patrick Henry won 40 - 29. But, the Jackets have only been working together as a team for two weeks, whereas Patrick Henry girls have been working together since August, (not that we're trying to make any excuses!).

Coming up this week the Lady Jackets meet the Faculty Wives on Wednesday, January 29. We are not promising a first rate basketball game like you are all used to seeing in Crenshaw Gym, but it will be worth seeing the competition. So come on out and see Randolph-Macon Women (both young and old) play basketball, Wednesday at 8:00 p.m.

Lady Jackets Face Tough Competition

BY HENRY SHARBER

This year the Randolph-Macon women's basketball team will complete their second season of competition. Last year they were a club team playing high school, church, and community league teams. This year they have faced a full intercollegiate schedule. Despite the current 2-4 record, Coach Billy Wood feels the team has achieved great success in that they "worked for the challenge." "Winning," said Coach Wood, "was not the most important thing this year. The most important thing was the experience and knowledge gained in playing other college teams."

Coach Wood mentioned several players who "have contributed a great deal to the team." Among them were freshman Becky Spigle who, the coach said, "scores more points and gets more rebounds than anybody else." Others were senior Alison McCabe, and freshman Stacey Pellington. Two members were noted as exceptional, Nancy Simpkins and Margie Marinus.

Coach Wood said that it is important that the program of women's basketball has been organized and that the school has recognized the team. He added that, "The Lady Jac-

kets," will have hope for better seasons in the future, because the team is now able to recruit.

The coach summed up this interview by saying, "I hope this athletic experience will benefit the girls, and will give them favorable memories of Randolph-Macon."

The Great Re

The Yellow Jacket in con of Ashland is sponsoring away. Win any \$6.99 ab Gramophone.

Simply fill out the entry box at the front desk of many times as you like Thursday, Jan. 27 at noon, at dinner on the same day



Name: _____

Box No: _____

Three bands you would Maco: _____

R-MC Women Stop Liberty

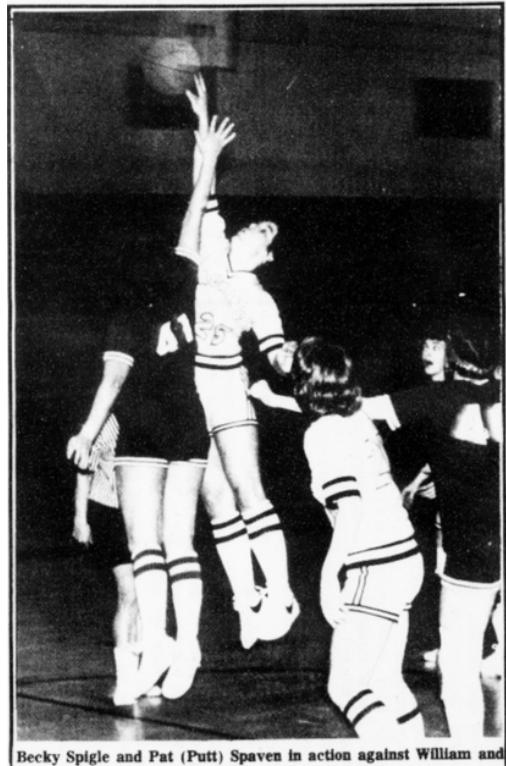
Randolph-Macon College's women's basketball team held off determined Liberty Baptist 67-63 last night in Ashland, despite 24 points from the Flames' Helen Gomes.

Liberty Baptist drew even at 51, but R-MC jumped back on top for good behind Becky Spigle (19 points) and Cindy Crabill (16).

Liberty Baptist — Booker 0, Linton 8, Criss 8, Cooper 11, Melton 2, Simonds 0, H. Gomes 24, R. Gomes 8, Blank 2, Solawn 0. Totals: 31 1-8 63.

R-MC — Jones 11, Gilliam 8, Crabill 16, Spaven 7, Spigle 19, Burchett 2, Marinus 4, DeNagy 0, Thomas 0. Totals: 26 15-22 67.

Halftime: R-MC 33, Liberty Baptist 31.



December 7, 1977, Richmond Times Dispatch

March 9, 1978, RMC Newspaper

Girls' Basketball Soars To 6-1 Record

The Randolph-Macon women's basketball team raised its record to 6-1 with a victory over Christopher Newport on the night of Jan. 11. The Lady Jackets defeated the Captains by a score of 52-46 as freshman center Cindy Crabill scored 26 points.

Under the direction of 29-year-old head coach Billy Wood, assistant director of admissions at R-MC, the Lady Jackets are 6-1 with an 18-game schedule and are members of the Piedmont Conference of the Virginia Federation of Intercollegiate Sports for Women (VFISW).

"A winning season would be a good year," Wood said. "If we made the VFISW play-offs, it would be like winning the national championship to us." R-MC is



currently 2-1 in conference, but must still play such powers as Virginia State, William & Mary and Hampton. The Lady Jackets play a 10-game conference schedule. The top four teams

make the play-offs. "We try not to treat them any differently than we treat the men," R-MC Athletic Director Hugh Stephens said. "They have new uniforms this year and their budget has been

tripled in the last year," Even so, Wood, and his assistants Jim Jump, an R-MC admissions counselor, and 1975 graduate Alison McCabe are all volunteers and their work without compensation.

"We put a lot of ourselves into it," Wood said. "We are not just doing this for the hell of it. I feel a dedication to the women of R-MC and the

program." The program started in 1975 when several Randolph-Macon women approached Wood at a soccer game, knowing of his high school coaching experience, and asked him to help them form a R-MC women's basketball team. "They spent the first [Continued on page 11]



Girls Soar To 6-1

[Continued from page 8] year learning how to shoot lay-ups," Wood said.

During that first season the women played a few community groups and team and won every time. Last year, the team improved to a junior varsity level against other colleges and ended up with an 8-8 mark.

Now, a third of the way through their first varsity season, the women's basketball team has been beaten once. That loss was suffered at the hands of the 1976-77 Virginia small college women's basketball champion, Strasburg College Eagles. Nevertheless, Athletic Director Stephens said, "6-1 sounds pretty good to me."

We have done enough to win, at our first game close," said assistant coach Jim Jump. "We need to work for consistency." One reason for the lack of consistency could be the fact that half of the 12-person squad turned up of freshmen. "The freshmen are all key players," Jump said.

Cindy Crabill has led the squad with a 15-point average per game, along with an average of 16 rebounds per game. Guard Shelley Gilliam has been our most consistent player," Wood said. The women play with a 30-second shot clock.

"The program is a lot more professional than it was last year," said sophomore forward Becky Spigle. "There is no more running around. We are more focused. We have not been playing up to our potential, but it is a definite improvement over last year."

"It seems like the school is getting behind us," junior center Sue de Nagy said. De Nagy said the team has some

key games coming up, including road games against Westhampton College and Hampton Institute.

What about the future of women's basketball at Randolph-Macon? "I think it is something that will grow with interest," said Stephens. "We are making real good progress."

"We recruit much in the same way the men's program does," Wood said. "We have worked very hard within a three-year span sending questionnaires to over 200 schools." Wood said he looks for alumni to refer good prospects to him and he said he recruited several players from the ranks of alumnae.

The women will receive awards for participation, just like the men, and it appears now that the women's program has arrived at Randolph-Macon.

Confidence C

[Continued from page 8] He has the personality and ability make him a success. But he has yet."

O'Brien says that after he is basketball coaching, "I'm not totally sure," O'Brien good."

O'Brien knows another thing. "Going to the finals was like on the team but didn't start. I'm going to be a part of it. But this identity."

And we'll see if this year identity—and a bit of confidence.

Jackets Find C

[Continued from page 8] "We have to play with intelligence. "We have to control the

Player Of The Week

Crabill Leads Women

BY GARY CRAIG

The men's varsity basketball team has its superstar and it has its sensational freshmen. The girls' team has its own, but all in one player. That superstar freshman is Cindy Crabill.

Crabill's statistics demonstrate just how impressive her year has been. After the opening ten games of the season, Crabill was the leading rebounder in the Piedmont Conference of the Virginia Federation of Intercollegiate Sports for Women (VFISW) with a 14.4 rebounds per game average. At that time, she was also sixth in scoring with a 15.5 average.

Yet Crabill is an unselfish player. Of her consistent double-figure scoring, she says, "But scoring isn't the only part of the game."

Crabill was also the leading scorer on her team at Strasburg High School. "The pace is much different in college ball," Crabill said. "In high school I was out for blood."

Crabill sees the game of girls' basketball growing in popularity, but says, "There is the thing about the guys' game being more important than the girls', which I don't think is fair." Certainly there are plenty of guys who would give their right arm for Crabill's statistics.

Crabill is pleased with the season the team has had so far. "We've really done well," she said. "Four of five starters are freshmen and we've all improved a lot since the start of the year. Also, intercollegiately we play teams that offer women's scholarships." R-MC does not offer scholarships for women's sports.

The coach of the girls' team, whom Crabill calls "a great coach," is Billy Wood. Wood agrees with the fact that the schedule is very tough. "We deserve more credit than our 10-4 record gives us," Wood said. Cindy could be the key to more girls considering R-MC for athletics. We've got three more good years left with Cindy."

Crabill proved her worth in last Saturday's game against William and Mary, described by assistant coach Jim Jump as the second best girls' team in Virginia, following nationally ranked Old Dominion University.

The girls were behind 35-20 at the half, but Crabill came out in the second half prepared to play basketball.

The Jackets narrowed the lead to 11, but William and Mary won 75-59. Crabill finished the game with 13 points and an amazing 19 rebounds. She upped her rebound average to 14.5 per game. Her scoring average is now an equally impressive 13.5 points per game.

February 23, 1978, RMC Newspaper



Nita Burchett highsteps to the hoop. The women now own a 6-1 record.

STAFF PHOTO BY BRUCE DUNCAN

R-MC Women Top Shenandoah

WINCHESTER — Becky Spigle saved six of her 16 points for the second overtime as Randolph-Macon's women's basketball team edged Shenandoah 68-58 yesterday.

Pat Spaven scored four of her eight points in the second overtime to help the Yellow Jackets stay unbeaten for five outings. Shelley Gilliam led the winners with 22 points.

Susan Eberly scored 18 points for Shenandoah (2-1).

R-MC (68) — Gilliam 22, Crabill 14, Spaven 8, Burchett 6, Spigle 16, Marinus 0, DeNagy 2, Thomas 0.

SHENANDOAH (58) — Clouse 2, Phedus 4, Eller 2, Eberly 18, Godale 8, Scuder 2, Strouth 8, Golightly 14.

January 8, 1978, Richmond Times Dispatch

Women's Basketball

Lady Jackets Start Slow Expect Big Wins

BY BRAD BARBIN

The girls basketball team, though off to a slow start, promises to be an exciting team throughout the remainder of the season. Playing five games in the last six nights, the lady Jackets are looking forward to a well deserved rest.

In their last game, the Lady Jackets fought back boldly before losing to VCU by seven points.

The Lady Jackets are led by co-captains Becky Spigle and Cindy Crabill. Spigle leads the team in scoring, whereas Crabill is the leading rebound-

er. Freshman Karen Tinsley and Ann Bram are expected to contribute heavily to the jacket offense. Laura Hull, Kerry Guttenburg, and Judy Glen are all freshman who could battle for first team positions.

In pinpointing some of the weaknesses of the Lady Jacket basketball team, one problem that stands out is scheduling. The Lady Jackets have not played a school that has less than 6000 students.

Consequently, these larger teams tend to out class R-MC because of their ability to offer athletic scholarships. Another problem the Lady Jackets face

is the inability to field experienced players. This results in a team dominated by freshmen and sophomores.

When asked to comment on the seasonal outlook, Crabill said that she expects to win the upcoming Shenandoah and Liberty Baptist games. She also commented that "the team is especially anxious to vindicate last year's controversial George Mason game.

Another game to watch will be the season finale against arch-rival Mary Washington College. Hopefully the Ladies will be able to avenge their early losses at the expense of similarly populated colleges.

December 7, 1978, RMC Newspaper

Women Coaches 'Quit'

By Mike Comeau

Assistant Director of Admissions Billy Wood and Admissions Counselor Jim Jump announced they were not going to return for the 1978-79 season as coaches for the women's basketball team at a team meeting following the last game of the season on Feb. 22.

At the tear-filled meeting following the season-ending loss to George Mason University (57-55), head coach Wood and assistant coach Jump announced their decision, and sophomore forward Becky Spigle said, "They were upset about it."

The Lady Jackets ended their first full varsity season this year with an 11-6 record, with four of the defeats coming at the hands of the top four women's teams in Virginia.

Wood and Jump had served as volunteer coaches without compensation for the past three years. "I don't have a bad feeling towards the College about the decision," Wood said.

Some of the team members do, however, have bad feelings toward the college over the "agreement" that

ended Wood's coaching career.

"I think Cox (R-MC's Director of Admissions) pressure had a lot to do with it," Spigle said. "We are not fond of Cox. He said they were never there to do work and President White got in on it."

Wood said his boss had said something about it to him a few times, freshman guard Pat Spaven said. "I think Billy decided on his own."

Wood's boss, Randolph-Macon Admissions Director C. Edwin Cox, Jr.'s reaction to Wood's and Jump's decision was, "I have no reaction one way or another." Before answering any Yellow Jacket questions, Cox admitted, "I'm going to be very guarded in what I say. I've always encouraged people in admissions to become involved and participate in the activities of the college."

Cox said the position of women's basketball coach should be held by a full-time person and the current situation has "shortchanged" the women's program.

"As of now, we are looking for a part-time person," R-MC Athletic Director Hugh Stephens said. Step-

hens said the Athletic Department requested the addition of a full-time person to the women's program staff, but the Board of Trustees cut the budget.

Stephens, President White and Wood had a meeting the day before the final game of the season and the decision was made at this meeting. Stephens said he advised his former pitching ace on the decision. "We talked about it together for a long time," he said.

The college probably felt they would be better off having a full-time person for basketball," Wood said. "I have no sour grapes. The decision made was probably the best decision."

Wood cited the long days he put in during the four month schedule with him arriving at Admissions at 8:45 a.m. and leaving the Gym at 8:00 p.m. as a contributing factor in his decision.

"I don't think coaching basketball and being assistant director of admissions caused interference. I think I was able to perform good jobs in both areas," Wood said. "Neither program suffered."



Becky Spigle shoots under pressure against Virginia Wesleyan College.

March 9, 1978, RMC Newspaper

Lady Jackets

BY BILL MADISON

In early season basketball action the Lady Jackets have split their first four games.

Opening their season on the road the R-MC women's basketball team lost to Virginia Wesleyan by a score of 78-61. Leading the scoring for R-MC in a losing cause was Becky Spigle with 17 points. Also contributing heavily for R-MC was Ginger Noce with 14 points and 15 rebounds.

In their second game the women returned home to face a powerful William and Mary Team. Despite a fine Lady Jackets face the effort by Ginger Noce (27 points) and Cindy Crabill (12 rebounds) the Lady Jackets dropped their home opener to Clinch Valley on December 8th. All of these games are 69-44.

After two losses the R-MC women won their first contest for the R-MC women is not over Averett by a score of 70- until January 10th.

49. The victory was a total team effort which was led by Becky Spigle with 16 points and Cindy Crabill with 12 points and 13 rebounds.

Coming off their win at Averett the R-MC squad traveled to Liberty Baptist where they had a chance to even their record. They did just that as they won their second consecutive game 67-59. Again leading the way for R-MC were Becky Spigle (19 points, 8 rebounds) and Cindy Crabill (17 points, 13 rebounds).

In upcoming games the University of Richmond on December 5th, Emory and Henry on December 7th, and dropped their home opener to Clinch Valley on December 8th. All of these games are 69-44.

The team is now in Division II, but Sheppe hopes they will be moved to Division III next year. This change would give the team a better chance since their opponents would be of similar caliber.

Sheppe cites the main weaknesses of the team as lack of communication on the floor and inadequate knowledge of the basic rules and skills of the game.

"The entire team hasn't mastered the basics of basketball," the coach says. "We play man to man



Becky Spigle looks toward the hoop in action against W&M.

PHOTO BY DAN KLOOSTER



January 26, 1979, RMC Newspaper

Lady Jackets Need Fans, Practice, and Division III

BY JESSICA CLARKE

Although the women's basketball team currently posts a 2-10 record, these statistics belie the actual caliber and talent of the team.

As with the women's tennis team, a major factor behind the losses is that the team plays schools that are much larger, including some which offer scholarships to players. These schools include U.Va., William and Mary, Westhampton, and Hampton Institute.

Coach Linda Sheppe comments, "We are totally outclassed by our opponents. We're a very small team...and don't have much of a bench to pull from. Before Christmas, we played 5 games in 6 days against schools with scholarship players."

The team is now in Division II, but Sheppe hopes they will be moved to Division III next year. This change would give the team a better chance since their opponents would be of similar caliber.

Sheppe cites the main weaknesses of the team as lack of communication on the floor and inadequate knowledge of the basic rules and skills of the game.

"The entire team hasn't mastered the basics of basketball," the coach says. "We play man to man

(defense) and neglect the offense." She adds that the players often pass the ball instead of taking shots when they have a good opportunity. Sheppe notes that the height of the team is an asset when the players use it advantageously.

"The Va. State game was a mental victory for everybody," Sheppe remarks. "They played the best they had the whole season. They communicated and were not afraid to shoot."

The team is plagued by injuries, according to Sheppe. Cindy Crabill, a co-captain, has bad ankles, and Karen Tinsley, the tallest player on the team, has had an injured knee for most of the season. Coach Sheppe says "there aren't enough people on the bench to give the injured people a rest."

The team is a fairly young one with only 1 junior and 1 senior and 3 starters returning from last year. Their victories were over Liberty Baptist and Shenandoah. They played in the V.C.U. Tournament in

Happy Hour Wednesdays and Sundays

7:30-9:00 P.M.



Daily Lunch Special
Home Cooking

Everything
Packed to go

December and lost both of their games. Their season concludes at the end of February.

The members of team are co-captains Cindy Crabill and Becky Spigle, Karen Tinsley, Amy Bram, Judy Glenn, Kim Jones, Pat Spaven, Susan DeNagio, Kathy Englehart, and Shelly Gilliam.

Sheppe admits that she would like to see more fan support. "It helps the team

have support. It gives them an extra spark," she notes.

"When we play teams of our own caliber and recruit good athletes, we'll draw the crowds. The program is still in the building stages."

Sheppe does have praise for the team. "Everyone has improved since the beginning of the season. They always attempt to do anything I ask them to do. I enjoy working

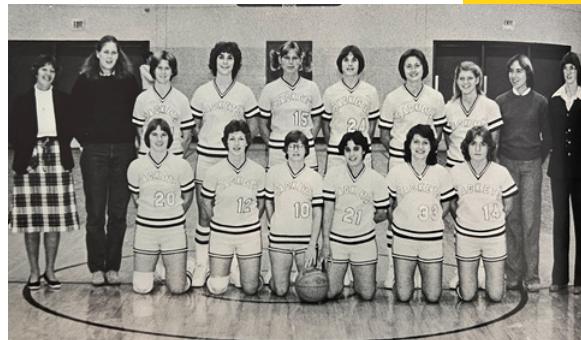


1980s



FIRST ROW: Pat Spaven, Shelley Gilliam, Kim Jones, Doreen Warihay, Denise Ianora, Sue DuLong

SECOND ROW: Linda Lerch (Head Coach), Karen Currier (Manager), Carol Thomson, Leigh Colenda, Cindy Crabill, Diane Hersey, Ginger Noce, Cathy Naughton, Lynn Willis (Manager), Carroll LaHaye (Asst. Coach)



1980-81

LEFT TO RIGHT: Billy Wood (Head Coach), Carol Thomson, Cindy Woolfrey, Sharon Miller, Diane Hersey, Nancy Sebeck, Doreen Warihay, Carroll LaHaye (Asst. Coach), Cori Dahman (Manager)



1981-82

KNEELING: Carol Thomson, Cindy Woolfrey, Sharon Miller

SECOND ROW: Carroll LaHaye (Head Coach), Paige Selvey, Holly Cope, Emby Weatherholtz, Kim Dunn, Colleen Lynch, Karen Joyner, Leigh Colenda, Kathy Tumulty, Pam Stewart, Brenda Rahn (Asst. Coach)



1982-83

FIRST ROW: Holly Cope, Carol Thomson, Paige Selvey, Marcia Russo

SECOND ROW: Carroll LaHaye (Head Coach), Kathy Tumulty, Cindy Woolfrey, Karen Eye, Colleen Lynch, Kim Dunn, Sharon Miller, Emby Weatherholtz, Deanna Simons (Manager), Brenda Rahn (Asst. Coach)



1983-84

TEAM PHOTO MISSING

Holly Cope, Beth Dunkenberger, Bev Carroll, Marcia Russo, Kim Dunn, Cindy Woolfrey, Kim Hall, Karen Eye, Sharon Miller, Emby Weatherholtz, Tracy DiFulgo, Muriel Willets

ASSISTANT COACH: Brenda Rahn

HEAD COACH: Carroll LaHaye



1984-85

1985-86



FIRST ROW: Melodie Fearnow, Holly Cope, Kim Dunn, Karen Eye, Lynn Eoppolo, Marcia Russo

SECOND ROW: Carroll LaHaye (Head Coach), Beth Dunkenberger, Bev Carroll, Emby Weatherholtz, Tracy DiFulgo, Kim Hall, Brenda Rahn (Asst. Coach), Sarah Garvey (Manager)

1986-87



FIRST ROW: Marcie Byrne, Sydnor Pugh, Melodie Fearnow, Wendy Tiller, Anne Byrne

SECOND ROW: Wes Mabe (Asst, Coach), Carroll LaHaye (Head Coach), Beverly Carroll, Lynn Eoppolo, Karen Eye, Keisha Bell, Beth Dunkenberger, Kelly Keffler, Sarah Garvey (Manager), Burman Clark (Asst Coach)

1987-88



FIRST ROW: Sarah Garvey, Wendy Tiller, Mel Fearnow, Jen Perry, Dorothy Kress, Carroll LaHaye (Head Coach)

SECOND ROW: Keisha Bell, Beth Dunkenberger, Bev Carroll, Lynn Eoppolo, Wendy Eller, Kelly Keffler, Burman Clark (Asst. Coach)

1988-89



FIRST ROW: Sarah Garvey (Mgr.), Lynn Eoppolo, Keisha Bell, Sara Foreman, Carroll LaHaye (Head Coach)

SECOND ROW: Pam Conk, Kelly Keffler, Jenifer Perry, Wendy Tiller

THIRD ROW: Lissa Williams, Dorothy Kress, Melodie Fearnow, Meredith Yarbrough, Shelby Middleton

1989-90



FIRST ROW: Lissa Williams, Dorothy Kress, Alicia Dejo, Heather Levesque, Amy East, Jennifer Villa, Suzanne Mott (Asst. Coach)

SECOND ROW: Carroll LaHaye (Head Coach), Meredith Yarbrough, Wendy Tiller, Keisha Bell, Jenifer Perry. Pam Conk, Bonnie Langton, Suzanne Miles (Asst. Coach)

Lady Jackets Host Three Contests

By Theresa Adams

The R-MC Lady Yellow Jackets returned from Christmas vacation to play three hotly contested home basketball games within the first week of colloquy. Although playing afternoon games reduced the number of spectators, it did little to dampen the enthusiasm of the woman's basketball team.

Thursday, January 10, the Lady Jackets took on Messiah College. The Jackets trailed by 14 points at half-time, but managed to rally in the last few minutes of the game to

fortunately, they were out-scored 8-4 in overtime play, resulting in a final score of Messiah 68-R-MC 79.

One highlight of the game was the setting of a new school record for most points scored in a woman's basketball game. Becky Spigle score 31 points before fouling out in the second half to break the previous record of 27 points, set earlier in the season by Ginger Noce.

Two days later, the Lady Jackets hosted the Ferrum College Panthers. It was a close first half, with neither

team having a significant three point advantage. The Lady Jackets took immediate command of the game in the second half, gaining and retaining the lead, finishing with a comfortable 63-53 win. Cindy Crabb led the scoring in this game, earning 17 points. Becky Spigle contributed another 14 points and accounted for 14 rebounds.

In their final home game during colloquy, the Lady Jackets fell to the Eagles of Bridgewater College, 63-57. Once again R-MC managed to come back from a significant score disadvantage in the half (14-20) to furnish a challenge



March 6, 1980, RMC Newspaper

Lady Jackets Finish 10-9

By Theresa Adams

The Lady Yellow Jackets finished their regular season with a record of 10 wins and nine losses. Within their conference, Division III, they posted six wins and five losses. This placed them in a tie for fourth place with Roanoke College.

Since the return from Colloquy break, the Lady Jackets have won three of their final five games, defeating Lynchburg College, Roanoke College, and Hollins College. They fell to Christopher Newport College and George Mason University.

Becky Spigle, the only senior on the team, rounded out her four years at Ran-

dolph-Macon by setting two new school records in her final game of regular season play.

In the game against Hollins College, which R-MC won 66-58 on February 22, R-MC fell to Roanoke College 75-68, and then to Virginia Wesleyan and thus were eliminated in the first round of tournament play.

Coach Linda Larch feels that the Lady Yellow Jackets have come a long way this season. The single greatest asset the girls have acquired, in the coach's opinion, is a greater confidence in themselves. This has done a lot to improve their game and has enabled the Lady Jackets to furnish a suitable challenge to any team.

The Lady Jackets travelled to the Division III State Tournament, at Emory and Henry College, on February 27. They were fifth seed in this

Women's Basketball - Dept and Youth

By TERESA ADAMS

This year, the R-MC women's basketball team possesses the strength and capacity to pose a definite threat to any of their Division III opponents.

Adding six freshmen to seven returning up-
perclassmen, "will provide depth and strength to the squad," according to Coach Linda Larch.

Larch anticipates that the freshman players, most notably Carol Thompson and Cathie Naughton, will "add a competitive spark to R-MC's women's basketball team."

Senior Cindy Crabb and sophomore Ginger Noce are probably the two strongest players on the team this year.

Crabb, a center, averaged 14.6 points per game last year and pulled down an average of 14 rebounds each game. Noce, a forward, scored an average of 14.5 points per game, sinking a very respectable 44% of her attempted shots.

Most of the last year's aquad will be returning to the R-MC line-up this year.

Shelley Gilliam, an outstanding outside shooter, will be returning for her fourth season as a starter for the squad. Seniors Kim Jones and Pat Spaven will be competing for a starting berth in the point guard position. Larch anticipates that junior Judy Glenn will help provide depth on the inside, and that sophomore Diane Hershey, with her "great defensive ability," will be a strong asset to the Lady Yellow Jackets.



Elizabeth Atreed battle for the ball in recent action against UR.

Women's Basketball 5-6: Striving For Consistency

By TERESA ADAMS

The Randolph-Macon women's basketball team has played four games since the start of colloquy, bringing their record to 5-6.

Earlier in the season, the Lady Yellow Jackets played in the Messiah College Women's Invitational Basketball Tournament, in Grantham, Pennsylvania. R-MC Elizabeth Atreed, in the first round, defeated Messiah College the following day to earn third place honors. Sophomore Diane Hershey was named to the All-Tournament team.

Shortly after their return from Christmas break, on January 5, R-MC traveled to Ferrum College. They lost the basketball game 80-74, but Coach Linda Larch was satisfied with R-MC's playing. Ferrum had an excellent offensive game that R-MC could not stop, shooting 68 per cent from the floor as they connected on 30 of 44 shots in that game.

Cindy Crabb led the Yellow Jackets in scoring in the Ferrum game, with 11 points. Larch was impressed with the outside shooting of the team, particularly that which Shelley Gilliam and Ginger Noce exhibited during that contest. Diane Hershey contributed a strong defensive

effort in the game, and when she fouled out, "no one could step into her shoes" on defense, according to Larch.

On January 10th, R-MC 63-51. After obtaining a 19-4 lead early in the game, R-MC could not maintain their strong style of play. According to Larch, "we never played as well as we did in the first half, when Bridgewater pulled to a 70-61 win. Ginger Noce has an excellent shooting game, sinking 50 per cent of her attempted shots, earning 13 points. Cathy Naughton also scored 13 points in that game.

Bridgewater was an important game in that it helped build R-MC's confidence, and on January 17, R-MC broke out of their three-game losing

streak, defeating Emory and Henry College.

In their first home game since the start of colloquy R-MC downed the Lady Wasps from Emory and Henry 57-52.

In the words of Larch: "it was a great win for us. It could have been the turning point in the season." She went on to explain that the confidence gained in this win should spark the team to continue striving in the season.

Diane Hershey did an excellent job on defense in the Emory and Henry game, tightly guarding their best player and limiting scores. Cindy Crabb was the high scorer for R-MC with 20



From two angles Ginger Noce demonstrates jump shot.

Women prove to be competitive

By TERESA ADAMS

Staff writer

Having completed half of their 1981-82 season, the Randolph-Macon women's basketball team has demonstrated that they are a competitive group.

During the first semester, the six players on the squad travelled to Grantham, Pennsylvania, to participate in the Messiah College Invitational Basketball Tournament. They narrowly defeated Gettysburg College (58-56) in the first round and then coasted by Messiah College (53-46) in the finals.

Junior Diane Hershey won a

spot on the all-tournament team, and freshman Sharon Miller was named the tournament's Most Valuable Player.

The R-MC women's basketball team hosted an invitational tournament on December 11 and 12. In this, the Lady Jackets lost to York College 52-56, but went on to defeat Gallaudet College 69-57.

Returning from their 3½ week Christmas lay-off, R-MC downed Virginia Wesleyan College 56-47 on January 9. Coach Billy Wood feels that this game showed the extent of the desire and

conditioning of Macon's players. He said that the Lady Jackets "came from behind to win," which shows an ability to play when the pressure is on. Diane Hershey and Sharon Miller paced the scoring in this game with each netting 16 points. Carol Thompson contributed another 13 points.

In their first conference game, R-MC fell to Bridgewater College 51-60 on January 12. Bridgewater has traditionally been a strong team in the conference, it was R-MC's poor playing that lost the game. The Lady Jackets played what Wood termed a "flat" game, weak both offensively and defensively. The women just did not play a typical game, and it cost them.

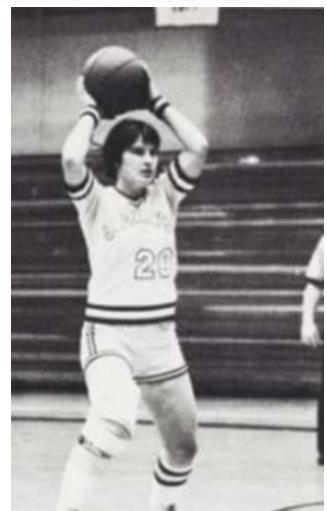
On January 16, R-MC took on Division II team, the University of Richmond, and were able to hold the Spiders to a 56-41 win. Wood says that the Lady Jackets "goal was to play a tight zone and force [U of R] to beat us from the outside." For the first 15 minutes, the women held U of R at bay, but then the Spiders began to pull away, gaining a 28-21 lead at half-

time that they held onto all of the second half. Diane Hershey had a strong game, earning 11 points and pulling down 12 rebounds. Sharon Miller led all scorers with 18 points.

Wood feels that the six players on R-MC's squad "deserve a great deal of credit for being competitive in every game." For this young squad, the adaptation to intercollegiate play has come about fairly quickly. This desire and conditioning should be useful in the upcoming conference games.



January 21, 1982, RMC Newspaper



Runnerup in state

The Randolph-Macon women's basketball team finished as state runnerup in Division III of the AIAW this season. Team members were (kneeling from left) Kim Jones and Cindy Crabb, (standing from left) Doevene Warihay, Cathy Naughton, Pat

Spaven, Diane Hershey, Leigh Colenda, Coach Linda Larch, Ginger Noce, Carol Thompson, Shelly Gilliam, Denise Interia and manager Lynn Willis. Not pictured are Sue Durlong, assistant coach Carroll LaHaye and manager Karen Catler.





Women's Basketball Ranks Fourth In State

By Teresa Adams

The Randolph-Macon College women's basketball team played its strongest season to date, finishing with an even 12-12 record and ranking 11th state in the Division III state conference.

Along the way, the Lady Yellow Jackets obtained a winning conference record, earning victories over six Division III teams and only receiving four defeats. They only had narrow losses at the hands of Division II teams like University of Richmond (67-65 on Jan. 26) and Longwood College (66-50 on Feb. 20). They also performed well against nationally ranked

Division III teams, Widener College (71-55 loss on Jan. 31) and Ramapo College (67-63 loss on Feb. 3).

During the 1980-81 season, several players on the team earned recognition. Senior Cindy Crabill was one of the strongest assets on the team. She was the first woman at R-MC to score over 1,000 career points, topping that mark in the Feb. 26 game against Longwood College. She ranked second in the division in scoring, earning an average of 15 points per game and shooting an astute 43.4 percent from the floor. Her defensive game notable as well, Crabill was ranked fourth in the state in rebounding. She

was recently named to the Division III All-State team, the first R-MC player to be honored.

Crabill has had strong assistance from many of her teammates this season. Sophomore Ginger Noce also averaged 15 points in each game and accounted for an average of seven rebounds in each game. Sophomore Diane Hersey also proved to be a strong offensive player, exhibiting skill and ability in the post. She averaged 17.3 points and 6.5 rebounds in each game.

Seniors Shelley Gilham and Pat Spaven added depth to the R-MC lineup with the ball handling ability.

After an exceptional season, the Lady Yellow Jackets qualified for the Division III state tournament for the second year in a row.

In the first round, played March 5, R-MC was matched up against fifth-ranked Christopher Newport College. According to coach Linda Larch, R-MC did a good job shutting down CNC's top scorers. Shelley Gilham did an excellent job on CNC's high scorer, limiting her to only 15 points.

Although the Lady Jackets were down 22-24 at halftime, they came on strong in the second half, "crashing the boards" and ending regulation play with a 43-43 tie, says Larch. "Ginger Noce kept us in the game, scoring 23 points in regulation time, grabbing 16 rebounds and making five steals."

In the overtime period, CNC appeared to get "very frustrated" in the coach's opinion. They were R-MC's foul line five times. The Lady Yellow Jackets were able to connect on seven of nine foul shots to clinch a 54-48 victory.

R-MC was pitted against Clinch Valley College in the semifinals. Although the Lady Jackets were up by six points (32-26) at the halftime mark, CVC made a strong comeback, eating away at R-MC's lead. In the last five minutes of the game, R-MC let a 10 point lead dwindle away by missing out on several important free rebounds until CVC had gotten a one-point, 57-56 advantage. Then, Cindy Crabill connected on one of two foul shots to tie the score. Ginger Noce pulled out the 59-57 victory with her two successful foul shots.

Overall, the CVC game was an excellent team effort.



Then-and-now: Cindy Crabill was recently named to the Division III All-State team.

Photo by Bruce Danner

R-MC with a 66-61 defeat. Senior Shelley Gilham and freshman Cathy Naughton proved to be vital defensive players for R-MC in this game. They effectively break up Roanoke's strongest asset — the fast break. Roanoke was never able to score off of this play.

Ginger Noce and Diane Hersey also turned in strong games, earning 24 points and 12 rebounds, respectively. In addition, Noce garnered 12 rebounds and Hersey had nine defensive steals.

Larch feels that Noce "played an outstanding three games, both scoring and playing defense. She did everything on the court." Noce's strong tournament play earned her a spot on the All-Tournament team.

Coach Larch has a well-justified pride in her women's basketball team. She feels that with a 5-13 record just two years ago, to advance to the final in the state tournament is a great achievement for the women's basketball program at R-MC. This was the first year the R-MC women's team was able to bring home a trophy. Larch feels that "having such a good tournament has boosted our confidence and we can look forward to being even better next year."

Women's basketball

by Teresa Adams

Staff writer

The 1981 Randolph-Macon women's basketball team will find that its greatest challenge lies in developing the stamina to play whole games without substitutes.

The team currently consists of six players, which does not leave much for foul problems during games, or for injuries. But Coach Billy Wood remains optimistic. He says that he would "rather have six players who want to

Wood maintains that the Macon women can still be a threat in Division III, even with their player shortage. Last year, R-MC placed second in the state, so they will have a hard standard to meet this year. Unfortunately, the Lady Jackets lost four of last year's starters to graduation and transfers. Only one starter, junior Diane Hersey, returned this year. Sophomores Doreen Warihay and Carol Thomson will provide some experience, but they did not see much playing time last year. Freshmen Cindy Woolfrey, Nancy Sebeck and Sharon Miller round out the squad.

Wood hopes to build "player maturity" this season. The women will have to learn to "eliminate mistakes and take advantage of the opposition's weaknesses," he says. The Lady Jackets have the enthusiasm and desire, he continues, and will come to play well together as a team. ****

Women's Basketball

Lady Jackets End Season In to have 12 at State Tourney

The 1979-80 season was one of great strides for Randolph-Macon's women's basketball program. Coach Linda Larch's team finished with a 10-11 season's record, but more importantly, qualified for post-season play for the first time in school history and had the best record of any women's team in the next several years.

After its 3-12 season in 1978-79, the team improved to 10-11, from two moves made by the Coach and her staff during the season. Foremost among these was

in scoring with a 17.5 average, including a school record 33 points against Hobart. Junior Cindy Crabill was the top scorer for the team, averaging over 14 points a game, and she was the team's leading rebounder (third) with an average of 10.2. The Lady Jackets finished the year with a then-school record 29-13 game. Noce was the only returning player to make an immediate impression by scoring a then-school record 29-13 game. Noce was the only returning player to make an immediate impression by scoring a

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Lady Jackets qualify for tournament

by Teresa Adams
Staff writer

February

The Randolph-Macon women's basketball team finished their regular season with a 14-10 record. They claimed second place in the state with a 6-2 record in Division III.

On February 17, Christopher Newport College put an end to R-MC's six-game winning streak when they defeated the Lady Jackets 60-43. Although R-MC finally had all six players back in uniform, they could not contain the aggressive CNC team. Diane Hersey led R-MC with 10 points and 14 rebounds. Carol Thomson and Sharon Miller each contributed 10 points as well.

Hopeful games a season vi women tournaments March 5 Randolph

finals, R- against E March 2

Then the Lady Jackets entered the most difficult part of their season: they began their season by playing three Division II teams. On February 18, they fell to William and Mary 66-45. After that, they had a brief respite, earning an easy 74-39 victory over Hollins College on February 20. But the Jackets came back to receive a 76-39 drubbing from George Mason on February 23 and a 64-56 loss to Longwood College on

MC's five players (Nancy Sebeck was still in a cast after suffering ligament damage) traveled to Shenandoah College. The Lady Jackets dispatched Shenandoah 55-40. Sharon Miller and Diane Hersey paced the scoring with 16 points apiece.

Once they had shown all interested parties that they could be a strong winner with just five players, R-MC then went on to demonstrate

February 4, 1982, RMC Newspaper

that they could do it with four. Cindy Woolfrey contracted an infection, limiting her playing ability in the February 6 confrontation with Lehman College. Since a game cannot be played with only four players, Woolfrey suited up and played a part of the game. Even with just four players, R-MC rolled by Lehman 66-32. Sharon Miller and Carol Thomson proved to be scoring assets, earning 22

points and 21 points, respectively. Defensively, Miller had 13 rebounds and Diane Hersey had 12, allowing the Lady Jackets to control and dominate the game.

On February 12, R-MC, back up to five healthy players, rolled over Eastern Mennonite College 66-50. This raised their division record to 5-2, making Macon a strong contender in the state tournament, coming up

on March 5 and 6. Sharon Miller and Carol Thomson shared high-scoring honors in this match, garnering 22 points and 21 points. Diane Hersey and Miller provided defensive strength, pulling down 13 rebounds each.

The women will finish their regular season with a home game against Hollins College on February 20 at 2:00. The quarterfinals for the state tournament will be played March 2.

Carol Thomson drives the lane for two.

photo by Amy Bram

Lady Jackets: small numbers, big results

by Teresa Adams
Staff writer

The Randolph-Macon women's basketball team, with six players on the roster, is surprising a lot of people.

The Lady Jackets are currently riding high after winning three important conference games. They downed Roanoke College (last year's state champions) 65-57 on January 28. They followed this with a 71-50 trouncing of Ferrum College on January 30; they capped this with a 57-55 decision over Lynchburg College on February 1.

And all of this with a squad that is currently down to a mere five players. Nancy Sebeck suffered ligament damage in the Ferrum game, and will be giving only moral support to the team for the next three weeks. That leaves junior Diane Hersey, sophomore Carol Thomson and Doreen Warhaw and freshmen Cindy Woolfrey and Sharon Miller to carry the ball game. The size of Macon's squad is definitely turning a few heads. According to assistant coach Carroll LaHaye, "many people chuckle when they see that we only have five of six players; they have that look [that a victory will be easy]." But as the game progresses and we set the tempo, the other coaches "soon stop laughing."

To Coach Billy Wood, having five players means that those five women have to play "a little tougher and a little harder." He did not feel that a six-player squad was a handicap, but admits to a few worries now that Macon's team is down to five women. "We can't foul and we can't make too many mistakes," he says. But he feels that the Macon women are mentally and physically tough and able to handle the situation.

Junior Diane Hersey is equally optimistic about her team. The team's only returning letter winner, she says, "we were discouraged at first, but we rose to the occasion. Most of the time the whole team gives 120%—what else can you do?" She admits that this is more demanding physically, but the women have more than demonstrated that they are equal to the situation.

An example of this endurance would be the Lynchburg game, where the

list of factors against R-MC would have daunted any squad. Sebeck was on the bench, Carol Thomson had been fighting a cold for a week, and Doreen Warhaw was nursing a knee injury in the Roanoke College game. But the Lady Jackets were able to control the game and frustrate the Hornets.

Another factor in this year's team is its youth: three freshmen, two sophomores, and a junior comprise the squad. Hersey says she was a "little pessimistic at first about the freshmen adapting

to the calibre of college ball," but she maintains that the players have all "blended" into a team, and they all "play like veterans now." LaHaye concurs with this assessment. She feels that youth has "not affected the team as much as we expected." It is a little harder to maintain motivation, but she is sure that her team has enough to respond to that.

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Women's b-ball has won six straight

by Teresa Adams

Staff writer

The Randolph-Macon women's basketball team is steaming along, winning their sixth straight game to boost their season record to 13-6.

After raising their division record to 4-2 by defeating Roanoke College, Lynchburg College and Ferrum College in rapid succession, the women deserved to coast a while. On February 2, R-

MC's five players (Nancy Sebeck was still in a cast after suffering ligament damage) traveled to Shenandoah College. The Lady Jackets dispatched Shenandoah 55-40. Sharon Miller and Diane Hersey paced the scoring with 16 points apiece.

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interested parties that they could be a strong winner with just five players, R-MC then went on to demonstrate

that they could do it with four. Cindy Woolfrey contracted an infection, limiting her playing ability in the February 6 confrontation with Lehman College. Since a game cannot be played with only four players, Woolfrey suited up and played a part of the game. Even with just four players, R-MC rolled by Lehman 66-32. Sharon Miller and Carol Thomson proved to be scoring assets, earning 22

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Sharon's fans will be shouting tomorrow at 6:30 p.m. when R-MC faces Ferrum in the NAIA semi-finals.



Carol Thomson drives the lane for two.

Women finish 3rd in state

by Shannon Byrd
Staff writer

the semifinal and final contests were to be hosted by R-MC," she said.

On March 2, the women's basketball team (seeded 2nd) played Emory and Henry (7th seed) in the quarterfinals of the VAIW Division III state tournament. Playing before a home crowd, the Lady Jackets won the game 57-45 with Sharon Miller scoring 18 points, Carol Thomson scoring 16, and Cindy Woolfrey pulling down 7 rebounds. Coach LaHaye says that the girls played very well and slowed E & H's fast-break down. "It was an important game for us since

the following Friday night, R-MC played Ferrum (seeded 3rd) and came away with a 62-57 loss. Carol Thomson scored 20 points and Diane Hersey had 9 rebounds. The girls played an excellent second half, bringing the score within 3 points, following a 14 point deficit. LaHaye feels that the girls were somewhat nervous and they could not capitalize on Ferrum's mistakes. She says that Ferrum has had better tournament experience and

just came out playing strongly.

On Saturday, the girls played Lynchburg (4th seed) and won 66-44. Williams had 21 points and Hersey grabbed 11 rebounds. With the pressure off, the girls relaxed and played a good game. Carol Thomson was named to the All-Tournament team and R-MC placed 3rd in the state.

What does Coach LaHaye see for next year? She states that there is a possibility of R-MC going Division II, which would mean more scholarships. They are in the process

Players honored

Sharon Miller and Diane Hersey were named to the VAIW Division III All-State Team. Twelve players from nine schools were chosen by all the coaches based on season play, statistics, and general ability. Sharon led the team with 17.4 points per game while Diane had 10 points per game. Diane was the leading rebounder with an average of 10.6 per game.



Lady Jackets stand at 1-2

by Shannon Byrd
Sports editor

The women's basketball team opened their season versus Liberty Baptist College at the Lady Flames Tip-off Tournament Nov. 19. It was the first game for both schools, and LBC came out on top, 84-73. Emby Weatherholtz was the high scorer with 19 points, including 13 for 14 from the line. Kathy Tumulty had 16 points. Women's basketball Coach LaHaye thinks that a team record for foul-shooting percentage was set during this game, since the team was 27 for 31 from the line, or 87%. She

was very pleased with the amount of effort that each player gave and several times there were only freshmen on the court.

The next day, the Lady Jackets played Christopher Newport College and beat them 64-51. Kim Dunn had 15 points and 21 rebounds. Pam Stewart had 12 points and Kathy Tumulty had 7 assists. LaHaye was very happy to see that her players came out aggressive and corrected mistakes made in the previous game. Both she and assistant coach Rahn were pleased once again with the effort that was

put out.

However, at the Jackets first home game on Nov. 23, CNC came back to beat R-MC 58-43. Carol Thomson had 11 points and Emby Weatherholtz had 8 points. "CNC didn't come to be beaten twice," said LaHaye, "and the team just wasn't psych'd enough to play. Our shooting percentage was only 27%, and you can't win ballgames with that low a percentage. Hopefully, we'll get the rough edges smoothed out before our next game." The next home game will be the R-MC Women's Invitational on Dec. 10-11.

Lady Jackets ranked third

Shannon Byrd
Staff writer

The Lady Jackets gained impressive victories over Longwood and Liberty Baptist College to improve their conference record to two-and-two. They are currently ranked third in the state, trailing Radford and Hampton Institute.

The Longwood game saw a heavily prepared R-MC squad that set out to exploit the Lady Lancers' weaknesses. Playing man-to-man defense, the Jackets virtually shut down Longwood's offense and prevented a late Lancer comeback attempt.

Leading the entire game, R-MC won 58-53.

Two nights later came the rematch with Liberty Baptist. It was revenge night and the Jackets were fired up.

Sharon Miller had 16 points, three assists and 14 rebounds. Kathy Tumulty and Carol Thomson were also effective in the 67-56 win.

Saturday's game was against Division I George Mason University, who defeated the Jackets 89-77.

The outcome of the next two games will determine any postseason play for the Lady Jackets.



100 South Ra (Inside Ra Ashland, V Store
Monday-Saturday: 11: Sunday: 12:00 n



photo by Jamie Pierce

Sophomore Cindy Woolfrey has proved to be a major factor in the outcome of the Lady Jackets' games this year.



Freshman Paige Selvey has been a key factor in the Lady Jackets season from the outset and is expected to continue to turn in superior performances.



Lady Jackets split with Lynchburg, V.C.U.

by Shannon Byrd
Staff writer

On Tuesday, Jan. 18, the Lady Jackets triumphed over Lynchburg College 76-69 despite a sluggish start. At the end of the first half the score was 33-30 in the Jackets' favor. Lynchburg's senior center Betty Jackson was doing considerable damage on the inside, so Coach Carroll LaHaye put Cindy Woolfrey on her.

"Cindy is our best defensive player, and she did a good job on Betty." During halftime, LaHaye decided to let Jackson

have her game and to shut everyone else down.

In the second half the women climbed to a 12-17 point lead until Pam Stewart re-injured her knee. Lynchburg began to cut the lead down. "Pam's injury deflated us somewhat but we held on to win," said LaHaye.

Colleen Lynch had 14 points, and 10 rebounds; Sharon Miller had 13 points, and Carol Thomson had 12 points and five assists. "We shot 51.4 percent in field goals, which is our best so far this season,"

commented Assistant Coach Brenda Rahn.

Thursday saw the Lady Jackets lose a tough game to VCU 71-70. "The girls played very, very well. It was a total team effort. We finally showed some consistency in our play and we played hard," said Coach LaHaye.

Kim Dunn came off the bench to grab 15 rebounds and shoot 57 percent in field goals. Carol Thomson had 27 points and Kathy Tumulty and 16 points, five steals, and three assists.



Lady Jackets rapidly building winning traditions

By Shannon Byrd
Staff writer

The Lady Jackets first season as a Division II team turned out better than expected. They finished third in the state with a 10-12 record. The team finished stronger than Longwood, Liberty Baptist, and William and Mary.

"Not making it to the state tournament was disappointing but they did it on power rankings, not season or conference record and Liberty

Baptist beat us by .011 points," said Coach LaHaye.

Carol Thomson finished the season with an average of 12.5 points per game while Colleen Lynch had 8.5 points per game. Kim Dunn was second in the state in rebounds with 8.8 per game. In assists, Paige Selvey finished fourth in the state with 11.5 per game.

"The girls showed remarkable improvement throughout the season and at the end were playing like a total team. We had no dominating players which meant we didn't have to

rely on certain people — everyone contributed," said Coach LaHaye.

All in all," she continued, "it was a respectable maiden season with eight freshmen, a new coach, going Division II, and playing established teams. We're looking forward to next year to continue building a winning tradition."

The Women's lacrosse team is a team to keep an eye on this year after coming off a fifth place national finish last year. Most of the players from that

championship team are returning.

On offense, Nancy Sebeck, who scored 53 goals last year including several at the nationals; Betsy Brannan, who made All-Championship Team at nationals; and Lori Nelson, the third-leading scorer last year will return.

On defense, Sharon Holmes, Sue Dulong, who is playing a new position, and Carol Thomson, whose basketball knowledge helps on defense will return. Kathy Tumulty will start in the cage.

"She has no experience but in one week has improved tremendously," said Coach LaHaye. Freshmen Celine Daily and Lori Sneed bring experience to the team.

"There are 21 girls on the team so there will be no JV team. Hopefully, everyone will get as much playing time as possible. We joined the ODAC conference so the girls are aiming for the ODAC championship. It makes my job much easier and more fun because they are already motivated."

January 10, 1985, RMC Newspaper

Cohesive, Experienced Lady Jackets Aim High

By Will Schermerhorn

The Lady Jackets basketball team had had a tough one, but Coach Carroll LaHaye was positive in her outlook this year's team. Although Virginia Union University stung the Lady Jackets 80-76, LaHaye said, "We've definitely have more potential and more weapons." She added wryly, "But our weapons aren't shooting straight."

The team is more experienced, and that experience is producing a stronger cohesiveness than ever before, she said. Despite the greater

togetherness, the team "hasn't gelled together" as much as LaHaye expects them to.

On the positive side of the team's profile, LaHaye said that they have good depth, more reliable shooters, and are playing more consistently than last year. They are not getting into foul trouble as much as the defense is looking for.

However, low shooting percentages and difficulty capturing rebounds are a liability for the Lady Jackets. "The most opponents on the average are stronger, faster, and taller than the Lady Jackets. We're holding our own, but we haven't

gotten over the hump."

"We've played some real good teams," said LaHaye. "And we've had to learn to play defense. We don't have the competitive edge we need. We've worked extremely hard on that, but we're beginning to get there. If we can get the players to believe they can play, we'll be fine."

"We're not physical enough. We have a nice, wavelike team," she said, and added that the attention to detail teams try to draw a physical foul against her players, they cannot believe that the other team would do such a thing.

Maintaining a disciplined attack and defense is another problem that the Lady Jackets are facing. LaHaye said that the structured defense and offense patterns set up early in the game degenerate to "random" play ups at times.

"We've worked to give the up-players a little more freedom to let them use their own creativity. They deviate from the game plan, like tonight, and get it home. That's hard to work your way out of it."

The top five players for this year are junior Holly Cope at point guard, senior Cindy

Woolfrey, the "mainstay" on defense at second guard, wing player Sharon Miller, the second year of the team, and sophomore center Karen Eye, who is the tallest player at 6'2" and the leading rebounder, and junior Emby Weatherholt, whose greatest strength is in faking and drawing fouls.

R-MC Opp
Shooting 38.6% 45.7%
Free throws 68.9% 69.6%
rebounds 41.7 48
fouls (total) 114 129
turnovers (total) 135 144

Hoops are the name of the game

By Liz Latchford

During the first week after returning from Christmas break, the women's basketball team played three games and won only one.

The only victory came over Bridgewater College, beating the Lady Eagles 72-39.

The Lady Jackets participated in a weekend tournament, the snowflake Classic in Shippensburg, Pennsylvania. Losing both games, the women's record fell to 4-7.

In a recent interview, Coach Carroll LaHaye attributed six of the seven losses to the team's shooting percentage.

"We've been very competitive, but haven't been able to put the ball in the hoop."

Continued Coach LaHaye, "We are consistent by losing because of our low shooting percentage."

LaHaye stated that at the tournament two weekends ago, "we were as good as any team there, but we didn't show what we were capable of being."

According to LaHaye, "We had more opportunities than our

opponents, but" continued the coach, "they capitalized on their possessions and we didn't."

Of the seven games the Lady Jackets have lost, only one has been a total blowout. James Madison was responsible for blowing R-WM 101-65.

"They (Madison) were far superior," added LaHaye.

Coach LaHaye stated that the one thing the players must realize is that every shot counts and that every shot is as important as the last one.

"Sometimes a shot missed early in the game can come back to haunt you in the end."

When asked why she felt the team was shooting at such a low percentage, LaHaye attributed it to a lack of concentration.

The "give me shots," shots taken right underneath the basket, are continuously missed because of pressure and lack of concentration explained LaHaye.

The coach continued by saying that the team is missing opportunities to score after making the offensive rebound off an outside shot.

LaHaye expresses frustration

because not only are the less experienced freshmen and sophomore players missing their shots, but so are the veteran junior and senior team members.

One aspect of the team's game LaHaye is quick to praise is their defense.

"Our defense is superb," LaHaye explained that the players are able, defensively, to get the ball, but once they have the opportunity to score, it is often blown away with a missed shot.

Because of the team-wide shooting problem, a shooting program has been devised.

It will be, according to LaHaye, an individualized program where each player will receive shooting instruction according to her position and where the majority of her shots come from.

Players will be required to find time during the week, and outside of practice, to go to the gym and shoot a specific amount of shots, typical of one's position.

During regular practices more emphasis will be placed on shooting rather than on drill work.



Wood, Miller Nominated for Awards

By Liz Latchford

Rod Wood and Sharon Miller, members of the men's and women's basketball teams, have been nominated by Randolph-Macon College for various athletic awards.

Wood has been nominated for the F.P. Naismith-Hall of Fame Award, an award given to the best senior player in the nation who is under six feet tall.

Wood's character, leadership, loyalty, and all-around basketball ability are the qualities that brought him this nomination.

Sharon Miller has been nominated for the Academic All-American award.

Miller holds a 3.6 grade point average while finishing her senior year, and belongs to two academic fraternities: Beta Beta Beta and Chi Beta Phi.

Aside from belonging to two academic fraternities of science, she was also granted the Watts Scholarship in biology, given by the college.

If the Academic All-American award is given to Sharon, she will be notified in March. According to Sports Information Director Keith Ogilvie, even if Sharon does not receive the award she should at least be given honorable mention or placement on one of the first two All-American teams.

Rod Wood will find out if his nomination brings him an award in April.



Rod Wood



Sharon Miller

February 27, 1985, RMC Newspaper

Dunn, Carroll Pace Lady Jackets Past Radford

By Kristen Stoltzlemyer

The Lady Jackets of Randolph-Macon College scored an impressive 72-68 win over the Lady Highlanders of Radford University on Thursday, February 14th.

Earlier in the season the Yellow Jackets lost in overtime to Radford, but this time it was the Lady Highlanders who lost.

Led by junior center Kim Dunn with 14 points and freshman forward Beverly Carroll with 13, the Jackets were able to halt the Highlanders' scoring threat while holding the point guard.

The first half of the game was tight with each team switching the lead several times. At the end of the half the Lady Jackets found themselves top by one, leading 38-37.

The second half saw Macom gain and then lose a 4 point lead. The Highlanders attack was led by Barbara Gunter and Robin Wadkins. Kim Dunn put the Yellow Jackets ahead to stay with a layup and two successful foul shots in the last minutes of the game.

Other noteworthy performers for Randolph-Macon were Holly Cope with 12 points, Karen Eye with 11, and Sharon Miller with 10 points.



Freshman Beth Dunkenberger dribbles past a Lady Highlander of Radford University. The Lady Jackets won 72-68.

Vai LeTeller



R-MC Athletes Nominated

By Liz Latchford

Athletes in men's and women's basketball, baseball, and men's soccer have been nominated for various athletic awards.

Sharon Miller, a member of the Lady Jackets basketball team, has been named Academic All-American for District 3. She has been placed on the All-American team and her name goes on a ballot for the National Academic All-American. Selections are made by Sports Information directors around the United States.

Jesse Hellyer and Rod Wood have been nominated for the National Association of Basketball Coaches All-District award.

During the 1984-85 season, Hellyer has climbed to Number 6 on the All-Time Yellow Jacket Scoring List, has started in 110 consecutive games, has become the highest career scorer that has played for Head Coach Hal Nunnally, and as of January 28th, leads the nation in field goal percentage for Division II. The list of team and individual honors for Hellyer prior to this season is immense.

R-MC baseball team's Jack Walker has been nominated for Academic All-American.

Walker is a computer science major and mathematics minor and holds a grade point average of 3.20. He has been a Dean's List and President's List student, is a member of the Judicial Council, is a member of ODK, and has been a ranking officer in Kappa Alpha fraternity.

For the last two years Walker has made All-Conference. He is team captain and is a praised baseball player for his excellent base running and defensive playing.

Paul Waltsak, a senior member of the Men's Soccer team, has been nominated for the All-Large Academic All-America Team.

Waltsak, who holds a 3.18 grade point average and is a Business/Economics major, is a member of the Dean's List, is an elected member of the Omicron Delta Kappa, and is a nominee for ODK's Man of the Year.

While playing for the Yellow Jackets soccer team, Waltsak was a captain for two years, was Defensive M.V.P. of the 1982 Virginia Tech Tournament, was a 3-time All-State Conference selection in 1981, 1983, and 1984; he played in the State All-Star Game in 1981, 1983, and 1984, made Second Team All-State (Virginia) in 1984, and Second Team All-Mid Atlantic Region in 1984.

Among his many campus activities, Waltsak is a member of Sigma Phi Epsilon Fraternity, a member of the R-MC/Ashland Township Liaison Committee, and the Student Liaison to the Parents Advisory Council.

Waltsak belongs to the Business/Economics Club, the Varsity Club and Fellowship of Christian Athletes.

All student athletes that have been nominated will be notified in April of their impending awards.

The Lady Jackets

By Teresa Adams '82

This year, the R-MC women's basketball team possesses the strength and skill to pose a definite threat to any of their Division III opponents.

Adding six freshmen to the seven returning upperclassmen has increased the "depth and strength of the squad," according to Coach Linda Larch.

Larch anticipates that the freshman players, most notably Carol Thompson and Cathy Naughton, will "add a competitive spark to R-MC."

Senior Cindy Crabb and team-mate Ginger Noce are probably the two strongest players on the team this year. Crabb, a center, averaged 14.6 points per game last year and pulled down an average of 14.2 rebounds each game. Noce, a forward, scored an average of 14.5 points per game, sinking a very impressive 44 percent of her shots.

Most of last year's squad will be returning to the R-MC line-up this year. Shelley Gilliland, a outstanding outside shooter, will be returning for her fourth season as a starter for the squad. Seniors Kim Jones and Pat Spaven will be competing for a starting point guard position. Leroy Jackson, a point guard, will help provide depth on the inside, and sophomore Diane Hersey, with her "great defensive ability," will be a strong asset to the Lady Yellow Jackets.

The women's basketball team will play a 20-game season this year. Their first game will be a home contest against Randolph-Macon Women's College on November 18. The season will continue through late February.

A highlight of this year's season will be a trip to New York during college break, to play games against Widener, Columbia, more College, and J

RANDOLPH-MACON WOMEN'S BASKETBALL

November 1980, RMC Bulletin

Lady Eagles Soar Past Yellow Jackets

By Liz Latchford

The Lady Jackets basketball team traveled to Washington D.C. last week to face the Lady Eagles of American University.

A.U.'s quickness, tight defense, and control of the boards caused the Lady Jackets to take an 80-66 loss back with them to Ashland.

The Lady Eagles out-rebounded R-MC 44-21, providing for frequent fast breaks and numerous opportunities for scoring by the opponent.

In the first half the score remained close. The Jackets engaged in a fast paced passing game, trying to be patient in taking their shots.

Sharon Miller added 19 points, many of them coming from the outside. Freshman Tracy Difilipo popped in two points deep from the outside, but later saw little time on the court after spraining an ankle.

The Lady Jackets were down only by five at the half, with the score 35-30.

The second half began with A.U. exploding on the boards as they quickly collected five more points. The Lady Eagles continued with a tight defense,

causing R-MC to shoot for the hoop from the outside.

Emby Weatherholtz was instrumental in gaining points, drawing two fouls and adding three points in four minutes.

Senior Cindy Woolfrey had a superb night adding 7 points, 6 assists, and 4 steals.

Holly Cope brought the team within three with 15:48 remaining with a spin-around-the-rim shot, but the Yellow Jackets were stung from then on.

The turning point seemed to come when starting center Karen Eye sat down with 4 fouls. Without Karen's end-to-end court play the team seemed to lose a bit of confidence.

Both Dunkenberger played a significant role, picking up Holly Cope's position while Cope got a necessary rest. Beth was able to maintain the same court presence as Holly and added three points and two assists during her short period of play.

Emby Weatherholtz finished with 10 points and 2 steals; Holly Cope ended with 10 points, 3 assists.

Kim Dunn contributed 6 points and 3 assists while Sharon Miller topped the night with 23 points.

February 12, 1985, RMC Newspaper

Women's Basketball Faces Toughest Season Ever

by Christie Jackle

die looked good, very good," says LaHaye. Another freshman, Lynn Eoppolo, from Wilmington, DE, was a top recruit for the 1985-86 squad. Her performance as a sub for center Karen Eye in the play of the CP Dean Tournament earned her a spot on the All-Tournament team.

The CP Dean Tournament was played the weekend of November 22nd and 23rd and opened the season with a few surprises. Our basketball team lost to Va. Union University and to Mt. St. Mary's College. The game against the "Mount" was perhaps their greatest disappointment. R-MC lost 88-71, but according to Coach LaHaye, the score does not reflect the tightness of the score throughout the majority of the game.

R-MC also upset a "weaker than expected" Navy team, 70-52. Overall, LaHaye "was very pleased with our play." A highlight of the tournament, besides Fearnnow's and Eoppolo's performances, was that of Holly Cope. Described as "very consistent" and "definitely a floor leader," by her coach, Cope added 19 points, 16 assists, and 7 steals to the tournament weekend.

Of her team's strengths, Coach LaHaye adds, "one of the things we have going for us this year is our bench depth." With such a high level of competency throughout her team, LaHaye feels no qualms about using all of her players. Naturally, "some players are more skilled than others but when these skilled players need a break, the back-up girls are quite adequate. I have absolutely no hesitancy to go into the bench." With such strong individual players, the 1985-86 season should show some healthy competition, both among players and against some tough opposition.

December 10, 1985, RMC Newspaper

Strong Season Puts Lady Jackets on Map

by Tucker Smith

For seniors Kim Dunn, Holly Cope, and Emby Weatherholtz, the 1985-86 women's basketball season was a good one. First, they saw their team's record bettered from the 9-14 mark of last year to an even 13-13. They have also helped to put the Lady Jackets program on the basketball map. "We are now, finally, well-known around the coast including Maryland, Pennsylvania, and Virginia," comments head coach Carroll LaHaye. Hopefully, this public success will help to bring more talent to Crenshaw Gym.

Coach LaHaye stresses the fact that their 13-13 record is no indication of the team's true potential. "I felt there were 4 or 5 games that could have gone either way." The Lady Jackets played one of the strongest schedules this year playing six division I teams, twelve division II teams, and three division III

teams. "The teams we played had more talent and it forced us to play stronger," comments LaHaye. The coach also feels the Snowflake Classic and the University of Richmond victories were the highlights of the season.

As for her graduating seniors, Coach LaHaye is as proud as ever. "Holly Cope has been a career leader in assists, points, and steals, and I can't say enough about her. The same goes for Kim Dunn and Emby (Weatherholtz). Kim has been a tremendous force on the boards and Emby has been a four-year starter who will always provide consistency."

As proud as Coach LaHaye is of her seniors, she is equally proud of next year's squad. "We have an excellent returning nucleus. Recruiting is going well and I am very positive when I look toward next year."



Women's Basketball Looks Forward to Successful Season

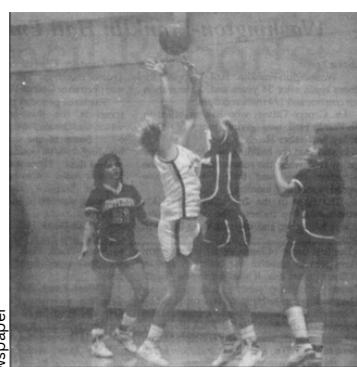
by Harper West

This year, the Lady Yellow Jackets basketball squad is heading into the season looking to blend together as a successful team. Fortunately with the help of seven returning players and four newcomers, the team should be able to achieve their goal.

Due to a lack of height, says Coach LaHaye, the team will have rely on their quickness to run the ball in "fast yet controlled manner." With the pre-season training, the squad has built up their endurance and compatibility and therefore, will be able to compete in this way with taller players. The team will not allow lack of height to get in the way of expected victories. Again, thanks to long yet successful summer and pre-season practices, the Lady Jackets got to know each other better, which is important for a team because they know how to communicate with each other.

In her seniors and upperclassmen, Coach LaHaye feels she has "versatile athletes as well as leaders." Although not outstanding team leader, the seniors and upperclassmen should provide experience learned by the newcomers in practices and scrimmages, Coach LaHaye feels they are going through a big adjustment and even they will not "be able to contribute right away," they should be able to contribute later in the season.

On Thursday November 12, the Lady Jackets had their first scrimmage with a team from Richmond known as the Blue Angels. From the scrimmage, Coach LaHaye hopes to learn what needs to be worked on and what improvements need to be made. Next week, R-MC opens their season on their home court with the Tip-off Tournament sponsored by the Yellow Jacket Club. The team has been placed fifth in their league but they are very hopeful for a successful season.



WOMEN'S BASKETBALL RESULTS

1987-88

R-MC	Opp
86	Davis & Elkins
76	Shippensburg
74	Navy

Leading Scorers

Beth Dunkenberger: 19	Rebounding
Keisha Bell: 16	Lynn Eoppolo: 8
Wendy Tiller: 28	Beth Dunkenberger: 11

Rebounding

Wendy Tiller: 28



December 4, 1987, RMC Newspaper

Lady Jackets Lose Game But Buzz About Yarbrough

by Tucker Smith

Despite the addition of a new player, Randolph-Macon Women's basketball team continue evidence of their woes could be found in their recent 69-58 loss to Virginia Wesleyan on January 5.

Virginia Wesleyan dominated the first half by shooting 40% from the floor and by scoring 31 points as compared to the Lady Jackets 30% and 21 points.

Poor ball handling and difficulty from the foul line (3 for 10) contributed to early trouble.

The second half however proved to be a different story. Sparked by Yarbrough's 10 points, a product of Robinson Secondary School in Falls Church, and the play of Wendy Tiller and Keisha Bell, the Lady Jackets were able to cut the deficit to three points. Their luck ran out, however, as turnovers and poor shooting plagued the rest of the game. Meanwhile, Virginia Wesleyan hit 57% from the floor.

Carroll added 14 points while connected on 6 of 9 shots. Both Dunkenberger and Keisha Bell added 8 and 7 points respectively.

As a good effort and hard work, Yarbrough will add a much needed dimension to the team. In the 16 minutes she played, she scored 6 points, pulled down 3 rebounds, and had 1 assist and 1 steal.



by Tucker Smith

A long season is the best way to describe the Randolph-Macon women's basketball team's year. Playing in the best Division II conference in the country that includes three Top Twenty teams, the Lady Jackets find it hard to compete. Yet, they are never ones to complain.

Standing with a 4-14 record, 0-6 in the conference, they are always in the hunt at their games. Take for example, their game against Longwood College on Tuesday night. Down by 10 at halftime, they battled back behind the shooting of Bev Carroll and Wendy Tiller.

Carroll finished with 28 points while shooting 8 of 12 from the floor and 12 of 12 from the foul line. Tiller finished with 18 points and grabbed 9 rebounds. Yet, Longwood once again spoiled the parade and pulled out a 85-77 victory.

On Thursday, though, the result was quite different. Playing Bridgewater, a Division III team with a 12-8 record, the Lady Jackets proved their talent. Bev Carroll once again led her team by hitting 11 of 18 from the floor enroute to scoring 23 points. She also grabbed 7 rebounds and had 3 steals.

With regulation ending in a tie, the Jackets proved the difference between Division II and Division III. Beth Dunkenberger proved the way and finished with 19 points and grabbed 13 rebounds. Tiller added 11 points and 2 assists and 2 steals. OT wasn't even close as R-MC rolled to an 83-74 victory.

Unfortunately, on Saturday, Mt. St. Mary's proved the difference between the Jackets and the rest of the Mason-Dixon Conference. Despite the play of Dunkenberger (20 points and 10 rebounds) the Mount went on to win 65-52.

Rocky Season for Lady Jackets

February 18, 1988, RMC Newspaper

Women's Basketball Playing Tough Ball

December 1, 1988, RMC Newspaper

Randolph-Macon College Women's Basketball team, 0-3, is led by the scoring of Keisha Bell and Wendy Tiller. Bell scored 59 points in the team's first three games with 45 points. The Jackets next game will be away on December 2 against the University of Pittsburgh.

R-MC had trouble in their first two games during their tip-off tournament on November 19 and 20. They lost to Concord

College 98-78 and 78-77 to Atlantic Christian. Bell had 24 and 20 points in these games. Yet the Jackets were being out scored this season by an average of 66 to 82.3 average points.

After losing to Concord, the Jackets despite being down by 15, were able to come back and nearly defeat Atlantic Christian.

The game was close in the final minutes and it looked as though the Jackets might be able to even their record. Yet instead of trying

a three point shot which would have tied the game, they ended the game with two points and they lost by one point. Both Bell and Tiller made the all-tournament team. The Jackets played one game during Thanksgiving break at the U.S. Naval Academy losing this game 71-43.

The Jackets next home game will be against Thomas College on January 5 in the Crenshaw Gymnasium at 7:00pm.

Lady Jackets Break Slump With Two Home Victories

by Tucker Smith

Wednesday, it was only a matter of time. The Randolph-Macon women's basketball team won back to back home games last week against Virginia Union and Virginia State. The victories improved their overall record to 6-14 as they are trying to finish the season with respect.

Against Union on Monday, February 16, the Lady Jackets controlled the tempo of the game from the beginning. Behind the shooting of Beth Dunkenberger and Wendy Tiller, they jumped out to a 33-25 halftime lead. But the second half proved to be the determining factor.

Through strong board work and virtually no fouling, the Lady Jackets went on to take VUU 72-63.

By outrebounding their

opponents 50 to 40, the Lady Jackets won all three the second chance at a basket that has plagued their games all year. Also, with a total of only 9 fouls to Union's 19, VUU was eliminated from the foul line and in the end, from the game. Tiller led four Macon scorers in double figures with 17. Dunkenberger finished with 14 points and 14 boards. Keisha Bell and

Wendy Tiller added 13 and 11 respectively.

On Wednesday, their good luck continued as they came out strong in the second half and beat Virginia State 82-78. In the first half, State used the three point shot and good foul shooting to take a 44-42 halftime lead. But the Lady Jackets were not ones to sit back and take another loss.

Lead by an impressive defensive performance by Kelly Keffler who grabbed 9 defensive boards, 11 in all, the Jackets controlled the game and the scoring. 14 points from the foul line and Farrow's two three pointers proved too much for State to overcome.

Once again leading the scorers was Tiller with 18. Farrow poured in 17, Dunkenberger had 16, and Bell and Carroll finished with 12 each.

Keffler, the multi-sport, multi-talented player from Chantilly, Virginia seemed to be the difference in the game. Besides her play on the boards, she had 4 points, 4 assists, 1 block, and 2 steals while playing 34:35 minutes in all.



Congratulations to Dr. Mike Wessells and Coach Carroll Lahaye for their victory in yet another intramural tournament, the badminton tournament.

The next women's basketball home game will be on January 19 against Bridgewater. The recent attendance has been somewhat low, i.e. 30 fans, and your support would be greatly appreciated. There are no tailgates or kegs but the last couple of games have been down to the wire and the hard work should be supported.



March 3, 1988, RMC Newspaper

In last week's action, the Lady Jackets beat Mary Washington 83-45 and Liberty 90-83. Tiller and Carroll led the scorers with 20 and 24 respectively. The building of confidence has helped create a more positive attitude toward the program and we can only wait and see what will happen on Thursday.

January 12, 1989, RMC Newspaper

R-MC Defeats Thomas



He photo

Keisha Bell's 30 points and 11 rebounds enabled Randolph-Macon College to earn a comeback victory last Thursday over visiting Thomas College of Mary Washington, 75-73.

Domestic power reigned during the game. Head Coach Carroll Lahaye felt that it was a "good way to start off the New Year. It is definitely a confidence booster because the teams we face in the future are comparable to Thomas."

R-MC was down during most of the first half but they picked up the pace with 1:54 left after Mel Fearnaw hit a three pointer to make the score 33-23 in favor of Thomas. Before the final minutes, R-MC had remained close due only to Bell's ability to hit the jump shot with a fair amount of consistency when she was fed the ball inside the lane.

The defense of R-MC enabled them to be down by three, 33-30, to close the first half. R-MC also shut down Thomas' leading scorer, Pauline Therriault, who is the leading scorer in the country. Therriault (21 points) ran into foul trouble early in the game and therefore was forced to sit out much of the first half.

In the first half of their season, R-MC had played well in the first half only to play poorly in the second half. The opposite occurred in the Thomas game as R-MC came out strongly in the second half.

R-MC took the lead at 10:33 in the second half as Bell scored on a jump shot to make the score 51-50. On their next possession, Fearnaw hit a three pointer to increase the lead to four.

The lead changed hands several times before R-MC took the lead, 65-64, with two minutes remaining in the game. Twice Bell was able to pass outside to Wendy Tiller (14 pts.) who made both shots to keep the lead for R-MC.

In the final seconds, Thomas was unable to score on an easy lay-up and both Fearnaw and Tiller were two of the two free throw line in the last 15 seconds to win the game.

Although having hadn't played in a month, R-MC was in good condition if not perfect technically. They were able to shut down Therriault fairly well and this hurt Thomas' offensively.

January 12, 1989, RMC Newspaper

Women Win to End Season

by Carrick Mollenkamp

The Randolph-Macon women's basketball team defeated Mary Washington 76-59 thereby ending their season at 12-14.

"It was a fine way to end the season," said Coach Carroll Lahaye. "I was really pleased. We really played well the first 35 minutes but we were a little sloppy toward the end. By then we had a nice lead."

Wendy Tiller led all scorers with 24 points. Keisha Bell had 17 points and Lynn Eoppolo scored 14. Kelly Keffler and Mel Fearnaw chipped in with seven points, six assists; and seven points, one assist respectively.

"Our goal was to win 50% of our games," stated Lahaye. "We came close but lost a couple (including two losses to Marymount) which would have put us above 50. Still I am not disappointed."

Lynn Eoppolo, Kelly Keffler, and Mel Fearnaw ended their college career in the victory over Mary Washington.

"All three players have worked hard over the last four years. They will leave a great void which will have to be filled. They contributed to the program and fulfilled their responsibilities."

Fearnaw finished the season as R-MC's 2nd leading scorer, averaging 10.5 points a game. She leads the team in three-point field goals.

assists (77). She was named to the GTE Academic All-America team for College Division District III.

Keffler, a standout R-MC soccer player as well, finished the year averaging 4.7 points a game. She also was a consistent defense player for the jackets.

Eoppolo, who sputtered in the beginning of the season offensively, raised her average to 10.1 (ppg) as well as winning 9.5 rebounds a game.

R-MC will join Division III and the Old Dominion Athletic Conference (ODAC) next season. The Jackets should increase their winning percentage as they dominated most of the Division III opponents they faced this season.

R-MC defeated Roanoke 81-73 and Roanoke won the ODAC championships, defeating Bridgewater 85-72, in Salem Saturday night. R-MC also defeated Bridgewater twice this season.

The Jackets will be led by the leading scorer this season Keisha Bell. Bell is averaging 19 (ppg) and 11.7 rebounds a game. Bell will also be joining Fearnaw on the Academic All-America team.

"We are excited going into next season," said Lahaye. "We are working hard to recruit players especially at the post position. We will also have an excellent nucleus returning."

March 3, 1989, RMC Newspaper

Jackets Battle Roanoke

Yarbrough Hits Key Free Throws

by Carrick Mollenkamp

With four seconds left in regulation, Mendith Yarbrough confidently sank two free throws sending Randolph-Macon into overtime against Roanoke last Sunday. Five minutes later, R-MC was the winner 81-73.

R-MC (9-9) had dominated the first half and led at half time 30-21. But in the second half, Roanoke (9-2) came back by pressuring R-MC to turn over the ball. Roanoke was able to capitalize on the turnovers.

"We lost some of our confidence in the second half," said Coach Carroll Lahaye. "They had a great game plan by forcing us to go to a zone defense. I think the zone defense was a good idea for the first half."

Several R-MC players had run into trouble including Lynn Eoppolo, Wendy Tiller, and Pam Conk. Both Eoppolo and Tiller would foul out.

Roanoke led with 1:23 left in the game 56-55. R-MC had several chances to tie the game but Pam Conk missed a free throw and Yarbrough was called for charging while driving to the basket.

With 21 seconds remaining in the game, Conk was fouled again and this time she missed the free throw. R-MC had one last chance.

Down 59-61, Yarbrough stood at the line needing to make both shots to send R-MC into overtime. Both shots managed to hit the rim and the backboard before falling, but she made both and regulation ended with the teams tied 61-61.

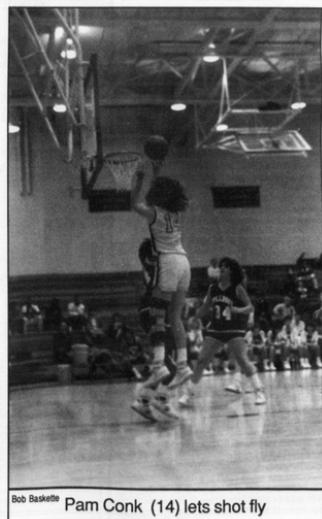
R-MC came out in overtime very strongly as they took the lead at the start. They never lost it. Shelby Middleton hit several key jump shots to increase the lead. Kelly Keffler and Mel Fearnaw also made baskets to lead R-MC to the win.

"Mel Fearnaw was a tremendous leader on the floor today," commented Lahaye. "Her leadership and poise were definitely apparent."

"Our substitutes really did the job today. They accepted a lot of responsibility and they played with confidence. Hopefully this type of game will pay off in the future."

R-MC had also been forced to play without their leading scorer and replacement, Keisha Bell, who was checked out Monday for mononucleosis. The results should be known by the end of this week.

R-MC faces Marymount this Saturday at 7:00.



Bob Baskett Pam Conk (14) lets shot fly



1990s



1990-91



FIRST ROW: Alicia Dejo, Amy East, Jen Villa, Dorothy Kress

SECOND ROW: Carroll LaHaye (Head Coach), Jen Perry, Mary Beth Puccinelli, Bekkie Siebel, Sheryl Stanley, Pam Conk, Angela Brown (Manager)

1991-92



FIRST ROW: Jen Villa, Stacey Lippert, Alicia Dejo, Emily Davis, Amy East

SECOND ROW: Carroll LaHaye (Head Coach), Mary Beth Puccinelli, Sheryl Stanley, Melanie Durinzi, Pam Conk, Daniel Caffrey (Asst. Coach), Mel Fearnow (Asst. Coach)

1992-93

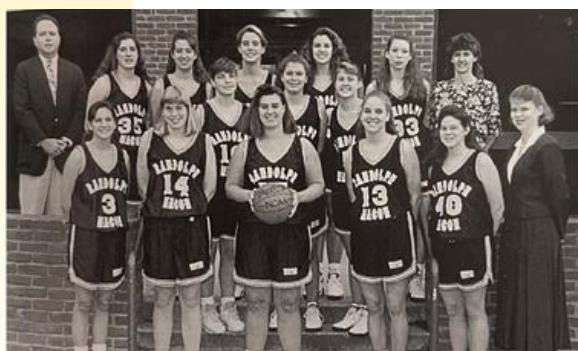


KNEELING: Alicia Dejo, Jennifer Villa, Amy East

SECOND ROW: Daniel Caffrey (Asst. Coach), Marcie Aylor, Mary Beth Puccinelli, Katy Parrish, Sandy Crispin, Liz Crafton, Carroll LaHaye (Head Coach)

THIRD ROW: Zandar Smith, Jenn Kohler, Stacey Lippert, Emma Eastwood, Blanche Kuebler

1993-94



FIRST ROW: Stacey Lippert, Katy Parrish, Mary Beth Puccinelli, Blanche Kuebler, Mary Biglan, Marcie Aylor (Mgr.)

SECOND ROW: Jennifer Boxley, Liz Crafton, Jenn Kohler

THIRD ROW: Daniel Caffrey (Asst. Coach), Annette Cahill, Sandy Crispin, Zandar Smith, Stephanie Kress, Julie Szymanski, Carroll LaHaye (Head Coach)

1994-95



FIRST ROW: Mary Holland (Asst. Coach), Becky Bealer, Stacey Lippert, Susan Doyle, Sarah Wasko, Jenn Kohler, Ashley Whitehurst, Mary Biglan, Liz Crafton

SECOND ROW: Sandy Crispin, Annette Cahill, Leslie Buhrman, Carroll LaHaye (Head Coach), Stephanie Kress, Zandar Smith, Katy Parrish, Marcie Aylor (Mgr.)

FIRST ROW: Ashley Whitehurst, Aimee Beightol, Allison Beightol, Mary Biglan, Susan Doyle, Jenn Kohler, Liz Crafton, Tika Lewis

SECOND ROW: Carroll LaHaye (Head Coach), Marcie Aylor (Mgr.), Stephanie Kress, Zandar Smith, Leslie Buhrman, Katy Parrish, Sandy Crispin, Mary Holland (Asst. Coach)



FIRST ROW: Aimee Beightol, Amy Nelson, Susan Doyle, Kathy Bowley, Beth Richard, Allison Beightol, Becky Thatcher (Mgr.)

SECOND ROW: Kelly Mahlum (Asst. Coach), Heather Mitchell, Jess Mook, Renee Zando, Bren Elliot, Leslie Buhrman, Tika Lewis, Carroll LaHaye (Head Coach)



FIRST ROW: Melissa Kristofak, Allison Beightol, Beth Richard, Aimee Beightol, Lindsey Carney, Richard Lilly (Mgr.)

SECOND ROW: Carroll LaHaye (Head Coach), Amy Nelson, Jamie Tanner, Catherine Ham, Kelly Mahlum (Assistant Coach)

THIRD ROW: Leslie Buhrman, Bren Elliot, Renee Zando, Heather Mitchell



FIRST ROW: Kelly Mahlum (Asst Coach), Adrian Hughes (Mgr.), Aimee Beightol, Megan Mariani, Beth Richard, Meredith Roberts, Lindsey Carney, Lindsay Thomas, Allison Beightol, Carroll LaHaye (Head Coach)

SECOND ROW: Catherine Ham, Regina Brown, Jamie Tanner, Tracy Sutphin, Allison Blakely, Renee Zando, Bren Elliot



FIRST ROW: Aimee Beightol (Asst. Coach), Margaret Gray, Allison King, Lindsay Carroll, Megan Mariani, Lindsay Thomas, Beth Richard, Meredith Roberts

SECOND ROW: Lyndsey D'Arcangelo (Manager), Renee Zando, Allison Blakely, Bren Elliot, Cristin Ethridge, Michelle Cantlin, Jamie Tanner, Carroll LaHaye (Head Coach)



1995-96

1996-97

1997-98

1998-99

1999-2000

Lady Jackets at 3-1, 2-0 in ODAC

by Jennifer Villa
Staff Writer

After last season's 0-8 beginning and the emergence of a starting line-up composed of two freshmen, two sophomores, and one junior, the future of the Lady Yellow Jackets might seem dim. However, the rather "green" hoopsters have forgotten the past and lifted their team to a 3-1 record, 2-0 in ODAC play. The only loss came to Alvernia (Pa.) in the Yellow Jacket Tip-Off Tournament's championship game (68-58). Freshman starters Bekkie Siebel and Beth Puccinelli carried the Jackets to a strong beginning, proving themselves as immediate contenders at the college level by receiving honors as members of the All-Tournament team. Siebel's performance was good enough to make her the ODAC player of the week on November 19. The following week, after a tense 63-61 home win over Eastern Mennonite, Jennifer Villa followed her Freshman comrade, being also named ODAC player of the week after scoring a career-high 18 points.

December 12, 1990, RMC Newspaper

Lady Jackets led by Conk, Siebel

by Jennifer Villa
Staff Writer

Returning from nearly a month lay-off during Christmas break, the Lady Yellow Jackets have been thrust into the bulk of their conference schedule.

Once 5-0 and actively competing for top ODAC honors, the Jackets have since dropped three heartbreaking losses to Roanoke, Bridgewater, and Lynchburg whom they defeated 85-82 earlier in the season.

Despite these obstacles, the Lady Jackets have attained the rank of #8 in the South Region and optimistically look to regain their fierce competitiveness against their future ODAC opponents.

The team is led by outstanding Junior forward Pam Conk, one of the ODAC's leading scorers and a selection as both ODAC Player of the Week and National Division III Women's Offensive Player of the Week, which earned her a spot in the Sports Section of USA Today.

Freshmen Bekkie Siebel has continued her early successes for the Jackets, ranking third nationally in rebounding for Division III, first in ODAC rebounding and also tied with Conk as one of the Conference's leading scorers with a 17.4 points per game average.

The Jackets would like to cordially thank the student body, faculty, and anyone with lots of R-MC spirit to support them in future home contests.

January 30, 1991, RMC Newspaper

Lady Jackets finish successful rebuilding season

by Ward Thomas
Staff Writer

Despite a spirited comeback, the women's basketball team lost its final regular season game to Columbia Union on Monday night. At the end of a closely competitive season, the Yellow Jackets were 11-13 overall, 10-8 in ODAC play, and finished as the Fifth seed in the ODAC Tournament. Wednesday night, in a first round game at #4 Virginia Wesleyan, the Jackets fought hard and came up just short, in a narrow 65-62 defeat.

In an interview with Coach Carroll LaHaye, she outlined the team's goals for this past season. After a struggling 8-18 record last year, an important objective this season was to improve the team's overall win-loss statistic. ODAC games, crucial to post-season play, were focused on and executed vigorously and successfully by the Jackets, who defeated the current number 3 and 4 teams in the ODAC tournament during the season. The team's #5 ranking positioned them on the verge of their worthy aim to make it to the ODAC Final Four.

March 1, 1991, RMC Newspaper



Optimistic finish for Yellow Jackets

"Keisha will be missed, but we have an excellent nucleus of players returning..."

by Jeff Persell

The Randolph-Macon Women's basketball season came to an end with a hard-fought 79-65 loss to Virginia Wesleyan in the second round of the ODAC Tournament on Feb. 21. Virginia Wesleyan's 50% field goal shooting proved to be too much for R-MC to overcome.

After a slow start to the season, the Lady Yellow Jackets showed signs of improvement, winning six of their last 12 regular season games. A difficult out-of-conference schedule coupled with youth and inexperience hurt the team early as they lost 12 of their first 14 games.

"Our confidence level rose as the season went on which is typical of a young team. We were playing well at the end of the season," said Coach Carroll Lahaye.

The improvement of the team was also due to the emergence of freshman Alicia Dejo at point guard. Injured the first ten games of the season, Dejo was a regular starter the second half of the season.

Senior Keisha Bell ended her career in fine

fashion, leading the team for the second straight year in both scoring and rebounding. A consistent inside force, Bell was a first team All-ODAC selection.

"Keisha has a lot of



Keisha Bell

credit. She had an outstanding four years at Macon and will be hard to replace," said Lahaye.

Sophomore Pam Conk was second on the team in both scoring and rebounding and garnered a second team All-ODAC selection for her efforts. Junior Meredith Yarborough was also a team leader, finishing second in the conference in assists.

"Keisha will be missed, but we have an excellent nucleus of players returning next year... Our priority is to get some post players in the next recruiting class," said Lahaye.

March 23, 1990, RMC Newspaper

Women's basketball season is over

By Susan Zitzer
Staff Writer '92

The Lady Yellow Jackets lost its final regular season game to Guilford College last Wednesday night by a score of 62-39. Junior guard, Jen Villa, led the team with 13 points and 10 rebounds. After a highly competitive season, the team finished with an overall record of 10-16 and 7-9 in the ODAC Conference.

On Friday, February 21, the Yellow Jackets captured a breathtaking win in the final seconds of the game against Bridgewater College on the road. With the game tied and only six seconds remaining on the clock, junior guard Jen Villa dribbled down the court and made a quick sharp pass to Mary Beth Puccinelli who sank a three-point shot at the buzzer.

Puccinelli led the team with 23 points and 21 rebounds. Senior Pam Conk earned 14 points, while Alicia Dejo scored 11 points. Jen Villa and Sheryl Stanley contributed 3 points and 1 point respectively. The final score was 52-49.

The next day the Yellow Jackets faced Eastern Mennonite College and defeated them by a score of 80-70. Senior Pam Conk led the team with 22 points and 9 rebounds. Freshman Sheryl Stanley also pulled

the team with 19 points and 9 rebounds. Jen Villa contributed 12 points and 6 rebounds, while Mary Beth Puccinelli added 11 points and 6 rebounds. Alicia Dejo earned 10 points and 3 rebounds. Also contributing were freshman Emily Davis with 5 points and Stacey Lippert with 1 point and 2 rebounds. Villa, Puccinelli, Conk, Dejo, and Lippert combined for a total of 8 assists.

"I think this year we overcame a lot of problems and injuries and held together. We had a great bunch of girls and were still able to have fun even if our record wasn't all that we had hoped for," Mary Beth Puccinelli said.

Senior Pam Conk has been recently named first-team All-ODAC at the end of her basketball career here at Randolph-Macon. Conk came back stronger than ever after being sidelined.

"I think in the last two regular season games, we proved many critics wrong. It showed that we had overcome the adversity like injuries and the lack of players which we had faced all season," Jen Villa said.

Coach Lahaye and the returning players are already looking ahead to another successful season next year.

March 6, 1992, RMC Newspaper



Women's basketball undefeated with five wins

Three road wins key to current record

By Jennifer Johns '97
Sports Editor

With a 5-0 record, the Randolph-Macon Women's basketball team has their best start ever. Last week they posted wins against Virginia Wesleyan, Guilford and Eastern Mennonite.

"I am extremely pleased with the player's efforts. I am most excited about our win over Guilford," said Coach Carroll LaHaye. The team came from a 15 point deficit in the first half to take the lead 41-39, and never trailed in the second. "In the second half we intensified our efforts. Our defense became more aggressive and Aimee Beightol and Jenn Kohler hit crucial baskets." Beightol had 26 points, including 10 in a key run in the final 5 minutes of the game. In addition to Beightol, the Yellow Jackets had three other players in double figures: Zander Smith, Tika Lewis and Leslie Buhman also contributed by coming up with important rebounds.

In their next game the Yellow Jackets defeated Eastern Mennonite. They started out with a 15 point lead but lost it letting Eastern Mennonite back into the game. Macom was ahead at the half 39-30 and never looked back winning 80-67. For their last game before exams they travelled to Randolph-Macon Women's College, which is a much improved team. As the Weekly goes to press, results of that game were unavailable. This is their last

11/28: R-MC 74, VWC 58
R-MC 37 37 - 74
VWC 26 32 - 58

R-MC (74)

Aimee Beightol 14-3 5-9, Kohler 6 (3) 0-5 15, Allison Beightol 2 4-7 8, Parrish 3-6 7-4, Lewis 1-0 4-2, Crafton 0-0, Doyle 2-0 2-3 4, Crispin 1-1 3-2 3, Parrish 1-1 2-4 3, Lewis 5-0 4-10, Doyle 0-2-2 0, Crispin 3-0 2-6, Whitehurst 0-3-1 3, Buhman 4-3 4-11, Smith 0-2-2 3.

VWC (58)

Van Schack 0-0 1-1 0, Shindle 1 (1) 1-4 1, Syss 2 0-3 4, Amy Beisch 1 (1) 1-4 5, Sakowitz 3-1 3-7, Andrea Beisch 6 (4) 0-0 4-16, Boskovich 1 0-2 0, Ludwig 5-0 2-6 10, Liliforen 3-4 4-12 10.

Field goal shooting: R-MC 28-60 (46%), VWC 10-26 (32%). Free throw shooting: R-MC 15-27 (55%), VWC 8-22 (36%). 3-point shooting: R-MC 3-5 (60%), VWC 6-16 (37%). Rebounds: R-MC 50, VWC 41. Personal fouls: VWC 22 (Ludwig fouled out), R-MC 15. Technical fouls: None.

game until they go to California to play Chapman University and Claremont-Mudd-Scripps, which are two top calibre teams.

Kohler was named ODAC Player of the Week posting 50 points, nine rebounds, eight assists and 13 steals in the three road

11/30: R-MC 82, Guilford 71
R-MC 41 41 - 82
Guilford 39 32 - 71

R-MC (82)

Aimee Beightol 10 (1) 5-6 2-26, Kohler 3 (1) 2-2 2-9, Allison Beightol 3 4-5 2 10, Parrish 1-1 2-4 3, Lewis 5-0 4-10, Doyle 0-2-2 0, Crispin 3-0 2-6, Whitehurst 0-3-1 3, Buhman 4-3 4-11, Smith 0-2-2 3.

Guilford (71)

Deal 0-0 2-0, Allison Schott 0-0 0-0, Kristin Schott 2 (1) 2-3 2-7, Luce 1-2 2-14, Crute 0-0 0-0, Parrish 3-0 3-6, Nixon 5 (3) 9-11 11 22, Mack 0-0 0-0, Parker 0-0-0, Haynes 11-4 14-23, Hughes 3-3 5-9, Perri 0-0 0-0.

Field goal shooting: R-MC 29-57 (51%), Guilford 25-59 (42%). Free throw shooting: R-MC 22-25 (82%), 3-point shooting: R-MC 2-9 (22%) Guilford 39, R-MC 29. Guilford 22 (Preimatis fo 11. Technical fouls: None.

Victories.

Coach LaHaye is very this year's team. She's work ethic, working together.

12/2: R-MC 80, EMU 67
R-MC 39 41 - 80
EMU 30 37 - 67

R-MC (80)

Kohler 9 (4) 4-26, Allison Beightol 4-2 4-20, Parrish 3-3 4-5 9, Parrish 3 3-4 5-9, Lewis 6-7-9 19, Crafton 0-0-10, Doyle 1-3-4 2-5, Crispin 2-0-1 4, Whitehurst 0-0-0, Smith 3 1-6 6-7.

EMU (67)

Phanthy 0-0 2-0, Judd 1-0 0-4 2, Egli 6-3-4 15, Gomez 0-0 1-2, Kaufman 0-2-2 2, B. Miller 4-0 2-8, Zook 3-0-2 7-6, L. Miller 3-4-5 4-10, Bontrager 8 1-3 5 19, Bowens 0-0 0-2 0, Laws 4-1-2 5 9.

Field goal shooting: R-MC 28-59 (48%), EMU 28-66 (42%). Free throw shooting: R-MC 20-30 (67%), EMU 11-21 (52%).

Women's basketball rolls over first three opponents

By Jen Johns '97
Sports Editor

Carroll La Haye.

The returning class is a good mix of talent.

"Seniors" Katie Parrish, Jenn Kohler, Sam Crispin, Liz Crafton and Zander Smith have experience and seem much more focused and on a mission this year.

That mission is to win the ODAC championship, which would give the team an automatic bid to the NCAA Tournament.

"I am very proud of the accomplishments the seniors have made in their four years here, it's time we put it all together," said La Haye.

Other key players include sophomores Leslie Buhman and Ashley Whitehurst and junior Susan Doyle. Doyle has filled in for the injured Crispin and has really stepped up her level of play.

The rest of this week will be a challenge with away games at Guilford and Eastern Mennonite.

"All the ODAC schools had good recruiting years, so it will be interesting to see the matchups," said La Haye.

Hard work and determination should keep this talented team on track to accomplish their goals this season.

11/17: R-MC 85, Salisbury St. 64

Women's basketball standings through 11/26

Team	ODAC	Overall
Team	W L Pct.	W L Pct.
E. Mennonite	1 0 1.000	3 0 1.000
Guilford	1 0 1.000	3 0 1.000
R-MC	0 0 .000	2 0 1.000
R-M Woman's	0 0 .000	2 0 1.000
Roanoke	0 0 .000	2 1 .667
Va. Wesleyan	0 0 .000	2 1 .667
Wash. & Lee	0 0 .000	1 1 .500
Emory & Henry	0 0 .000	2 0 1.000
Hollins	0 0 .000	0 2 2.000
Bridgewater	0 1 .000	1 2 .333
Lynchburg	0 1 .000	0 1 .000

This weekend's games:

Today: Virginia Wesleyan at Roanoke.

Tomorrow: Lynchburg at Bridgewater, Randolph-Macon at Eastern Menni Washington & Lee at Guilford and Virginia Wesleyan at Hollins.

Sunday: Lynchburg at Randolph-Macon Woman's at Hollins.

Coming up for Randolph-Macon:

Tomorrow: at Eastern Mennonite in Harrisonburg, Va.

Wednesday: at Randolph-Macon Woman's in Lynchburg, Va.

Jackets are a perfect fit for Lewis

Monarchs' grad part of a winner

By MIKE HYLAND
TIMES-DISPATCH STAFF WRITER

T Meadowbrook High graduate Nekka "Tika" Lewis is a winner at the beginning of the best of times and the worst of times for Randolph-Macon College's women's basketball team.

The Yellow Jackets flew from Richmond to Virginia to earn a 22-2 lead against an R-MC team that had been winning games by 10 or more points all season.

"We get along with each other very well," said Lewis, a freshman reserve center-forward. "But we pull together even harder when we're in trouble."

"By halftime we crept back pretty close and we would've won by one. A bunch of our girls said they'd never — ever — played in a more nerve-wracking game."

"Then in the end it was time fouling us and we did. We were up 60-59, and they missed a wide-open layup at the end that would have won it. It seemed like the ball rolled around the rim forever."

Jenn Kohler and Aimee Beightol with 14 and 16 points, respectively, were the top scorers. Lewis had 10 points, Kohler's average 16 points and Beightol 13.5 on the year for the 17-1 Jackets. Lewis scored 14 points two weeks ago in R-MC's 96-67 win over Virginia Wesleyan.

The Jackets, who scored two points on Lewis, were slow-going for Lewis, who scored two points on the night.

"I played awful defense, got in foul trouble and I was in a fog offensively," she said.

"But Lewis, who backs up several players, has had an impressive first year. She's averaging about eight points and five rebounds for Carroll LaHaye's senior-laden club."

"Tika's a great player, as well, as a strong scorer and has made the rest of the team better," said LaHaye. "Her sister, Allison Beightol, has also added speed to the team and has made a major contribution to the team's success. Another freshman, Tika Lewis, is a very versatile player who will also make a difference this season."

"Tika is a 5-9 forward who is very powerful and strong," said head coach Carroll LaHaye.

"She's a great player and she's a great person who needs a break," LaHaye said.

Through 12 games, Lewis was shooting a team-leading 56.2 percent from the field (41 of 73). She has converted 13-of-19 free-throws at-



NEW TO ASHLAND, Meadowbrook High graduate Tika Lewis is playing a key role for the 17-1 Yellow Jackets.

coved team, and the seniors really want to go out a big winner," she said.

Lewis, who plans to emphasize Spanish and architecture courses at R-MC, says the team bounces even more through the trip to California.

"Tika's a great rebounder," assistant Coach (Merv) Hollins preaches position, height and anticipation. We have hard practices."

"Playing well is kind of a payback for Lewis," he said.

"A big reason I came here was because I'm an outside player going inside. I'm familiar with driving to the hole when I do face the basket — an advantage for me. But I'm working on all planes. Everyone does. I've never met a perfect player."

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Jackets won't be needed

R-MC women set for California trip

BY MIKE HYLAND

TIMES-DISPATCH STAFF WRITER

It looks as if the Randolph-Macon College women's basketball team has put that '94-'95 horror-show finish behind them.

To say they're making amends for blowing a 20-point lead against Emory and Henry in the first round of the ODAC tournament is an understatement.

The Yellow Jackets are off, running and apparently not looking back with a 6-0 start. There's a California trip coming up, and they may not need wings to go west.

The Jackets of coach Carroll LaHaye have knocked off North Carolina Wesleyan, Salisbury (Md.) State, Virginia Wesleyan, Goshen, Eastern Mennonite, and Randolph-Macon Women's College.

Next up is Chapman (Calif.) College on Jan. 1, and then another California school, Claremont Mudd-Scripps, the following night in Southern California.

Not just hoops

And there will be side trips to Disneyland and the MGM movie studios, said Monacan High graduate Sandy Crispin, a senior and standout on the Jackets' 197 team of a year ago.

Crispin, who sprained an ankle in a preseason scrimmage against Mary Washington and has seen limited duty, is one of the reasons behind the California trip.

"When we were freshmen, Coach asked us what we'd most like to do. I suggested a trip to the Bahamas," Crispin said. "But that was too expensive, and Coach wound up getting a good rate for California."

"We've sold T-shirts. We've sold popcorn and 50-50 tickets," Crispin said. "We had players' chairs made — with their names on them — and sold them to their families."

Back to the real world

The Jackets will have to get over jet lag in a hurry when they return. They play Roanoke, the defending Old Dominion Athletic Conference champion, on Jan. 6.

"We'll give them a run for their money this season," said Crispin, a small forward who hopes to be full speed in California.

The Jackets are flying high with a lot of new faces. Point guard Stacy Lippert graduated and forward-center Stephanie Kress and reserve Annette Cahill transferred.

With guard Mary Biglan out with an injury — one of several the club has had to overcome — a three-guard setup consists of first-year twins Aimee and Alison Beightol and veteran Jenn Kohler.

Each was a key performer on the soccer field last fall for a R-MC team that went through the regular season and ODAC playoffs unbeaten. And they're still running.

Kohler's averaging 16 points, Aimee 15.8, Alison 9.2.

Run and gun'

"We're run and gun," said sophomore forward Leslie Buhrman, a J.R. Tucker High graduate who has won a starting job. "The twins are tigers, very aggressive."

And the Jackets are doing it with limited height. Veteran Zander Smith, a fine rebounder (10.8 a game), is 5-11. Senior workhorse Katy Parrish, a soccer goalie, is 5-9 and averages 8 points.

At 5-10, Buhrman is averaging 6.4 points and 4 rebounds a game. Newcomer Tika Lewis, a 5-8 Meadowbrook High product, is averaging 7.5 points with a high of 19.

"Tika's very powerful physically and has helped us," said Buhrman, who is playing despite a slight tear in her knee.

"I think I'm more aggressive on offense. Last year I was kind of intimidated and pulled back on shots. And I'm playing hard on defense — fronting people."

Aimee Beightol and Kohler have had several 20-point games.

"Aimee really picks up our intensity with her drives. She's a spark," Buhrman said.

Buhrman, whose primary role is rebounding and defense, is pleased with the Jackets' team effort.

"We're more aware out there on defense," she said. "We're helping each other out."

Women's basketball 13-0; #23 in nation

By Jen Johns '97

Sports Editor

With an overall record of 13-0, the Randolph-Macon women's basketball team has gotten off to the best start in the program's history. They are also on a 20-game home-court winning streak.

R-MC's most recent contest was against the Virginia Wesleyan "Blue Marlins" who were coming off a five game winning streak. But the Lady Yellow Jackets got themselves prepared to play against the Blue Marlins who were emotionally high and very determined to give R-MC their first loss.

The Yellow Jackets were "enthusiastic,

motivated and had the desire that no one was going to beat them," said Coach Carroll LaHaye. They defeated Va. Wesleyan, 66-67.

Over Christmas vacation the Yellow Jackets went to California to play Chapman University and Claremont-Mudd-Scripps. They were both non-conference games which were very competitive.

"The team was very relaxed and extremely focused," said LaHaye about the Yellow Jackets.

Randolph-Macon defeated Chapman 86-76 behind a 23-point scoring effort from Jenn Kohler. They just got by Claremont-Mudd-Scripps by the score of 60-59.

The Lady Yellow Jackets have a lot of

depth this year.

"The five seniors, Zander Smith, Liz Crafton, Jenn Kohler, Sandy Crispin and Katy Parrish have really stepped forward and decided that it's time for them to put it all together. Their attitude has filtered down to the underclassmen," said LaHaye.

Kohler, Smith, and freshman Aimee Beightol are all in double figures. Kohler and Beightol lead the Yellow Jacket scoring attack through twelve games. Kohler leads the team with a 16.5 scoring average per contest while Beightol is averaging 15.5 points per game. Smith is the team's leading rebounder with 9.7 rebounds per game.

With a 13-0 overall record, the Lady

Yellow Jackets are ranked second in the region and 21st in the nation.

"It means a lot to be undefeated but there are still lots of games left on our schedule. Our goal is to win the ODAC (Old Dominion Athletic Conference)," said LaHaye.

Captain Jenn Kohler also commented on the team's success. "The reason we are undefeated is because we work well together on and off the floor, and hopefully we can keep it up."

R-MC hosts Bridgewater College Thursday, January 18, Washington and Lee University on Saturday, January 20, and rival Roanoke College on Sunday, January 21 at 2:00.

Women stumble, pick selves up and win

By Jennifer Johns '97

Sports Editor

One loss won't get the Lady Yellow Jackets down.

Sunday, January 21, Roanoke defeated Randolph-Macon on their own court 84-73, but the talented Yellow Jackets have the resilience and determination to bounce back.

Roanoke has dominated the conference by winning the ODAC (Old Dominion Athletic Conference) championship six years in a row.

"We had many opportunities on the free throw line as well as layups but we just didn't connect," said Coach LaHaye.

Freshman Aimee Beightol also commented on the game, "Roanoke was a tough loss for us on our home court, but we have had a few days to rest and to think about what we need to do to get back on track. I've always been told that 'you're only as good as your last game,' so I think we now realize there is a lot of

room for improvement on this team and that we just need to keep positive and work together, and we will be fine."

Before the Roanoke game, R-MC defeated Bridgewater 65-57 which was one of their toughest games this season.

"They held us below our average points," said LaHaye.

Randolph-Macon also posted a win against Washington and Lee by the score of 78-53. It was the team's Back to the Hive Day, and the team had a great turn out of former players.

Katy Parrish was the ODAC player of the week. Katy was instrumental in R-MC's three ODAC wins over Virginia Wesleyan, Bridgewater and Washington and Lee. Parrish scored 51 points, grabbed 27 rebounds and shot 221-of-37 from the field. In the 78-53 win over W&L, Parrish was 10-of-11 from the field for 23 points and grabbed eight rebounds.

On the 25th, the ladies demolished Washington & Lee again. Results for the game against Lynchburg on the 30th were not available at press time.



Katy Parrish scoops the ball away from a Millsaps guard as Aimee Beightol, Jenn Kohler and Zander Smith look on.



Yellow Jackets and Majors box out for the rebound. Sandy Crispin, Tika Lewis and Leslie Buhrman are involved here.



Moreland First East fans hold up a sign cheering the Jackets on against Shenandoah. The hall won the Residence Hall Association's spirit contest, winning gift certificates.

CHAMPIONSHIP BOUND

Women's basketball destined for greatness

By Jason Eichelberger '98
Staff writer

The Randolph-Macon women's basketball team has been near perfect this season. As they prepare to enter the first round of the NCAA National Championships, the women had amassed a record of 26 wins against only 1 loss, achieved a #1 ranking in the South Region and swept right through the Old Dominion Athletic Conference season and tournament.

This season was the first 20-victory season ever for the Women's basketball team. They finished the regular season with an overall record of 23-1, and an ODAC record of 19-1. Their only loss came at home to the second-seeded Roanoke Maroons on January 21, by the score of 84-73.

Besides that minor setback, the Yellow Jackets have rolled right on through the season, dominating opponents by a total score of 1926 to 1481. Randolph-Macon's record in the five statistical categories they included scoring offense (80.3 points per game), scoring defense (61.7 points per game), field goal margin (+18.6), field goal percentage (43.8 percent), and defensive field goal percentage (37.8 percent).

At home in Crenshaw Gymnasium, the team's record was 11-1 overall and 9-1 in the ODAC. On the road, the Jackets were a perfect 12-0 overall and were 10-0 in the

ODAC. One of the highlights of the season came on January 6, when the women defeated Hollins College at home by the score of 114-53.

In this game, the Lady Yellow Jackets shot an unbelievable 69.4% from the field. At the time, this was a NCAA Division III best for the year. Unfortunately, it was later broken. Also, the 114 points that the women racked up was a school record for most points ever in a game.

Leading the way during this record setting drive was the senior class. This senior class came into the 1992-93 season as freshmen with goals of turning the R-MC women's basketball program around. Needless to say, they have done that and much more. We will be saying goodbye to five very wonderful and talented people at the end of this season.

"Jenn Kohler, Sandy Crispin, Zandar Smith, Liz Crafton and Katy Parrish have done more for this program than I could ever have asked for," said Coach Carroll LaHaye of her seniors. "I am very thankful to have had the opportunity to coach them as players, and to know them as individuals. They will be greatly missed."

Each of the seniors has contributed something to the team in her own way, whether it was on the floor or off.

Please turn to LADIES on page 10

R-MC wins NCAA opener by 17

By Shawn Pickrell '97
Editor-in-Chief

Randolph-Macon women's basketball team struck midnight for Shenandoah University's Cinderella season Wednesday.

Shenandoah University's women's basketball team travelled down to Ashland to take on our powerful Yellow Jackets in the first NCAA women's basketball tournament game in both programs' history.

The Yellow Jackets did not falter. The Jackets took a 47-30 halftime lead and parlayed it into a 91-74 victory, ending the Hornets' season.

Shenandoah entered the tournament with a losing record, present only because of their miracle walk through the Dixie Conference tournament, defeating Ferrum, Averett and Christopher Newport on route to the title. Their twelve player team had only one junior, and all the other players were freshmen and sophomores.

"Their team's really young," senior guard Jenn Kohler said. "Our goal was to let them get熟悉 handling the ball."

Randolph-Macon was 26-1, fresh off winning their title in the Old Dominion Athletic Conference. They were ranked number one in the NCAA Division III

Please turn to WIN on page 10

March 1, 1996, RMC Newspaper

WOMEN continued from page 1

rebounding.

In the middle, senior center Zandar Smith, who is leading the team in rebounding, had been outstanding. In addition to her 10.2 rpg, Smith is first on the team in blocked shots, turning away 26 of them. She was named to the All-Conference team this year and said of the reward, "It was kind of a surprise." Also, Smith was named to the Ramada Inn Tip-Off All-Tournament Team.

At forward, Katy Parrish has been a 1000 point scorer, been an All-Conference selection three times, and is the leading All-time scorer in the program. She has done just about everything you can do in athletics. This year she was named ODAC Player of the Week on January 21. Her averages include 10.0 rpg, 5.4 rpg, and a 42% field goal percentage. In addition to basketball, she was the starting goalie on the soccer team, and is quite a good tennis player as well.

Liz Crafton rounds out this talented senior class. Liz has been a hard worker all four years here. In her sophomore year, she was named to the All-Conference team, and was sixth on the team in assists. This year, Liz finished the regular season possessing the best free throw percentage on the team at 77%. She also shot 34% from the field this year.

As you can see, with a team stacked like this, it is no

surprise why the lady Yellow Jackets were, as Dan Patrick would say, "en fuego." However, it is not just the seniors who have been great senior class; the lady Yellow Jackets also have an awesome group of underclassmen.

The team will be returning seven very potent threats. These underclassmen can expect to see a lot of action next year with the absence of the seniors.

Both Mary Biglan and Susan Doyle, the only juniors on the team, will be looking to continue the winning tradition at Randolph-Macon. Biglan is point guard who shot 35% from the floor while averaging about 4.0 rpg. Her drive to the basket and passing ability made her a valuable asset. Susan Doyle shot 42% from the

floor and average about 5.0 rpg. She got to start in a couple of contests and to injury to starters, where she showed great promise.

Both the sophomores players, Ashley Whitehurst and Leslie Buhman, will be looking for a lot of action as well. Whitehurst is a good outside shooter with deadly range from behind the arc. She is also a good shot from the free throw line where she shot around 75% this year. Buhman is a good post player with strong moves inside. Leslie shot 45% from the floor and average about 5.0 rpg this year.

While these four pose to be awesome threat and possibly starting line-up for opposing teams, we must add in the very talented freshman class. Aimee Beightol, Alison Beightol, and Tika Lewis have brought nothing but success with them in their first year here at Randolph-Macon.

Aimee Beightol had an immediate impact on the team as she was quickly named as a starter. She was named to the Old Dominion All-Freshman of the Year, and has helped the Yellow Jackets in all areas. She averaged 14.2 rpg, 4.1 apg and 3.5 spg. Aimee is a welcomed addition to the team and we are glad that R-MC does not have to play against her.

"It feels unbelievable to be a major contributor in my first year on a team that is 26-1, ODAC Champions and in the NCAA National play-offs," said Beightol of her freshman year. "Not only did we reach the goals that we set, but we have gone out and proven ourselves to other teams."

Along with Aimee, the Yellow Jackets were very fortunate to get her sister Alison. Together, the two of them have been an effective one-two punch. Although Alison didn't get to start, when she comes off the bench, her quickness and intelligence provide a spark for the jackets. Beightol said, "My goal in coming to Roanoke was to be a contributor to the team and to be of help in any way."

The third part of this year's freshman class was local

product, Tika Lewis. Tika went to Meadowbrook High School in Richmond, VA where she ran the show. This year Tika shot 55% from the floor while averaging close to 5.0 rpg.

As the girls ended the regular season and headed for the ODAC Tournament, they had to overcome the bad omens of years past. Despite Macon's success in recent years, they went beyond the first round in the ODAC Tournament only once before, and that was when the Yellow Jackets made it all the way to the championship game where they lost to Roanoke.

This year, the team was determined to change things. In the first round, they had to play the Randolph-Macon Women's College Wildcats. The Jackets won the game by a score of 79-52 behind 18 points by Aimee Beightol and 10 rebounds by Zandar Smith. Thus, the women took care of one pressure point. However, the next step would not be as easy.

In the second round, the team had to play against the team that had beaten them in the first round.

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This year, it was time to take out revenge. Led by Aimee Beightol's 27 points, 9 rebounds, 7 steals and 6 assists, R-MC won the game 70-66. With the game tied at 66 with less than a minute to play, the Jackets made a key steal led to a layup and two free throws from Jenn Kohler. Thus, the second burden was then removed from the team's collective backs.

Finally, it all came down to the two best teams in the ODAC, Randolph-Macon and Roanoke. They were the two top seeds in the conference and were both arch rivals. The girls went into the game confident thanks to their victory against Roanoke 86-79 on Roanoke's home floor February 11. That win, combined with their determination and teamwork, gave them the confidence that they could do it all. R-MC started out on a 7-0 run, but it was a lead that wouldn't hold long. Roanoke came back and the rest of the

game was a real fight.

In the end, clutch defensive stops along with near perfect free throw shooting iced the game for Macon as they went on to win 84-73. This win gave the women their first ODAC Championship. In a season that was defined by victories and record-breaking, this was a perfect ending to a conference season that seemed to end by destiny.

Now, the team is off to the NCAA tournament. This has been a real joy to have known these girls as a coach, but most importantly, as a human being." The team sat down on December 7 to establish goals for the upcoming season. LaHaye said that the girls had accomplished every goal that they had set out to do, except going undefeated. However, she said, "I am not disappointed and the team should not be either."

When asked to give one trait that best describes this year's team, Coach LaHaye said, "I think the one thing that has been the best trait of this team is that they have stuck together and kept them going. 'Unity and togetherness,' said Coach LaHaye. "Everytime the girls stepped onto the court, they gave 100% at all times. I am very proud. They have worked hard and deserve everything that they have received."

The next test for this incredible team will be the NCAA

National playoffs. On Wednesday, the girls started out at home in the first round against a young Shenandoah team, who made into the tournament by winning their Dixie Conference tournament, 58-55, over Christopher Newport. Coach LaHaye said of Shenandoah, "Their 13-4 record is very deceptive. They play with a lot of adrenaline and will play hard."

LaHaye said, "I think that having to travel all the way from Sherman, Texas seemed an ideal scenario for the Yellow Jackets' success. But that was not the case, as the Yellow Jackets fell 64-52.

"Last year was a bit overwhelming for us," LaHaye said. "This year we need to come out knowing there are going to be more people in the stands, and it's a big game, and we're going to take care of business."

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"I am very pleased right now with how focused we are and how excited we are," she said. "We're excited that we're hosting and that we're to this point in the season."

Millsaps (23-3) defeated Hendrix 65-57 in its first round-game. Clara Webb is the Majors' main threat; she puts in 16.4 points per game and shoots 45 percent from 3-point range. Millsaps outbounds its opponents by nearly six per game.

"They are very similar to ourselves. They like to run the ball. They play defense well and just play well together as a team," LaHaye said.

LaHaye was named ODAC coach of the year for her job this season. R-MC put together its first 20-win season, captured its first ODAC title and received its first bid to the NCAA tournament.

Said LaHaye, "We've reached all of the team goals we set... But we aren't ready to quit yet."

Yellow Jackets plan to play by numbers

Team doesn't want repeat of last year

BY PAUL WOODY
TIMES-DISPATCH STAFF WRITER

The opportunity to do that will be enhanced if Aimee Beightol is at full strength. She suffered an ankle injury at the end of regulation in the Old Dominion Athletic Conference championship game against Bridgewater. Her effectiveness was limited after that. Randolph-Macon lost in overtime.

"She seems to be OK," LaHaye said. "We've been treating it, and our trainer was not concerned. He looked at it, taped her and said, 'You're good to go.'

"She will play on it. This is too big a game for her to sit out. She's too much of a competitor."

The Beightol twins form a formidable guard combination.

"They're very quick, work well together and have a good concept of the game," LaHaye said. "Our program would not be where it is today if not for Aimee and Allison."

But LaHaye knows that it will take more than a strong effort from her guards to handle Austin (19-6). Austin was consistently ranked No. 2 in the South Region until suffering two losses in its past four games. The Lady Kangaroos come in No. 27 in the region. Randolph-Macon is No. 4.

Austin is led by 5-11 senior forward Natasha Rodgers (13.5 points, 8.8 rebounds a game) and 5-8 senior guard Marisa Hesse (20.7 points, 3.8 rebounds, 2.8 assists). Hesse had 17 points last year against the Yellow Jackets.

"They're a very aggressive, physical team," LaHaye said. "We need our post and inside players, Renee Zando, Meredith Roberts, Bree Elliott and Catherine Ham, to have strong games. Their rebounding and post defense will be so critical to our success."

"We will be hungry. We want revenge, and we want our seniors to experience more games."

March 3, 1999, Richmond Times Dispatch



R-MC women: double duty in NCAA

BY ADAM FOLDENAUER
TIMES-DISPATCH STAFF WRITER

Randolph-Macon women's basketball coach Carroll LaHaye isn't worried about her players folding under the pressure of the NCAA Division III tournament. For several years, the Yellow Jackets, it's their second visit to the

NCAAs this year. Jenn Kohler, Katy Parrish and twins Aimee and Allison Beightol all played on R-MC's 1995 Old Dominion Athletic Conference championship soccer team that went 19-1-2 and advanced to the NCAA tournament. Their tournament experience on grass is valuable on the hardwood.

R-MC, 27-1 and the South Region's No. 1 seed, plays host to fourth-seeded Millsaps in the tourna-



ment's second round today at 3 p.m.

"The fact that [Kohler, Parrish and the Beightol twins] are very competitive, the fact that they've been in this situation already once this year is an advantage," LaHaye said.

The soccer team advanced to the NCAA Division III regional final before falling 1-0 to Methodist on Nov. 5.

Kohler, a senior, is a two-time, first-team All-American in soccer, and freshman Aimee earned regional honors.

The two are just as talented in a gymnasium. Aimee runs the point guard position and averages 15 points and 4.1 assists. Kohler's average of 15.4 points leads the team.

Parrish, who played goalie on the soccer team, is among the Yellow Jackets' all-time leading scorers. The senior forward has tallied 1,351 career points.

The Yellow Jackets advanced to today's game by turning away Shenandoah of the Dixie Conference

91-74 in the first round for their 12th consecutive win. The tournament has upped the team's level of intensity, LaHaye said.

"I'm very pleased right now with how focused we are and how excited we are," she said. "We're excited that we're hosting and that we're to this point in the season."

Millsaps (23-3) defeated Hendrix 65-57 in its first round-game. Clara Webb is the Majors' main threat; she puts in 16.4 points per game and shoots 45 percent from 3-point range. Millsaps outbounds its opponents by nearly six per game.

"They are very similar to ourselves. They like to run the ball. They play defense well and just play well together as a team," LaHaye said.

LaHaye was named ODAC coach of the year for her job this season. R-MC put together its first 20-win season, captured its first ODAC title and received its first bid to the NCAA tournament.

Said LaHaye, "We've reached all of the team goals we set... But we aren't ready to quit yet."

March 2, 1996, Richmond Times Dispatch

SWEET SIXTEEN!

Jacket women take a higher step in NCAA playoffs

By JAY PAGE
Herald Staff Writer

The Millsaps College women's basketball team ran into the Randolph-Macon Road Runner Saturday afternoon at Crenshaw Gymnasium in Ashland.

Except that one didn't go "meep-meep" as she darted and dashed her way like some persistent pest bent on driving a wedge into the defense.

R-MC freshman guard Aimee Beightol irritated the Majors from Mississippi with quick hands, a nose for the basket and a sense of where ball would be that at times made it seem she was in two places at once.

She was the difference in one that in the Yellow Jackets' impressive 99-66 victory over the Majors in the second round of the NCAA Division III national tournament.

The recipe

Her quarterbacking leadership, senior Jenn Kohler's off-the-court power from outside and the R-MC intensity, especially in pressure defense, were the ingredients in the Jackets' 28th win in 29 games.

And because of their number one regional seeding, R-MC will host the sectional playoffs with four teams vying for a shot at the Final Four of Division III women's basketball this Friday and Sunday on the friendly home floor of Crenshaw.

Beightol scored 14 points, but her real value to the jacket success was



Aimee Beightol is looking to dish off another assist against Millsaps. The freshman guard had eight in R-MC's impressive win in the second round of the NCAA Division III national tournament. (Duane Berger photo.)

BY THE NUMBERS

- Jackets place five in double figures: Jenn Kohler, 24; Katy Parish, 18; Zandar Smith and Almee Bechtol, 14 each; Sandy Crispin, 10.
- R-MC dished out 22 assists, 8 from Aimee Beightol and 4 from Allison Beightol.
- Millsaps committed 34 turnovers. R-MC had 22 steals.
- Kohler hit 6 of 12 three pointers.

evidenced by three other numbers. The 5-3-energizer from Roanoke handled out four assists, made six steals and in handling the ball on dozens of occasions in her 34 minutes of playing time, she never made a turnover.

"We just could not stop number 3 (Beightol) and number 5 (Kohler)," said Millsaps coach Cindy Matson. "Whatever we did on them didn't work."

Giving it up

The Majors suffered 34 turnovers, 18 in the first half when R-MC used two quick-as-a-wink spurts to run to a 52-36 advantage. Kohler scored 16 of her game-high 24 points in the first half, including a three pointer to end the break in an upbeat manner for the Jackets.

Millsaps never got closer than 14 after that.

R-MC's strategy offensively was to play to its strength - Kohler primarily - and keep the Millsaps defense spread. The spread was all Beightol needed to play her game of quick penetration.

The Jackets' defense was intent with a vengeance and make something good happen, usually drawing attention away from a wide-open Kohler (6 of 12 from

three-point distance) or dishing off underneath to Katy Parish (18 points) or Zandar Smith (14).

"We want to run as much as we can," Beightol said afterwards. "We set a lot of screens and use a lot of motion."

"None more effective than their personal variety."

Photo by Duane Berger

R-MC coach Carroll LaHaye has seen it all.

"We're pretty intense and play that every game the same way. We want the other team to have to play up to our best to beat us."

As if Beightol's flashy larcenies, speed and quickness weren't enough, she and Kohler benefited from a textbook defensive effort from their scoring leader Kohler.

She shackled Millsaps leading scorer Carla Webb, the Southern Collegiate Athletic Conference's player of the year. Webb, a junior, hit only one field goal in 27 attempts, scored six points - ten below her season's average - and was frustrated by both Kohler and taunting R-

Please see R-MC, p. 5

THE NEXT ROUND

R-MC plays Bethel College of Minnesota on Friday night.

Other sectional pairing in Ashland is Marymount College (Va.) against St. Thomas University of Minnesota.

Games Friday at 6:30 and 8:30 p.m.

Sectional final is at 7 p.m., Saturday, in Ashland.

Winner goes to the NCAA Final Four to play for national championship.

R-MC

Continued from p. 4

MC students. Kohler went Beightol one better in the steal department with seven.

Millsaps stayed even for the first seven minutes before R-MC's Tika Lewis came off the bench to spark a two-minute run.

With the Majors on top 17-16 at 12:58 in the first half, Lewis hit from the baseline, made a steal and scored on a break-away and followed her own miss for another field goal in a span of 80 seconds. That added to Leslie Burman's hit gave R-MC a seven-point bulge.

Five minutes later and like lightning, R-MC turned in a 22-second streak that featured Sandy Crispin scoring on a jumper, Beightol covering one of her steals and Smith netting a follow-up after a theft by Kohler. The sequence gave R-MC its first double figure lead at 41-30 with 4:54 left in the half.

The margin just kept getting wider after that.

If Beightol demonstrated a sign of freshman inexperience, it was in committing five fouls and having to sit out for 14 minutes.

But then, even the real Road Runner takes a breather from time to time.



Zandar Smith challenges two Millsaps players for one of her seven rebounds. The senior R-MC center also scored 14 points. (Duane Berger photo.)



R-MC's Jenn Kohler gets hacked from behind by Millsaps' Mary Helen Walsh. Kohler turned in a 24-point performance Saturday and held Millsaps leading scorer to ten points under her average. (Duane Berger photo.)

Crispin has exceeded R-MC's expectations

BY TRACI L. ALLEN

TIMES-DISPATCH STAFF WRITER

Some credit the success of Randolph-Macon's women's basketball team to the play of Old Dominion Athletic Conference Player-of-the-Year Jenn Kohler.

Others say it's because of the addition of Aimee Beightol, the ODAC Freshman-of-the-Year.

Then others say it's because of the outstanding coaching job done by Carroll LaHaye that earned her ODAC Coach-of-the-Year.

But LaHaye disagrees.

She gives a great deal of the credit to senior co-captain Sandy Crispin.

"I have to honestly say Sandy's effort is just as important as the players who have received all the awards," she said. "She's a major part of our success."

Crispin, a 5-9 forward, is one of four senior starters that will lead the ODAC champion Yellow Jackets into tonight's NCAA Division III South Region semifinals at Crenshaw Gymnasium in Ashland.

Randolph-Macon (28-1) will face Bethel College of Minnesota (21-5) at 6:30 p.m. followed by Marymount (27-2) challenging St. Thomas of Minnesota (25-2) at 8:30 p.m.

Earning a bid to the NCAA tournament has been a goal of the Yellow Jackets since Crispin and six other freshmen enrolled in 1992. That year, R-MC finished 14-11.

The program has improved since finishing 19-7 and then 19-6 before this year's 28-1 success. This season marks the Yellow Jackets' first-ever appearance in the NCAA tournament.

"I knew that potential was there for [the freshmen] to turn this program around, but they have definitely exceeded my expectations," LaHaye said.

So has Crispin.

A two-year player for Monacan after moving to Richmond from Pittsburgh, Crispin is averaging 7.9 points and 5.4 rebounds this season. Her rebounding total ranks second on the team and her 66 assist ranks third. In her career at R-MC, she's scored 903 points and grabbed 630 rebounds. "Sandy is an outstanding role model who leads by example," LaHaye said. "She just goes out there and does what needs to be done."

"If she gets the accolades fire. If not, so be it. As long as it benefits the team."

"Last year, after losing five starters and having ODAC 'Freshman-of-the-Year' Aimee Beightol go down due to a knee injury, the Yellow Jackets fought hard and challenged many opponents, but ended up 15-10 overall, not what they had expected.

Women's Basketball Looks to Recapture Past Success Jackets Are Among the Youngest, but Strongest in ODAC

Kristen Leake '91
Staff Writer

This year's R-MC women's basketball team is looking to recapture the success it had in the 1995-96 season when they walked away with the ODAC championship and their first NCAA Division III tournament bid. They finished the year with a record of 28-2, their best in R-MC history.

In the second game of the tournament against Methodist, R-MC fought hard and came away with their first win of the season. Everyone scored in the 89-62 effort with sophomore Renee Zando leading the way with a game high 22 points. Junior Allison Beightol also dished out seven assists and

against Christopher Newport University and Marymount University and have competed in two tournaments and their first conference game since then.

In their first tournament held at Randolph-Macon, the team lost in the first round by a close margin to Alvernia College, 61-58. Bren Elliot and Allison Beightol scored team highs with 12 points each but could not hold off a strong Alvernia team.

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ers scoring well over double figures, R-MC lost the battle and the tournament championship.

The team was well represented, however, with Bren Elliot and Aimee Beightol being named to the All-Tournament team. With her accomplishments at the tournament, Beightol was also named the ODAC player of the week averaging 13.7 points, 4.3 rebounds, 7.0 assists, 2.3 steals.

The 1997-98 team does not suffer from a lack of experience or quality play, quite obviously. Leslie Burman leads the team as their only senior. She played and started in all 25 games last season, averaging 9.4 points while leading in rebounds with 8.1 per game. This year, Leslie continues her leadership on the court and

team this year are sophomores Beth Richard, Amy Nelson and Heather Mitchell. Richard and Nelson help as shooting guards and averaged 7.1 and 5.7 points respectively last season. Recovering from a knee injury, Heather Mitchell also returns strong this year.

Freshmen recruits Jamie Tanner, Lindsey Carney, Melissa Kristofak and Catherine Ham have been welcome additions to this year's team. They provide depth to the Yellow Jacket squad and are "go-to" players.

Jamie Tanner has earned a starting position and is second in scoring, averaging 13.2 points per game. She is 15th in scoring in the ODAC, helping the team to hold first place in field goal per-



SOLIN - CONTRIBUTOR, Randolph-Macon College senior Zandar Smith averaged 11.1 points and 9.7 rebounds for the 28-2 Yellow Jackets.

R-MC's Smith played 20-20

BY MIKE HYLAND
TIMES-DISPATCH STAFF WRITER

Alexandria "Zandar" Smith's from Randolph-Macon College's finest women's basketball team, and she's a player anyone who got better when her vision got worse.

"It's true. Last year a lot of my shots used to go in. I wore contacts, and I hated them," said Smith, the leading rebounder on a R-MC team that finished 28-2 and reached the third round of the NCAA Division III tournament.

"I just cracked them this year and played without anything," she said. "I mean I could see OK, I don't shoot from that far out anyway."

The 5-11 Smith not only led the team in rebounding, she was also

she was third-leading scorer (11.1) and the most accurate shooter from the field among the starters (50.8 percent).

An English major, her big game came against Shenandoah in the NCAA tournament opener (19 points, 17 rebounds).

But Smith's team in rarefied air was not man enough. She led the team with 29 blocks. She averaged double-figure rebounds and points in 13 games. She always led the team in rebounding when she played substantial minutes.

"I have long arms so I can usually out-rebound someone my height," said Smith, a rebounder and a player who enjoyed the start of the season that hitting the boards was my main job.

"Sometimes, of course, you get the feelings, and you score a fair amount of points."

Smith had a 24-point game against Virginia Wesleyan, but Jen Kohler and Almee Beightol were the team's top point producers.

Smith was an honorable mention all-Old Dominion Athletic Conference, "but she deserved to be second team," said first-team selection Kohler, a fellow senior.

"At the end when we were up 1-0, a Clementon girl went in for a layup clear," she said. "I was behind her, and all I could have done was foul her. She hits the layup, we lose. But it rolled off, and I'll never forget that sight."

The girl who was a 10-10 runner for 3.1 miles is a cross country runner at Langley High, plans to travel a while after graduation before settling down.

She said she fared well against Amy Athey, Roanoke's interior player.

Smith didn't set out to improve her balance last summer. But it was a case of good footwork or wipe out on her vacation.

"I spent the summer at a relative's in California, and I think I surf a lot," said Smith. "I surfed on a longboard and surfed along the sand on the skin board. I wasn't training for basketball. It's just that I love to ski — water or snow."

What trip to California (actually in early January) provided her with one of the big moments of the year. The Jackets won by one over Claremont-Mudd-Scripps after falling behind 24-3.

"At the end when we were up 1-0, a Clementon girl went in for a layup clear," she said. "I was behind her, and all I could have done was foul her. She hits the layup, we lose. But it rolled off, and I'll never forget that sight."

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Smith didn't set out to improve her balance last summer. But it was a case of good footwork or wipe out on her vacation.

"I love the game, and I'll always play it," she said.

Beightol honored for sportsmanship

BY VIC DORR JR.
TIMES-DISPATCH STAFF WRITER

Randolph-Macon women's basketball player Allison Beightol has been selected by the NCAA as one of two recipients of the organization's new award for conspicuous and unselfish sportsmanship.

Beightol, a senior guard from Roanoke, was nominated by her coach, Carroll LaHaye, for her behavior in the Yellow Jackets' regular-season road game against archrival Roanoke College.

The game was emotional and fiercely competitive, not only because it was Senior Day at Roanoke, but also because possession of first place in the Old Dominion Athletic Conference was at stake.

During the contest, Beightol called a timeout that halted a Yellow Jackets' fast break so that an injured Roanoke player could receive prompt medical attention.

"It was an incredibly classy thing

to do," LaHaye said. "She said, 'It's hard to get too excited about two points when you can see that somebody is hurt and needs help. I'd like to think that [a Yellow Jackets opponent] would do the same thing for one of us.'"

With seconds remaining in the game, which the Yellow Jackets won 70-59, Roanoke's coach sent a player who was injured and could do little more than stand on the floor. This was done to permit the player, a senior, to collect a memory and a line in the box score.

Beightol gathered her teammates around her and reminded them not to jostle the injured woman.

Beightol, second team all-ODAC in basketball and first team in soccer, could not be reached for comment.

LaHaye said, "This is wonderful. I'm so happy and so excited for Allison."

The male winner was Jarrett Eason, a javelin thrower from Rice.

Women's Basketball: 20+ Win Season; Lose in Second Round of NCAA

Kristen Leake '01
Staff Writer
Jason Eichelberger '98
Sports Editor

With over 300 people there rooting on their Yellow Jackets, the Women's Basketball team dug deep inside their hearts to pull a huge upset over Bridgewater College by the score of 84-68 on Thursday, February 12.

Bridgewater, ranked number one in the NCAA Division III South Region and in the Old Dominion Athletic Conference at the time, walked into R-MC's Crenshaw Gymnasium unbeaten. However, they walked out with their first loss of the season, dropping them to 16-1 in the ODAC.

From the opening tip-off, R-MC, ranked fourth in the South Region and second in the conference, dominated the game. Never letting the Eagles get ahead in the 40 minutes of play, Macon kept a 20-point margin most of the contest. When Bridgewater starter Amanda Kyger went down due to an arm injury, the Jackets led the game 44-28 as they bounced joyfully into the locker room after the first half.

In the second half, both teams put in 40 points and ended up with a 46% team shooting percentage, but Bridgewater's effort was not enough. R-MC outrebounded the Eagles 48-30, which accounted for many easy layups off the boards.

Sophomore Renee Zando controlled the basketball game, hooping it up for 38 points and tearing down 18 rebounds, both career highs. Her 18 field goals tied the current R-MC record for field goals in a game. She was also 100% from the free throw line and blocked a shot right out of the gym. Freshmen Jamie Tanner and Lindsey Carney chipped in with 14 and 13 points respectively and senior Leslie Buhman was right behind with 11 points and 10 rebounds.

After coming off such an impressive win against BC, the Jackets traveled down to Lynchburg College for their next ODAC contest on Valentine's Day. Though R-MC creamed the Hornets 40-20 in the first half, LC turned the game around and outscored them in the second half 42-31. Although winning by a slim margin, the Jackets still took it away with a final score of 71-62.

Tanner lit it up the night netting 24 points, pulling down four rebounds, dishing out five assists, picking

ing Hornets' pockets four times and still having time to add a blocked shot. Tanner only missed two shots the entire game, shooting 7-9 from the floor, 4-4 out-

April 24, 1999, Richmond Times Dispatch

Women's Basketball
Continued on Page 7



Second Team All-ODAC, Leslie Buhman #50

Lady Jackets Claim ODAC Title

Women Move on to NCAA Tournament

Catherine Bode '99
Staff Writer

The Randolph-Macon women's basketball team has claimed the title of regular season Old Dominion Athletic Conference champions once again! The Yellow Jackets ended their season with an outstanding 22-3 overall record, 20-1 in the ODAC. This is the third time in four years that the Jackets are the ODAC regular season champions, giving them the top seed in the tournament. They currently stand third in the south NCAA Division III region.

The Yellow Jackets' winning streak consisted of nineteen consecutive victories. This included wins over Mary Washington College (87-58), Lynchburg College (93-73), and Roanoke College (70-59). Coach LaHaye commented how the team made her job much easier for, "these players are highly motivated. They want to work, and they want to win."

The Jackets experience a slight disappointment with their loss to Bridgewater College last Thursday, for this was their only defeat in the ODAC. LaHaye noted how the Jackets were a bit out of sync that night, while Bridgewater played very well. She believed her team was, "playing afraid

to lose." However, despite this defeat, the Yellow Jackets ended the season with flying colors, crushing Eastern Mennnonite 92-56. Jamie Tanner knocked down six three-pointers, and contributed a total of twenty points to this victory. Meredith Roberts added 13, while Almee Beightol handed out 10 assists. It is quite safe to say that Eastern Mennnonite never knew what hit them.

The next step for the Jackets is the ODAC tournament, taking place at the Salem Civic Center. Yesterday, the top-seeded Jackets faced RMC-W, the fourth-seeded team. A modest Coach LaHaye commented how the tournament will be challenging, for a lot of the teams have improved throughout the year. She claimed, for example, that the fifth, sixth, and seventh ranked teams consist mainly of freshmen, who have the ability to step up at any moment. She has no doubt, however, that her team will be ready.

Today is the second round of the tournament, and Randolph-Macon will move on to challenge the winner of the Virginia Wesleyan-Washington and Lee contest. The championship game will take place at two o'clock on Saturday, and LaHaye has no doubt that the Jackets will be there, for she states, "This team is focused. They are on a mission, and they want to succeed. I don't think they'll be denied."



Following Loss, Yellow Jackets Await Tournament Seeding

Grant Colvin '01
Staff Writer

Salem, VA — Trailing by a point at halftime, the Yellow Jackets eventually succumbed to Hampden-Sydney 73-61 in the final of the ODAC Tournament. They lost the game at 22-5 and awaiting a berth in the Division III NCAA Tournament. In the semi-final win over Virginia Wesleyan, Joe Goldin led the team with 17, and in the finals, Goldin scored a team-high 16. However,

Matt Mehan and Jonathan Tally named to the 1999 ODAC Tournament Team. Hampden-Sydney's TJ Grimes selected to the all-tournament team as well. Randolph-Macon finds out on Sunday if the get a number three or four seed. NCAA tournament — the event which would give them a first-round opponent — goes on March 4. A five or six seed team would have to play in the tournament.

Good luck — keep the fingers crossed.

Avg.

Spec.

With

With the college basketball season underway, the Randolph-Macon Women's team has an over all record of 4-3.

Coached by Carroll LaHaye and assisted by former Yellow Jacket Almee Beightol, the team is relatively young. However, packed full with versatile players who can perform well in numerous positions, the team is able to depend on its deep bench of young talent.

Returning players from last year's NCAA tournament run, help give this year's team experience and determination. The team led by seniors Brent Elliot, Renee Zando and Beth Richard, hope to use that determination in order to get them back to the tournament again this year.

On Sunday, December 5th, the team traveled to Roanoke College where they opened up conference play. Although the Yellow Jackets put forth a valiant effort, they could not pull out the win. Roanoke played an intense defensive game and capitalized on their turnovers.

Randolph-Macon made an incredible run in the second half, coming



Lyndsey D'Arcangelo '00
Staff Writer

Women's Basketball Starts Season with 4-3 Record

back from a 24 for point deficit to 4 point game. However, by compiling a total of 18 steals, Roanoke was able to hold off the run and pull out a win. Senior Renee Zando had a stellar performance in which she shot 50% from the field and totaled 25 points and 15 rebounds.

On Tuesday, December 7th, the Yellow Jackets hosted another inner conference game against Lynchburg College. Randolph-Macon came out shooting in the first half and shot roughly 50% for the entire game. The team showed its deep and dependable bench by having all players score at least two or more points during the game. Freshman Michelle Cantlin gave an outstanding all around performance with a total of 12 points, 3 assists and 2 steals. Sophomore Allison Blakely also put in a strong performance with a total of 18 points and 6 rebounds.

Randolph-Macon now leads the over all series with Lynchburg 22-5 and has won the last 16 consecutive meetings.

The Yellow-Jackets will play next at home on Thursday, December 9th, against Bridgewater.

Talent and Chemistry Guide Women's Hoopsters

LaHaye Pushing Harder; Setting High Team Goals

Keith McMillan '98
Staff Writer
Jason Eichberger '98
Sports Editor

The Randolph-Macon Women's basketball team is off to an 8-2 start this season, in best since 1995-96, when the team finished 28-2, won the Old Dominion Athletic Conference title and hosted the NCAA South Regional tournament.

This year, following a season-opening loss to nationally ranked Alvernia College 61-58, the Yellow Jackets have won eight of nine, including six conference victories and seven wins by 17 points or more. They've reeled off five straight since a two-point defeat at the hands of Gallaudet University 82-80 in the championship of the Gallaudet Invitational way back on November 30.

The secret to their success? "Talent and chemistry," according to head coach Carroll LaHaye, to head coach Carroll LaHaye.

Getting the team back to the 1995-96 level of play has not been an easy task for coach Carroll LaHaye. Talent is part of the equation.

The team began the regular season last year with none of their starters and only two top reserves from the championship squad. Consequently, the seven freshmen received plenty of time to develop on the court, helping the team to finish 15-10. LaHaye and assistant coach Kelly Mahlum brought in four more freshmen this year to improve on the team's weaker areas. They have paid dividends already. Two have started games and are averaging more than 20 minutes a contest.

Chemistry is the other main factor. "It's kind of like a big happy family," said freshman Jamie Tanner, who led the team in scoring in four straight games with 22, 20, 19 and 18 points. Tanner also leads the team in scoring with 15 points per game.

It's one of the closest teams I've ever been on," LaHaye agrees. "The players get along on

and off the court. They bring those friendships [when they come to play]. I can't take credit for that."

LaHaye can take credit however, for reshaping the team's attitude and setting their goals high. The veteran players can see a difference in her coaching style this season. "Last year it was so laid back," said sophomore Beth Richard. "But she sees our potential this year, so she pushes us back."

Their goals are set no lower than the ODAC championship they were picked to earn in the preseason coaches' poll and the automatic NCAA tournament bid that goes along with it.

To reach those goals, the Jackets will still have to improve in some areas. "We're still a long ways away," LaHaye said, "but we're moving forward. We're meeting our goals one game at a time."

Because offense hasn't been a problem, the team often focuses on defense. There's an old adage which says defense wins championships. The team is completely sold on that.

In their first 10 games, Mac has held seven of their opponents to 62 points or less. On January 6, the women held Hollins College to just 28 points and on December 4, they held EMU to just 48 points.

"Defense is critical," said Richard. "You can win a game with one point if you play perfect defense." While that is not likely to happen, the players strive for defensive perfection.

"Our defense... has pulled us out of a lot of close games and allowed us to run away with some others." The Jackets have won games by 40, 38, 34, 28 and 27 points. The women have netted 86 or more points five teams this season, scoring in the 90's three times.

Most recently, the Jackets have won back-to-back home wins against Guilford College, 90-85 on January 9 and Emory

and Henry College, 90-56 on January 10.

The team traveled to Washington & Lee last night and hosts Roanoke College, traditionally one of the Jackets' toughest opponents, on tomorrow at 2 p.m. Tomorrow is also Back-to-the-Hive in which coach LaHaye annually honors her former players with a special presentation at half-time.

As of games through January 11, the women are ranked first in the ODAC in offense with 81.6 points per game and third in defense by allowing only 61.1 points per game. They are also second in margin of victory, winning by an average of 20.5 points per contest and first in field goal percentage by making 45.8 percent of their shots.

In individual performances Renee Zando is leading the conference with a 63.3 field goal percentage. Allison Beightol is second in assists with 4.6 dishes per game and Jamie Tanner is third in 3-point percentage, knocking down 35.6 percent of her attempts at the trifecta. Also, the team's lone senior, Leslie Buhrman is third in steals, picking her opponents' pockets with an average of 2.9 thefts per game.

Sophomore center Renee Zando has been selected as this week's NCAAs Division III women's basketball player-of-the-week according to *Columbus Multimedia*. Zando, a 6-1 center who hails from Yorktown, Virginia, totaled 50 points, 25 rebounds, five blocked shots, four steals and one assist in leading the Yellow Jackets to three wins last week. Over the three-game stretch, Zando shot 72.4 percent (21-of-29) from the floor and 61.5 percent from the free throw line (8-of-13).

In addition to her national honor, Renee was selected as this week's Old Dominion Athletic Conference player-of-the-week.

Women's Basketball Predicted to Finish 1st in the ODAC

Beightol Twins and Jamie Tanner Return to Lead the Jackets

Catherine Bode '99
Staff Writer

The 1997-98 ODAC regular season champions return carrying with them a set of high expectations, and six freshmen.

The women's basketball program currently stands at its most successful period in history. The Yellow Jackets have been pre-season ranked 16th in the nation by *Division Three News* and 20th by *Columbus Multimedia Group*. They have also been picked to finish first in the ODAC.

The eight returning players this season feel no pressure by these rankings, but instead see them as a source of motivation.

A key factor in the team's success will be for both the Beightol twins, Seniors Aimee and Allison, to stay healthy. As the only two seniors, their talent and leadership ability are crucial to the team.

One end of the court, and then force them to really have to hustle back in order to be in time to defend the Jackets.

Coach LaHaye adds, "This team is a pleasure to work with because they all want to win and compete. They get along so well both on and off the court. The teamwork and comradery are already there, therefore we can focus on the defense and the offense, and then it all falls into place."

The 1998-99 season for the Jackets consists of twenty ODAC contests. They will also play four non-conference matchups.

In their first tournament, the Jackets travel to the Eastern conference teams. On Friday, November 20 the team traveled to Arlington, Virginia to participate in the Pizza Hut Tip Off Classic, hosted by Marymount College. Randolph-Macon was seated number one.

They defeated Centre College 79-50 in the first game. Every single person contributed, and Coach LaHaye commented on the depth that the freshmen players added to the team.

Saturday, the Jackets advanced to the semi-final game against Marymount College. This game kept everyone on the edge of their seats until the last minute, when the Jackets were defeated 79-78.

LaHaye said, "It was definitely a good game. We just allowed the other team to score a few more points."

The Jackets faced King's College on Sunday. Unfortunately, this was one of those days where nothing seemed to go right for the Jackets. Losing 83-63, the team realized it just was not their day. Even the best teams



Perhaps this is the secret to their success?

Junior Beth Richards stated, "The tournament showed us we have a lot to work on. I know we are going to be a really good team though. Everyone is working hard and we are doing well because they want to win. The fact that we are ranked just motivates us more. We do not feel pressured, because we have nothing to lose. It will only push us to be the best!"

"We are lucky because we have a very strong team bond!" expressed Allison.

Women's Basketball Schedule

December 11	R-MC at Randolph-Macon Women's College
January 5	R-MC at Eastern Mennonee Union
January 8	R-MC vs. GUILFORD COLLEGE
January 9	R-MC vs. EMORY & HENRY COLLEGE
January 13	R-MC vs. R-MC WOMAN'S COLLEGE



Leslie Buhrman steals the ball from a Millsaps player. Jenn Kohler and Allison Beightol prepare to run down the court and capitalize on the opportunity.

on January 30. Junior forward Bren Elliot and sophomore forward Jamie Tanner each added twelve, while freshman guard Allison Blakely tossed in ten.

The Jackets continued their streak by defeating Virginia Wesleyan (76-63), Emory and Henry (67-47), and Hollins (93-27). Junior center Renee Zando, and senior guards Allison and Aimee Beightol continued to be key offensive contributors in these contests.

After the win over Hollins on February 7, the Yellow Jackets hold a regular season record of 17-2. They stand undefeated in the sixteen ODAC games. Randolph-Macon ranks third in the South NCAA Division III region, and appears poised to earn a birth into the post-season tournament.

The Jackets have found their stiffest conference competition to be Bridgewater and Roanoke. They conquered Bridgewater (58-53) after a 14-2 run in the last two and a half minutes of the game. Aimee Beightol commented, "It was definitely a team effort! No one player really stood out...we just pulled it together as a team." Two days later the Jackets defeated Roanoke (75-69), and Allison Beightol found herself named player of the week in the ODAC.

During January-term break, freshman guard Meredith Roberts stepped up, contributing fifteen points, and leading four double scorers for Mac on the first game against Hollins

2000s



2000-01



2001-02



2002-03



2003-04



2004-05



FIRST ROW: Megan Mariani, Rachel Kifer, Allison Blakely, Cristin Ethridge, Sarah Crider, Lindsay Thomas, Kate Daniell (Manager)

SECOND ROW: Carroll LaHaye (Head Coach), Shannon Wighington, Erin Blakely, Meredith Roberts, Allison King, Margaret Gray, Lindsay Carroll, Aimee Beightol (Asst. Coach)

FIRST ROW: Emily Crider, Cristin Ethridge, Allison King, Megan Mariani, Meredith Roberts, Lindsay Thomas, Tiffany Fitzgerald, Lindsay Carroll, Sarah Crider, Shannon Wighington

SECOND ROW: Carroll LaHaye (Head Coach), Michelle Walker (Asst. Coach)

FIRST ROW: Tiffany Fitzgerald, Jennie Carter, Allison King, Lindsay Carroll, Megan Silva, Megan Senske

SECOND ROW: Amanda Morris, Michelle Orton, Shannon Wighington, Sarah Crider, Cristin Ethridge, Emily Crider

KNEELING: Jennie Carter, Kristen Morgan, Megan Silva

SECOND ROW: Carroll LaHaye (Head Coach), Ashlee Henshaw, Shannon Wighington, Emily Crider, Michelle Orton, Amanda Morris, Megan Senske, Ana Litton (Asst. Coach)

FIRST ROW: Carroll LaHaye (Head Coach), Megan Silva, Jennie Carter, Salem Shaffer, Nicole Childress, Kristen Morgan, Allison Beightol (Asst. Coach), Ana Litton (Asst. Coach)

SECOND ROW: Maggie Harman, Sarah Crider, Emily Crider, Michelle Orton, Jannessa Morusma, Megan Senske

NOT PICTURED: Marta Merkel, Jay Starke (Asst. Coach), Daniel Cochran (Manager), Amy Thompson (Manager)

2005-06



LEFT TO RIGHT: Carroll LaHaye (Head Coach), Jay Starke (Asst. Coach), Megan Siva, Amanda Hiltunen, Marta Merkel, Maggie Harman, Megan Senske, Kristin Thompson, Michelle Orton, Colleen Orton, Jannesa Morusma, Lindsay Riesbeck, Salem Shaffer, Rachel Parker, Lauren Singer, Kristen Morgan, Ana Litton (Asst. Coach), Allison Beightol (Asst. Coach)

2006-07



LEFT TO RIGHT: Carroll LaHaye (Head Coach), Jay Starke (Asst. Coach), Maryanne Dalla Valle, Amanda Hiltunen, Jess Shifflett, Rachel Parker, Marta Merkel, Molly Ariail, Lindsay Riesbeck, Renee Stein, Salem Shaffer, Nicole Childress, Lauren Singer, Kristen Morgan, Matt Lyons (Mgr.), Kirsten Richter (Asst. Coach)

2007-08



FIRST ROW: Renee Stein, Lindsay Riesbeck, Marta Merkel, Jess Shifflett, Nicole Childress, Jenn O'Briant, Stephanie Grune, Katie Williams

SECOND ROW: Kirsten Richter (Asst. Coach), Carroll LaHaye (Head Coach), Amanda Hiltunen, Molly Ariail, Rachel Parker, Jay Starke (Asst. Coach), Matt Lyons (Mgr.)

2008-09



FIRST ROW: Renee Stein, Maggie Roy, Jennifer O'Briant, Rachel Parker, Amanda Hiltunen, Katie Williams, Molly Brown

SECOND ROW: Kirsten Richter (Asst. Coach), Jay Starke (Asst. Coach), Lindsay Riesbeck, Jillian Asay, Molly Ariail, Taylor Wieczorek, Stephanie Grune, Carroll LaHaye (Head Coach)

2009-10



FIRST ROW: Ashley Jones, Maggie Roy, Renee Stein, Jennifer O'Briant, Katie Williams, Madison Dulaney, Jordan Cantrell

SECOND ROW: Carroll LaHaye (Head Coach), Kirsten Richter (Asst. Coach), Taylor Wieczorek, Jillian Asay, Molly Ariail, Stephanie Grune, Molly Brown, Jay Starke (Asst. Coach)

WOMEN'S BASKETBALL NOTES

SIMPLY STERLING: Freshman guard **Megan Silva** seems worth her weight in gold to the Randolph-Macon women's basketball program.

Silva, a 2002 first-team All-Metro selection from Hermitage, is averaging 11.5 points, 5.8 assists and 3 steals through six games. She leads the Yellow Jackets in each category.

"The transition from high school to the college level has been neither easy for her," R-MC coach **Carroll LaHaye** said. "She sees and understands the game so well and makes very good decisions with the ball."

LaHaye said Silva's value is perhaps best illustrated by another statistic: 38.2 minutes per game. "We need to have her on the floor."

R-MC's coach attended more than a few Hermitage games during Silva's prep career. "You couldn't help but key in on her — that's how impressive she was. I'd sit there and I'd think, 'Oh, man. What a great addition she'd be.' But to be honest, I figured we had no chance. She was so skilled. I figured she'd be getting offers from all over the place."

Working in R-MC's favor, apparently, was Silva's desire to stay close to home while attending college.

"Whatever the reason," LaHaye said, "believe me: We couldn't be more delighted."

Silva, 5-6, contributed 13 points and 11 assists to last Saturday's victory over Eastern Mennonite.

November 17, 2000, R-MC Newspaper

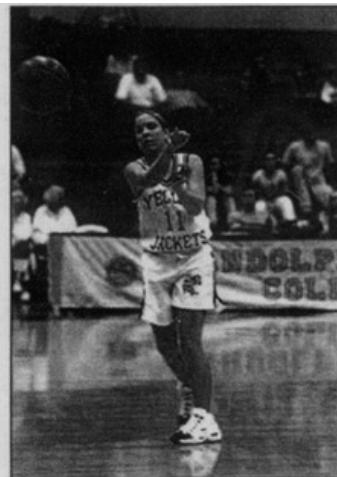


photo from R-MC homepage

Junior guard Megan Mariani is one of the few upperclassmen on the women's basketball team.



Youthful Lady Jackets Face Season of Highs and Lows

Andrew Price '04
Staff Writer

When you are a team without any seniors, it is expected that your season will feature highs and lows.

This is exactly what has happened to this year's women's basketball team.

They started off the season with a 60-58 win over Methodist before losing four in a row. They then followed that up with an 87-60 thrashing of Eastern Mennonite.

After that the team dropped three in a row to Roanoke, Guilford, and

Emory & Henry.

However, the Jackets turned things around once again with four consecutive victories against Hollins, Randolph-Macon Women's College, Lynchburg, and avenging an earlier defeat to Guilford.

During that four game stretch

each game had a different star.

Against Hollins, Allison King scored twenty-four points.

Against R-MWC, the team featured five players in double figures in the 70-39 win, including Meredith Roberts, Sarah Crider, Lindsay Carroll, Allison King, and Cristina Etheridge.

Crider lead the team with thirteen against Guilford and Roberts and Etheridge both scored fifteen against Guilford.

That a different person leads in scoring on a different night shouldn't come as a surprise to anyone because the Lady Jackets are a balanced team featuring three players averaging double figures in points (Roberts, King, and Crider) and with nine players averaging at least twelve minutes of playing time a contest.

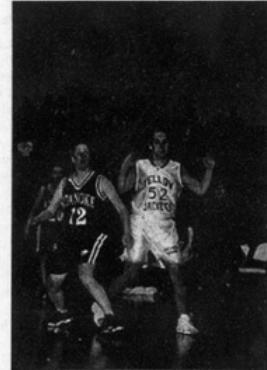
Despite their 6-8 record, the team is playing outstanding defense allowing opponents to shoot 39% from the floor and less than 29% from three-point land.

They also cause opponents to turn the ball over twenty-four times a game.

The defense was noted against Emory & Henry when they held the Wasps to just sixteen first half points or holding Randolph-Macon Women's College to just thirty-seven points total.

However, they are having difficulty holding on to the ball averaging over twenty turnovers a game.

The team continues their seven game home stand throughout the rest of January with games tomorrow against Hollins and January 31 against Eastern Mennonite. They then hit the road to take on Lynchburg, R-MWC, and



■ Silva

— FROM PAGE F1

lineup.

Silva said her teammates' "willingness to accept me helped a lot; it made things a lot easier." Two other factors may have helped more. The first: Silva, a 5-6 dynamo, is a handful for any opponent. The skill and savvy that made her an All-Colonial District, all-Central Region and All-Metro first-team choice as a prep senior are no less conspicuous in the ODAC than they were at Hermitage. "I think the beginning," Silva said, "[R-MC's] coaches gave me the feeling that they respected my decision-making and trusted me with the ball."

The second: Beneath her humble exterior beats the heart of a fierce competitor. "She leads by effort and example. There is nothing fake about her," Yellow Jackets coach Carroll LaHaye said. "She practices and plays with an attitude that says, 'I hate that you're here and I'm going to beat you.'"

Not long ago, LaHaye said, Randolph-Macon permitted a winnable game to slip away and Silva "made it very clear to everyone that she was very disappointed. She takes every defeat personally. Her approach, basically, was, 'This is not acceptable.'"

The heat of intercollegiate competition causes most not to Siliwa to thrive on tension. She seems to thrive on tension: 13 points and 11 assists in a three-point win against Eastern Mennonite, 15 points and seven assists in a one-point win over Bridgewater, 20 points and 12 assists in a three-point win over Guilford.

"Probably there's less stress in a blowout," she said. "But I'm a competitive person, and I really enjoy games that are close all the way down to the wire. That's why I enjoy the ODAC so much. Day in and day out, you never know who's going to win."

• Contact Vic Dor Jr. at (804) 649-6442 or vдор@timesdispatch.com



Randolph-Macon freshman point guard Megan Silva enjoys the close competition she finds in the ODAC.

■ Silva

— FROM PAGE F1

■ Birth: Aug. 18, 1984
■ Hometown: Hermitage, Pa.

■ High School: Hermitage, Pa.

■ College: Randolph-Macon

■ Position: Point guard

■ Height: 5-6

■ Weight: 125

■ Grade: Freshman

■ High School: Hermitage, Pa.

■ College: Randolph-Macon

■ Position: Point guard

■ Height: 5-6

■ Weight: 125

■ Grade: Freshman

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■ College: Randolph-Macon

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■ Weight: 125

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Jackets Take ODAC Tournament

Earns First Round Bye in NCAA Tournament
by Dave Colangelo '96
Staff Writer

With several goals accomplished this season, just one remains for the R-MC Women's Basketball team—the NCAA championship.

The team's 72-55 win over Bridgewater in the conference tournament final secured the team's automatic berth in the NCAA tournament.

On Sunday the NCAA selection committee awarded the jackets a first round bye. Mary Washington defeated Maryville (TN) on Wednesday in the first round 69-66 to earn a spot in the second round playing R-MC Saturday night in Crenshaw Gymnasium with tip-off time set for 7:00 pm.

While they entered the conference tournament as favorites to win, the team was tested several times throughout, in particular in their second round game against Emory and Henry.

Down by three points at the half, R-MC rallied to win 68-64 behind 28 points and 8 rebounds from junior guard Megan Silva and 10 points each from sophomores Kristen Morgan and Salem Shaffer.

In the conference championship game the jackets got contributions from several different players in route to their 72-55 win over Bridgewater. Juniors Michelle Orton and please see Championship page thirteen



The women's basketball team stormed through the ODAC Tournament, just like they did the regular season, undefeated and captured the title. By doing so, they earned an automatic berth to the NCAA Tournament. They will play Mary Washington in Crenshaw Gymnasium Saturday at 7 pm.

Photo courtesy of the Old Dominion Athletic Conference

Championship

continued from page one

Megan Senske both registered double-doubles and Shaffer led all players with a game-high 21 points.

That game concluded the team's unblemished run through the ODAC with a 23-0 conference record.

Their overall record of 26-1 and 19 straight wins makes them one of the hottest teams in the country right now.

For Coach Carroll LaHaye, you couldn't ask for much more heading into the NCAA tournament—the time of year when teams would like to be playing their best basketball.

Often in sports individual success follows team success, and several players on the team have received plenty of individual recognition lately.

Junior Megan Silva was named ODAC Player of the Year and first team all-confer-

ence. Junior Michelle Orton and sophomore Salem Shaffer were both second team all-conference selections and Coach Carroll LaHaye was tabbed as the conference's Coach of the Year.

In addition, Silva, Shaffer, and sophomore Kristen Morgan were all named to the ODAC all-tournament team this weekend.

With the kind of depth, talent, and experience this team has, the sky is the limit in regards to how far they could go in the tournament.

Eclipsing the 1996 team's feat of making the Sweet Sixteen is certainly within reach, although in the minds of the players that isn't their main goal.

The tournament is a series of one game seasons, and for R-MC, that means this Saturday's second round game at home. Be there at 7:00 p.m. to support the team and make sure they have the home-court advantage.

Crider and sweatband play on

R-MC standout rises in face of adversity in Div. III Final Four

BY PAUL WOODY
TIMES-DISPATCH STAFF WRITER

NORFOLK — Emily Crider wears a sweatband inscribed with the initials "JS" near the elbow on her right arm.

And before she takes a foul shot, Crider closes her eyes, says a few words, opens her eyes, touches the sweatband with her left hand, then takes her shot.

Last night against the University of Scranton, Crider went through that routine five times and made three of her free throws. She also made six of seven field goal attempts and

grabbed seven rebounds.

It was one of her best performances—if not the best—of her senior season.

And it could not have come at a better time. Crider's effort helped the Randolph-Macon women's basketball team claim a 70-65 victory over Scranton in a semifinal game of the women's Division III Final Four.

"I think I just realized that this is the Final Four, and as a senior I have to step it up and do what I know I can do and do what my teammates believe I can do," Crider said. "It all just clicked for some odd reason. Thank goodness it was tonight."

"It's been a rough season, and to have everything click tonight ... this is an amazing chance for us."

R-MC beats demons, Bridgewater for title

Yellow Jackets hold Eagles to 19.1 percent shooting; Silva MVP

BY VIC DORR JR.
TIMES-DISPATCH STAFF WRITER

SALEM — The ghost of ODAC finals past returned not to haunt, but rather to help Randolph-Macon's high-flying women's basketball team.

"It was a different team," said Yellow Jackets guard Megan Silva, the tournament's most outstanding player. "Last year in the second half, we were exhausted. This year, we're much deeper — not only in numbers but also in talent and conditioning."

When Bridgewater launched its comeback, Silva said, "Sure [last year] might have been in the back of our minds. But only in a way that made us say, 'There's no way. This is not going to happen again.'"

It didn't. The Yellow Jackets, who led by only five with 6:56 minutes remaining, roared a 19-4 run to the final horn, in the process securing their second ODAC championship in three years and an automatic invitation to the NCAA Division III tournament. Pairings and destinations will be announced today.

Randolph-Macon's heroes were many. Sophomore forward Salem Shaffer scored 21 points, including two 3-pointers in the first 3½ minutes, and played lights-out defense against sophomore forward Shannon Scales, Bridgewater's most dangerous perimeter sniper. Junior post player

seeded Bridgewater (22-6) trailed by 18 with less than three minutes remaining in the first half but chopped its deficit to 11 at intermission and to four early in the second half. At that moment, the air was thick with memories of last year's second-half flameout against Eastern Mennonite.

"The ghost of ODAC finals past returned not to haunt, but rather to help Randolph-Macon's high-flying women's basketball team," said Yellow Jackets guard Megan Silva, the tournament's most outstanding player. "Last year in the second half, we were exhausted. This year, we're much deeper — not only in numbers but also in talent and conditioning."

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Michelle Orton (14 points, 12 rebounds) and junior wing player Megan Senske (10 points, 11 rebounds) produced double-doubles.

Silva, the ODAC's most prolific scorer and a two-time conference player of the year, missed 14 of 18 shots but nonetheless contributed 10 points, eight rebounds and eight assists.

"That's why she is what she is," said Bridgewater coach Jean Will. "She's not just a player. She does so many things so well — like finding the open person and picking up rebounds and loose balls. She makes so many good things happen for us."

Relatively few good things happened at the offensive end for Bridgewater, which shot 15.1 percent in the first half, and 19.1 percent for the game. The Eagles finished with only 13 field goals, eight of which were 3-pointers. Sophomore guard Amy Childs led Bridgewater with eight points.

• Contact Vic Dorr Jr. at (804) 649-6442 or vic@times-dispatch.com

Bridgewater (22-6): Young, J.; Stoll, J.; Heron, M.; Shaffer, S.; Crider, E.; Scales, J.; Childs, A.; Morgan, K.; Orton, M.; Senske, M.; Shaffer, S.; Crider, E.; Scales, J.; Morgan, K.; Orton, M.; Senske, M.

Randolph-Macon (26-3): Grubbs, J.; Crider, E.; Childs, A.; Morgan, K.; Silva, M.; Shaffer, S.; Crider, E.; Scales, J.; Morgan, K.; Orton, M.; Senske, M.

HALFTIME: Randolph-Macon, 16-14

ALL-Tournament TEAM:
Starting 5: Shaffer, Crider, Orton, Morgan, Silva; Substitutes: Shaffer, Randolph-Macon; Kristen Morgan, R-MC; Steger Shaffer, R-MC; Morgan, R-MC.

February 27, 2005, Richmond Times Dispatch



Randolph-Macon's Megan Silva (11) celebrates the Yellow Jackets' ODAC tournament title with teammates Sarah Crider (44), Kristen Morgan and Megan Senske. Silva, a Hermitage graduate, was named the tournament MVP.



April 19, 2005, Richmond Times Dispatch

The Yellow Jackets (30-1) play Millikin (28-2) today at 3 p.m. in the championship game.

"I'm really happy for Emily, this was one of her better games," said Randolph-Macon coach Carroll LaHaye. "It's been a difficult season for her, and I think she proved tonight that she really deserved to be out there on the court. This is her last opportunity to do what she's capable of."

Crider, a 6-2 forward who has started every game for the Yellow Jackets this season, averages 7.9 points and 7 rebounds per game on a team that is playing for a national championship. What has made such a season so rough?

Crider's voice broke and she squeezed her eyes shut to fight back tears as she attempted to answer that question. LaHaye came to Crider's aid.

"If I may, her best friend was killed in a tragic car accident early into the basketball season," LaHaye said.

Jaclyn Joy Szabo was returning to her home in Ephrata, Pa., after attending a Bible study session when her car swerved across the road and into the path of an oncoming car.

"She might have hit a patch of black ice," Crider said, after regaining her composure. "It's been a little rough. My teammates definitely stepped in and made sure everything was OK."

"That's always been in the back of my mind this season. That's why I wear my armband with Jackie's initials. I think that's why I've been having a rough season. But I finally pulled it together, and it was all for her. This season was all for her."

R-MC downs Mary Washington in NCAA 2nd Round Game

by Danny Jones '06
Staff Writer

For a moment in the first half of Randolph-Macon College's 89-76 victory over Mary Washington College on Saturday, March 5, it looked as if Mary Washington would be able to pull off the upset over the top seeded Jackets.

Then Macon's junior guard Megan Silva stepped up.

With the Eagles down one at 26-25 about midway through the first half, Silva scored 8 straight points for the Yellow Jackets to give Macon the lead back and the top seeded Jackets never looked back, eliminating Mary Washington College.

Once again, Silva led the way, scoring 25 points and racking up 5 assists for the Yellow Jackets. However, none of her points or assists were as important as her one stretch in the middle of the first half.

"I've said many times, as Megan goes, so goes our team," Randolph-Macon coach Carroll LaHaye said. "And that was a classic example to season where Scranton dominated the

Yellow Jackets winning by 32 points.

But, Strong believes that this Yellow Jacket team that he will face this weekend is much stronger.

"I am much more impressed with them now. They really use the post players more this year," Strong said.

LaHaye agreed that her team is much better than the last one that faced Scranton and she offered her own reasons on the improvement.

"We are much deeper now, and we had a lot of players that were sick during that game. (Michelle) Orton did not even play in the game, but that is no excuse. We did not play well that game and are a much better team now," LaHaye said.

As for which team has the advantage this game, both coaches agree that Randolph-Macon has a height and post player advantage, but that Scranton is a quicker more aggressive team.

"The match-ups favor (R-MC). (Megan Silva) is probably the best point guard in the nation (NCAA Division III). She is just so quick," Strong said.

"We do have a height advantage, but we need to utilize it. We do not always do the best job at that. (Scranton) is an aggressive running team, but do lack height. (Strong) is going to have his team well prepared," LaHaye said.

The winner of this game will face off against the Milliken/Southern Maine victor in the NCAA Division III National Championship game at 3pm

Silva scores 23 points as Randolph-Macon survives Trinity in OT

Photo by John Irby

Yellow Jackets one win from title

Silva scores 23 points as Randolph-Macon survives Trinity in OT

BY VIC DORR JR.
TIMES-DISPATCH STAFF WRITER

A great deal of brilliance and a little bit of luck carried the Randolph-Macon women's basketball team to what may have been the most memorable — and significant — victory in program history.

Junior point guard Megan Silva scored 23 points, many of them inconceivably creative, and sophomore guard Kristen Morgan contributed a back-breaking three-point play with 28 seconds remaining as the fifth-ranked Yellow Jackets defeated ninth-ranked Trinity 82-77 in overtime last night in the Sweet

16 of the NCAA Division III tournament.

Randolph-Macon (28-1) will go where it has never gone before. The Yellow Jackets, winners of 21 in a row, will face George Fox in tonight's sectional final in Crenshaw Gym. At stake is a berth in next week's Division III Final Four at Virginia Wesleyan.

Silva, a former All-Metro performer at Hermitage High School, seemed weary but euphoric in the aftermath of a contest that included not only her magic but also a 33-point effort from Trinity post player Tara Rohde and a 23-point outburst from Tigers guard Amy Howe. She laughed and shook her head when asked to share her impressions of the evening. "Amazing," she said. "Indescribable. What an incredible atmosphere."

A boisterous, near-capacity crowd watched Trinity (25-5) recover from a 57-48 deficit with just over eight minutes remaining. The Tigers closed to 69-68 on Rohde's basket with 41 seconds remaining and, following a Yellow Jackets turnover, began searching for the game-winning points.

Howe, a 79 percent free throw shooter, was fouled with 11.4 seconds remaining. She made only 1 of 2, thereby sending the game into overtime.

The Yellow Jackets made the most of their reprieve. They scored on eight of their 11 possessions in overtime. Trinity guard Jenna Smith, fouled twice within eight seconds near the 3:00 mark, opened the door for the Yellow Jackets by sinking only one of her four foul shots. Thereafter, R-MC was unstoppable. Emily Crider's jumper from the right baseline and Silva's jumper from the right elbow nudged the Yellow Jackets into a 77-74 advantage.

Rohde scored from deep in the paint at :56.2. Then Morgan rebounded for work. With the shot clock racing toward zero and the crowd shrieking desperately, Morgan drove the right baseline and pulled up for an 8-footer after drawing contact from Smith. The shot dropped softly into the net. So did her subsequent free throw. Bedlam followed.

The Yellow Jackets won by shooting 51.4 percent in the sec-

ond half and 57.1 percent in overtime. Their offensive precision enabled them to overcome a significant first-half rebounding deficit: 20-12 overall, 12-2 beneath the offensive glass. Post player Michelle Orton scored 13 points for the Yellow Jackets. Crider and backup post player Jamessa Morrissey added 12 apiece.

"This was probably the best game we've played all year," said Yellow Jackets coach Carroll LaHaye. "I don't know if it gets a whole lot better than this."

• Contact Vic Dorr Jr. at (804) 649-6442 or vdorr@times-dispatch.com

Trinity (25-5): Farar 16, Rohde 33, Smith 5, Howe 23, Weller 6, Danner 4, Morgan 10, Lewis 13, Williams 6, Morrison 4, Schubert 4. Totals: 32 13-28 73. 3-point goals: Howe 2.

Randolph-Macon (28-1): E. Crider 11, Orton 13, Morrissey 12, Silva 23, Orton 13, Lewis 6, S. Crider 3, Morrison 12. Totals: 35 8-17 82. 3-point goals: Shaffer 1, Morrissey 3, Crider.

• Contact: Randolph-Macon 36-29
At: 1-800-649-6442

Georgia Fox (22-10): Powers 8, Thomas 3, Lefc 26, Clark 23, Belkay 7, Taylor 6, Boyd 6, Campbell 6, Totals: 24 15-22 74. 3-point goals: Lefc 8, Clark 5, Campbell 2.

S. Benedict (24-9): Helonen 14, Johnson 21, Kemp 14, Daford 6, Morris 5, Zweig 4, Schroe 3, Johnson 1, Boone 6. Totals: 25 9-13 68. 3-point goals: Shaffer 1, Morrissey 3, Crider.

• Contact: S. Benedict 48-34
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S. Benedict (24-9): Helonen 14, Johnson 21, Kemp 14, Daford 6, Morris 5, Zweig 4, Schroe 3, Johnson 1, Boone 6. Totals: 25 9-13 68. 3-point goals: Shaffer 1, Morrissey 3, Crider.

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Beats Scranton, Loses to Millikin; Finished NCAA Runner-Up

by Dave Colangelo '06
Staff Writer

The women's basketball team's storybook season came to an end last week as the Yellow Jackets lost to Millikin University 70-50 in the NCAA Division III National Championship Game. The Jackets struggled shooting the ball, as they hit just over 25% of their shots on their way to scoring a season low in total points. Junior Megan Silva paced the Jackets with 11 points and senior Emily Crider had 10 points and 7 rebounds. The game was only the second losing effort for the team this season as they finished 30-2 overall and 23-0 in ODAC league play.

Earlier this season when Coach Carroll LaHaye was asked if this squad was her best ever, she said that they still had a lot to prove. In the weeks following, her team went out and did just that. They won three games in three days to take the conference tournament and the automatic bid to the NCAA Tournament.

After a first round bye, the team disposed the University of Mary Washington 89-76 in the second round to advance to the "Sweet 16." Randolph-Macon hosted the next two rounds, where the Jackets needed overtime to take care of Trinity, and then ran away from George Fox in the Elite 8 to win the NCAA Regional finals.

Born to be a Yellow Jacket

by Megan Senske '06
Copy Editor/Senior Writer

Not many Randolph-Macon students can say that they've been destined to be a Yellow Jacket their whole lives, but for senior Megan Silva, that appears to be the case.

The basketball standout first showed her blood ran yellow and black when she was fourteen-months old and she dressed up as a yellow jacket in front of her parents. Since then, it's appeared as if Silva has been ordained for greatness at Macon.

Although recruited by other schools, including Division I and II programs, Silva chose Randolph-Macon because it seemed to be the perfect fit for her.

"Well, when I came on my visit here I got that gut instinct that you get," Silva said. "I didn't get that feeling anywhere else."

house in Glen Allen.

When no one picks up the phone at the Silva residence, the answering machine picks up and quips "You've reached the Silva residence, we're not available to take your call because we're out back shooting baskets. Leave a message." Although this may seem like an exaggeration, Silva explains that it isn't really.

"We have a basketball hoop outside our back yard and I remember when I was a kid, I used to be out there for literally three hours just shooting," Silva said. "The answering message was normally right, outside was a pretty logical place for us to be."

Silva attributes her competitive nature on the court as being born on that driveway basketball court while playing against her father.

"We used to play one on one together all the time and that is evidently where she got her

Waiting for the Jackets in the Final Four was #1 ranked University of Scranton, a clear favorite to win the title. In their most balanced effort all season, five players scored in double figures as R-MC took the back-and-forth game 70-65 for the right to play for the school's first ever national championship. After winning 22 straight games and beating several teams that were supposedly "better," the Yellow Jackets seemingly ran out of gas against Millikin. For the team's three seniors, their quest for a title may have come up just short, but they can take solace in knowing that they extended their careers for as long as they possibly could have.

The team's historic run to the finals was marked by several individual achievements as well. On Nov. 30, head coach Carroll LaHaye won her 200th career ODAC game in a win against Lynchburg. On Jan. 30, in a game against Emory and Henry, Senior for-

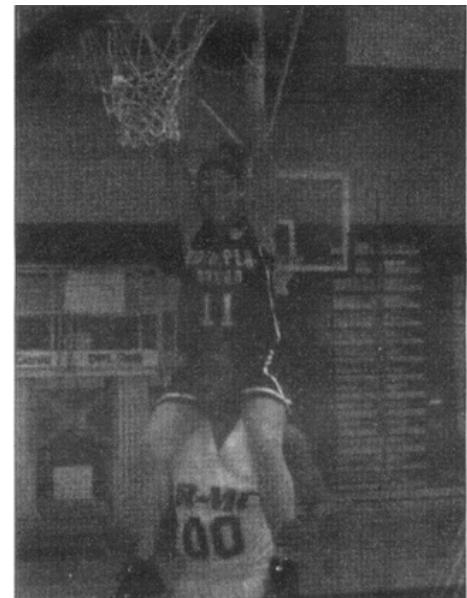
please see Final Four page ten



December 9, 2005, RMC Newspaper

photo by John Irby

Junior Salem Shaffer dribbles around a screen set by senior Michelle Orton against Christopher Newport. The team received their championship rings from last season in a ceremony before the game.



Justin Wansley lends Megan Silva a helping hand allowing her to dunk. Both of these preseasone first-team All-Americans are known for lending a hand to their teammates.

photo taken by Ryan Castle '06



November 18, 2005, RMC Newspaper

By Dave Colangelo '06
Co-Sports Editor

The Randolph-Macon College women's basketball team begins its defense of the Old Dominion Athletic Conference championship tonight with the opening round of the R-MC Tip-Off Classic. The Jackets will square off against Christopher at 6:00 pm in Crenshaw Gymnasium.

2006 edition of R-MC women's basketball looks very different from last season's record-setting group. The coaching staff was able to carry that success over to a successful recruiting season, bringing in four capable newcomers and two experienced transfers.

What's scary is that this year's squad is actually better in terms of talent than last year's team. They have four seniors who

ers, with do-everything guards Kristen Morgan and Salem Shaffer and forward Marta Merkert. Morgan and Shaffer were both full-time starters on last year's team and will likely occupy similar roles this year around.

Colleen Orton is teammate Michelle Orton's taller sister. Colleen is listed at 6'5" on the roster whereas Michelle is listed at 6'3". Colleen's arrival adds depth to the frontcourt and will help fill the void left by forward Emily Crider, who graduated last spring.

To replace last year's three seniors, the coaching staff brought in a talented four-player recruiting class of Lauren Singer,

Gearing up for Another Run

With four returning starters from their national champion runner-up team, women's basketball tips off as the number two preseason ranked team in the nation

By Dave Colangelo '06

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SPORTS



Check out senior spotlights on basketball players Michelle Orton and Rob Harris.

January 20, 2006, RMC Newspaper

Senior Transfer Looked on to Help Bring a National Championship to The Yellow Jackets

by Megan Senske '06

Co-Sports Editor

Transferring schools is never an easy. Leaving behind good friends, roommates and your favorite professors is hard. But for Kristin Thompson, a senior transfer to the Randolph-Macon College women's basketball team, the adjustment has been in stride and easy.

Thompson just moved 15 miles north from Virginia Commonwealth University to Randolph-Macon College and although the schools are extremely different, at least she only had to change one school color, from the black and gold of VCU to the black and lemon of Randolph-Macon.

The similarities between the two schools end at their similar color scheme, though.

"Walking to class there are a lot of homeless people and beggars," Thompson said. "It's not really the type of environment you want to spend your time in."

But Thompson spent three years there, playing basketball for the VCU Rams. Unhappy with a new coach being brought in her freshman year and the way the new coach approached the Division I game, Thompson quit the team last year and decided to transfer to a school that better suited her for her senior year.

After much thought, Thompson decided that she wasn't going to play basketball at her new school, her heart told her otherwise.

"Kristin said she had already decided that

she wanted to play basketball at her new school but she had to tell me she really missed it at school," Randolph-Macon head women's basketball coach Carroll LaHaye said.

"Kristin and her parents came to our home game against Emory and Henry last year and I just knew how much fun we were having and she just wanted to know if she could have one more year with us," LaHaye said.

"Kristin successfully transferred to Randolph-Macon but the biggest transition would have been such a highly successful women's basketball program who returned the core nucleus of their national championship team," LaHaye said.

"We were really anxious about obtaining a senior transfer because it was something that had never happened to us before," LaHaye said.

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she wanted to play basketball at her new school but she had to tell me she really missed it at school," Randolph-Macon head women's basketball coach Carroll LaHaye said.

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Thompson thought that the transition to the team might be awkward, since she put herself in such a tough spot but says that the team accepted her with open arms.

Not only was the basketball a better fit for Thompson, but the school was as well.

"I like the school better because the classes are so much smaller at Randolph-Macon than they were at VCU," said Thompson.

Thompson will be looked to play a key role in the Yellow Jackets quest for a national championship this year.

"She's an amazing basketball player that plays with aggressiveness and intensity that we need," junior Salem Shaffer said.

"Kristin is a very powerful force on the inside and knows how to find the open spot on the court by constantly moving and slashing. She has good inside moves and is a very unselfish player," said senior Megan Silva.

"She's a great addition and a welcome addition to an already talented team."

This newly acquired addition already feels like she belongs to Randolph-Macon College.

"I guess I could say I'm a true Randolph-Macon student now because I did jump in the fountain," said Thompson.

"I feel like I went through the rite of passage, like many people have and I can truly say now my heart belongs to Randolph-Macon."



photo by John Irby

R-MC junior guard Kristen Morgan dribbles past an Emory and Henry defender.

Randolph-Macon pounds Guilford 82-45

FROM STAFF AND WIRE REPORTS

The Randolph-Macon women's college basketball team rebounded from its first conference loss of the season to Bridgewater by trouncing Guilford 82-45 yesterday.

Megan Silva (Hermitage High School) led the Yellow Jackets over the Quakers with 17 points, and Michelle Orton pitched in 14.

Jennifer King (13 points, 6 rebounds) led three Guilford scorers in double figures.

Guilford (2-2 ODAC, 3-6) — King 13, Bumpner 10, Grimes 5, Ellis 12, Koehler 5, Spain 6, Muckett 6. Totals: 15 11-18 45. 3-point goals: King 3, Bumpner 1.

Randolph-Macon (6-1, 7-2) — Morgan 6, Silva 17, Shaffer 6, Senske 8, Orton 14, Harman 4, Biesbeck 6, Hiltunen 6, Thompson 4, Singer 0, Morusma 9, Orton 2. Totals: 37 7-9 82. 3-point goals: Silva 9.

January 8, 2006, Richmond Times Dispatch

In other games:

■ WASHINGTON AND LEE 78, HOLLINS 53:

Washington and Lee (3-4 ODAC, 4-6) put 12 players in the scoring column 46 led by Jessica Hunsinger with 18 46 as it defeated Hollins (0-7, 0-10) in Lexington. Hollins 46 LeighAnn Woodley led all scorers with 21 points.

■ WINTHROP 67, LONGWOOD 58:

Ashley Carey (18 points) led four Winthrop players in double figures as the Eagles (5-7) beat Longwood (4-11) in Rock Hill, S.C. Longwood 46 Ashley Mason led all scorers with 23 points.

■ BOWIE ST. 57, VIRGINIA ST. 44:

Virginia State fell victim to cold shooting 46 14 of 58 on field goals 46 and lost to Bowie State at Bowie, Md. VSU (0-1 CIAA, 1-11) had no player in double figures while Bowie State (2-1, 6-6) was led by Allyson Swales with 20 points and Krystal Earle with 18.

■ MD-EASTERN SHORE 68, HAMPTON 53:

Hampton (1-1 MEAC, 3-7) held off the Eastern Shore (1-1 MEAC, 3-7) in a double overtime affair. Hampton 46 13 points, while the Hornets (2-4, 3-7) were paced by Caroline Wesley 46 double-double of 22 points and 12 rebounds.

■ BRIDGEWATER 82, R-MWC 52:

Amy Childs scored 16 points and added seven rebounds to lead Bridgewater (4-1 ODAC, 6-4) to a win over Randolph-Macon (0-6) College (2-3, 3-5) in Bridgewater.

■ EAST. MENNONITE 67, LYNCHBURG 49:

Lynchburg committed 21 turnovers in a loss to Eastern Mennonite in Harrisonburg. Amanda Rennolds led the Lady Royals (3-3 ODAC, 4-11) with 13 points, while the Hornets (2-4, 3-7) were paced by Caroline Wesley 46 double-double of 22 points and 12 rebounds.

■ CHOWAN 75, CHRIS. NEWPORT 66:

Christina Addison had a season-high 33 points for Chowan (9-5) as the Lady Braves beat Christopher Newport (6-5) in the championship game.

points) led four Maryland-Eastern Shore (1-1 MEAC, 3-7) players in double figures in a victory at Hampton (1-2, 1-11).

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Tournament in Buena Vista, Nikki Rowland 46 19 points and five rebounds paced the Lady Captains, and Candace Bryant added 18 points and seven rebounds.

■ NEW JERSEY CITY 68, SHENANDOAH 62:

Latrese McNair had 19 points and 12 steals for New Jersey City (5-5) as the Gothic Knights advanced to the championship game of the Washington & Jefferson Presidents Classic tournament with a victory over Shenandoah (2-6). Stephanie Herold led the Hornets with 16 points.

■ RADFORD 79, IPFW 77: Corrie Fertitta hit a 19-foot buzzer beater in overtime to cap a 13-point comeback victory for Radford (6-6) over Indiana University-Purdue University Fort Wayne (2-11) in Fort Wayne, Ind. Radford 46 Shavon Earp scored a team-high 20 points, with one of her baskets tying the score to send the game into overtime.

Women's Basketball Reclaims Top ODAC Spot

by Dave Colangelo '06
Co-Sports Editor

The R-MC women's basketball team notched its 20th win Saturday night, defeating Eastern Mennonite University 88-66. It was their 14th win in a row and it brought their record to 20-2 overall, 17-1 in ODAC play. Senior guard Megan Silva led all scorers with 32 points, and junior guard Salem Shaffer had a hot shooting night, going 8-11 from the field for 18 points. Seniors Michelle Orton and Kristin Thompson grabbed 7 rebounds apiece.

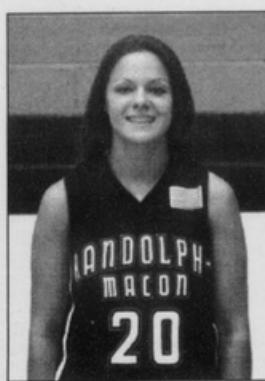
The Yellow Jackets have just two regular season games remaining; back-to-back road contests against Randolph-Macon Women's College tomorrow and Hollins University Sunday. From there, it's on to the conference tournament.

friends and family in attendance. Also on that night, Megan Silva moved into 1st place all-time in the ODAC for career assists.

The next day the Yellow Jackets traveled to Pomona, NJ, where they beat Richard Stockton College of New Jersey 63-56. Silva led all scorers with 27 points, while Orton chipped in 16 points and 3 rebounds. R-MC led by as many as 11 points in the second half before Stockton rallied to tie the game with just over 2 minutes left to play. But Silva would go on to score R-MC's final 6 points, including a pair of free-throws at the end to seal the win.

Division I format, where conferences can have 4, 5, or even 6 teams in the tournament, it is rare for a conference to have 1 or 2 teams from the same III conference to get bids. 38 conferences that qualify for automatic berths for their conference. Those are considered automatic qualifiers for the conference. There are about 4 spaces for Pool B teams, which are instant institutions or schools that don't qualify for automatic bids. The remaining 22 slots are for Pool C, which are filled by other teams from the automatic qualifier conferences.

The team isn't looking past anything, however, starting with this weekend's games. Coach LaHaye said she believes her starters are playing consistent basketball, which no doubt has contributed to the team's 14 game win streak. Following the Hollins game Sunday, the Yellow Jackets will have a few days to prepare for the ODAC tournament which begins Thursday in Salem, VA.



Senior Spotlight: Megan Senske

by Dave Colangelo '06
Co-Sports Editor

For as long as she can remember, R-MC senior Megan Senske has been playing basketball. Starting in the fourth grade and for years after, she was always involved with various AAU basketball teams.

And while her career as a forward on the R-MC women's basketball team has had its ups and downs, her love for the game has never wavered.

Senske came to Randolph-Macon four years ago from North Hunterdon High School in Annandale, NJ. In high school she played softball and ran track and cross country in addition to playing basketball.

The R-MC coaching staff was able to secure her services despite numerous other opportunities to play basketball, including Catholic, Washington and Lee, and Salisbury.

She made her presence felt immediately as a freshman, appearing in all 30 of the team's games and averaging 2.3 rebounds per game.

As a sophomore she stepped into the role as a full time starter and brought her scoring up to 7 points a game to go along with 5.4 rebounds.

Her success on the basketball court pales in comparison to her ability in the classroom. Senske is a student in the R-MC hon-

February 17, 2006, RMC Newspaper

Women's Basketball Dominates ODAC

Defeats Bridgewater 79-65 Saturday, Begins NCAA Play Tonight Against Hood

by Dave Colangelo '06
Co-Sports Editor

For the second consecutive season, the R-MC women's basketball team is the Old Dominion Athletic Conference (ODAC) champion.

They defeated Bridgewater College Saturday 79-65 in the championship game of the conference tournament. Senior guard Megan Silva led all scorers with 34 points, and junior forward Salem Shaffer contributed with a double-double, scoring 13 points and grabbing 10 rebounds.

Randolph-Macon and Bridgewater split their 2-game regular season series with each team winning their home game. That set the stage for Saturday's final, where the two top teams in the ODAC met.

The Yellow Jackets had lost to Bridgewater Jan. 3 with a score of 83-81. R-MC led by as many as 17 points and held onto a 12 point lead going into halftime. Bridgewater cut the lead to 8 with 12:50 left to play in the game, but that was as close as they got. The Yellow Jackets ended up with a 14 point win and Bridgewater never led the game.

R-MC's earlier tournament opponents hardly fared much better

than Bridgewater. They defeated Washington & Lee University 79-71 in the opening round, in what turned out to be their smallest margin of victory in the tournament.

That game went back and forth early before R-MC jumped out to a 16 point lead with just over 4 minutes left in the first half. W&L was able to cut that lead to 9 points at the break, and then eventually take the lead with 14:51 left in the game. That was the best they could muster, however, as the Yellow Jackets regained the lead for good moments later on a Silva 3-pointer.

R-MC's semifinal opponent Guilford College was able to stay close through much of the first half, only to trail by 13 points at halftime. Then, as they had done all season long, the Yellow Jackets came out and buried Guilford, leading by as many as 28 points down the stretch en route to an 85-63 win.

The team saw big contributions from several players, including 22 points from senior center Michelle Orton, 20 points from Silva, 10 from freshman forward Lindsay Riesbeck, and 10 rebounds from senior forward Megan Senske.



photo courtesy of the Senske family

Senior Michelle Orton fights for the ball during the tip-off of Saturday's ODAC championship game. The Yellow Jackets reclaimed their ODAC title for the second year in a row, defeating Bridgewater 79-65. They begin NCAA play tonight at home against Hood College at 7 p.m.

The Yellow Jackets had an average margin of victory in the ODAC tournament of over 14 points per game.

More importantly, the win guaranteed them a spot in the NCAA

tournament. R-MC will host first and second round games, starting tonight with a double header. Greensboro takes on Moravian at 5 p.m., after which R-MC plays Hood College at 7 p.m.

Ex-Panthers Silva, Hiltunen provide lifts in NCAA tournament

BY VIC DORR JR.
TIMES-DISPATCH STAFF WRITER

Greensboro College no doubt wishes the Hermitage High School alumnae association had chosen another location for its most recent get-together.

Former Panthers standouts

Megan Silva and Amanda Hiltunen played central roles last

night as the Randolph-Macon women's basketball team captured a 75-61 victory over Greensboro and advanced to the Sweet 16 of the NCAA Division III tournament, the first time in many years. The NCAC will announce third-round matchups and destinations this morning.

Silva, Randolph-Macon's senior All-American point guard, was her usual splendid self: 25 points, seven assists, seven steals. Hiltunen, a freshman guard, was less conspicuous but no less significant. She came off the bench to score 10 first-half points, including 3-pointers in as many possessions.

"I remember [Hiltunen] always seemed to give us a big spark coming off the bench my senior year at Hermitage, and she's doing very much the same thing this year," Silva said. "When I drive and she's open, I'm going to look in her direction because I know the chances are good that she's going to catch it. She's got all the confidence in the world in her, and I'm glad she's starting to show some confidence in herself."

Said Hiltunen, who scored seven points and grabbed five rebounds in Friday's first-round victory over Hood: "It was a big game, sure. But I kept telling myself, 'It's just a game, that's all.' I think if you get caught up in the whole idea that, 'Oh, my god. If we lose, we're going home,' you're going to hurt yourself and your team. So I tried to treat it like it was just a game and not take it so seriously."

Greensboro had no choice but to take Hiltunen and fellow freshman reserve Lindsay Riesbeck

Jackets reach Sweet 16

Both flocks of Eagles keep soaring in D-III

FROM STAFF REPORTS

NEWBURY, N.Y. — Marsja Kader scored 21 points, and Amanda Childs added 19 as Bridgewater closed out Baruch 72-49 yesterday in a second-round Division III women's tournament game.

Sharon Scales added 10 for the Eagles, who advance to the second round on March 10 against Southern Maine.

The Eagles hit eight 3-pointers, four by Kinder, and were 16 of 18 from the foul line. They led 32-22 at the half.

Bridgewater (24-6); **Childs** 19; **Scales** 10; **Kader** 21; **Childs** 19; **Sharon Scales** 10; **Baruch** 72-49.

WOMEN

DIVISION III WOMEN

R-MC 75
GREENSBORO 61

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WOMEN

DIVISION III

MARY WASHINGTON 68,
GREENSBORO 48

FREDERICKSBURG — Lisa Tracy scored 18 points, and Debbie Bruen added 16 as the Eagles won a second-round NCAA tournament game.

Mary Washington, which trailed 29-23 at the half, will play Bowdoin (26-2) on Friday.

Mary Washington (29-30); **Tracy** 18; **Bruen** 16; **Childs** 12; **Debbie Bruen** 16; **Barrett** 10; **Fredericksburg** 29-23.

WOMEN

DIVISION III

MARY WASHINGTON 68,
GREENSBORO 48

FREDERICKSBURG — Lisa

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Women's Basketball Looks Towards Rebuilding

by Tyler Sansom '07
Sports Editor

When you loose four seniors, all of whom played significant minutes and one that was an all-American and the division III player of the year, you've got some work to do.

This is no new fact to the women's basketball team as it looks forward to the upcoming 2006-2007 season but this years team will dawn a new style that has yet to be seen in the last four years of the women's hoops program.

Head Coach Carroll LaHaye noted that "we have gone from one of the tallest teams in the ODAC to the shortest." With height being a significant thing in the world of basketball, the women will have to rely on other talents to defend their ODAC title from last year and earn another berth in the NCAA tournament.

The team will look to senior captains Kristen Morgan and Salem Shaffer for leadership and guidance according to Coach LaHaye.

Morgan will be counted on for her defensive prowess as

Coach LaHaye noted that Kristen is "by far the best defensive player in the conference and is known for her ability to take players out of their comfort zone when handling the ball." As for Shaffer, Coach LaHaye noted that she has been moved to a different position due to this squad's lack of overall height but will be a strong contender in the post spot. Other key returning players include junior guard Marta Merkel who returns from an ACL injury and she will share significant scoring responsibilities along side sophomore Amanda Hiltunen.

Of the incoming crop of players, Coach LaHaye singled out a few in particular that included post player Molly Arial, forward Renee Stein who can play all over the court and Maryanne Dalla Valle at guard who can handle the ball as well as shoot for the Jackets.

Along with other guards on the team University of Mary Washington transfer Jess Shifflett will be counted on to help replace all-American point guard Megan Silva as she will bring much needed experience to the guard position. Also helping with the lack of height at the post positions

will be sophomore Lindsay Riesbeck and junior Nicole Childress.

Coach LaHaye concluded her thoughts about the upcoming season mentioning this team will be young but the team mentality would be "we court and capitalize on any strengths we have."

As far as key conference match-ups through out the season Coach LaHaye stated that "The ODAC games will be many because not many teams lost many players as we did. Each ODAC game will be a challenge for us because the ODAC becomes so competitive."

The team opens up its season at home on November 17 & 18 hosting the All Lines Insurance Tip-Off Classic that includes Averett University, Methodist College, and Catholic University. R-MC tips off against Averett at 6:00p.m. followed by Methodist versus Catholic at 8:00p.m.

WOMEN'S BASKETBALL NOTES

CHANGING OF THE GUARD: If Randolph-Macon's 2006-07 women's basketball team was an automobile, **Carroll LaHaye** would already have removed and discarded the rear-view mirror. That is because LaHaye, the Yellow Jackets' coach, has no desire to look backward as she steers her club into the new season.

Not that she won't be tempted. The graduation of two-time All-American and 2006 national Division III player of the year **Megan Silva** has deprived the Yellow Jackets of the finest and most dynamic competitor in school and Old Dominion Athletic Conference history. Gone, too, are two other seniors, solid players both, who helped carry the Yellow Jackets to 98 victories, three ODAC championships and an NCAA runner-up finish in the past four seasons.

"I'm going to miss [Silva]," LaHaye said. "So will her teammates. So will anyone who ever had the privilege and the joy of watching her play. But if you're asking if I'm sitting here crying in my beer, my answer is 'No.' I don't need to do that or want to do that because the fact of the matter is, it's time to move on. As much as we might wish otherwise, we don't have them any more. It's like that line from Hoosiers: 'This is our team.'"

Granted, LaHaye said, "it would be very easy to come crawling into the office and say, 'Oh, my gosh — what are we going to do without those guys?' It would be very easy to get caught up in the success we've had over the past few years." It would be easy, that is, with a collection of players other than the one she now has.

"This team is young and very enthusiastic and very motivated. When I'm around them and I see their enthusiasm, I'm not the least bit worried. Now — will we be as successful as we've been in the past? Who knows? But I can tell you this: They

want to win and they want to prove to everyone that they're capable of competing."

In addition to the losses she expected — Silva, senior post player **Michelle Orton** and senior wing player **Megan Senske** — LaHaye is adjusting to the departures of three other players: junior posts **Colleen Orton** and **Jannessa Morusma** and junior guard **Maggie Harman**. Reasons personal and/or medical and/or financial have prompted those women to withdraw from school. Senior wing player **Marta Merkel** has recovered from a knee injury and is expected to be at or near full speed when practice starts on Oct. 17.

ROAD TO RECOVERY: Liberty insiders say sophomore forward **Megan Frazee** has bounced back nicely after losing more than half of her freshman season to a knee injury. She is said to be strong, fluid and comfortable. Frazee, 6-3, was averaging 18.5 points and 9.8 rebounds when she was hurt in January. Her triplet sisters, **Molly** and **Moriah**, contributed a combined 11.6 points and 7.0 rebounds to the Flames' 25-6 season.

Megan Frazee's return to active duty has created an odd and perhaps unique personnel wrinkle at Liberty. The Flames' 14-woman roster hasn't changed in the past year. No seniors graduated. No freshmen joined the program.

POLL POSITION: Old Dominion's **David Walker**, the school's interim athletic director, told the **Lafayette Daily Advertiser**: "Our women's basketball program has made tremendous strides in the past four years, and together they're going to keep us headed in the right direction."



RM-C coach Carroll LaHaye is ready to move on after the loss of All-American Megan Silva.

Neither logged a minute of playing time in 2005-06.

Virginia is ranked 20th in the Street & Smith's poll. The Cavaliers will play host to the Lady Monarchs on Nov. 12 in the first regular-season women's game in U.Va.'s new John Paul Jones Arena.

ALL IN THE FAMILY: Former Virginia Commonwealth University player and assistant coach **Meredith Sisson Hall** has been promoted to the position of co-head coach at the University of Louisiana-Lafayette. Hall, who is married to Ragin' Cajuns head coach **J. Kelley Hall**, served as Louisiana-Lafayette's volunteer assistant coach from 2003-06.

David Walker, the school's interim athletic director, told the **Lafayette Daily Advertiser**: "Our women's basketball program has made tremendous strides in the past four years, and together they're going to keep us headed in the right direction."

Louisiana-Lafayette posted an 18-10 record in 2006.

— Vic Darr Jr.

Women's Basketball

The women's basketball team is off to a strong start for the 2006-2007, having gone 2-0 prior to Thanksgiving break while hosting the All-Lines Insurance Tip-Off Classic. The tournament featured Methodist College, Catholic University, and Averett College in addition to R-MC with the women posting win's against Averett and Methodist.

In a 88-55 win over Averett, freshmen Molly Arial made her debut as a Yellow Jacket scoring 16 points and grabbing 12 rebounds for a double-double. Other big contributors for R-MC was sophomore

October 5, 2006, Richmond Times Dispatch

R-MC Women's Basketball Heading to NYU for NCAA Division III Sectionals

ASHLAND, VA - On the heels of a 74-59 victory over William Paterson on Saturday night, the Randolph-Macon College women's basketball team learned Sunday afternoon that it will be heading to New York University for the Sectional Round of the 2007 NCAA Division III Women's Basketball Tournament.

The Yellow Jackets will square off with Kean University from New Jersey on Friday night. The winner will play either NYU or Simpson on Saturday for the right to go to the Final Four.

Game times and ticket information will be determined by close of the business day on Monday after the participating teams take part in a conference call with the NCAA.

The Randolph-Macon College Athletic Department is considering bus transportation for parents and fans on a cost per-person basis if enough interest is shown. If interested, please contact Sheila Roccia in the R-MC Athletic Department at 752-7223.

Jackets currently fashion a 26-4 overall record and are in the midst of a winning streak. This is the third consecutive Sweet 16 appearance for the Jackets who have now collected 84 wins over that three-year span. The championship of the New Jersey Athletic Conference was knocked off Westminster (Pa.) and Messiah to advance to the sectionals. The co-champion of the University Athletic Association (UAA) is us and Gwynedd- Mercy over the weekend and currently stand 10-2. Impson College won the Iowa Intercollegiate Athletic Conference (IiAC) Championship and upended Wheaton (Ill.) on Saturday to end their Sweet 16. The Storm is currently 23-6 on the season.



Coach Carroll LaHaye

LaHaye Wins 400th Game of Career

by Tyler Sansom '07
Sports Editor

In a recent 66-33 drubbing of Randolph-Macon Women's College, head women's basketball Coach Carroll LaHaye made history as she tallied her 400th career win.

LaHaye joined an elite club with the victory over the Wildcats as she became the 21st coach in NCAA Division III Basketball History to reach the 400 win plateau.

In her 25th season on the sidelines for the women's basketball team, LaHaye now boasts an overall record of 400-256 which equates to a very impressive .610 winning percentage. LaHaye's teams have dominated competition during her tenure in conference play as well as the number one seed going into this weeks ODAC tournament in Salem.

Other recent highlights include two consecutive ODAC titles over the last two seasons and her tutelage of arguably the most successful R-MC basketball team ever during the 2004-2005 season. That year saw her squad reach the NCAA Division III national championship game and the team earned the national runner-up spot while compiling an astounding record of 30-2 overall and a spotless 20-0 mark in ODAC play. For her teams success the 2004-2005 squad LaHaye was named ODAC Coach of the Year.

LaHaye's teams have qualified for

the NCAA tournament the last four consecutive seasons and are the number one seed going into this weeks ODAC tournament in Salem.

February 23, 2007, RMC Newspaper



Womens' Basketball wins ODAC's; Next Stop: NCAA Tournament



The R-MC Women's basketball team, coaches and staff with their ODAC trophy.



Senior Marta Merkel

Morgan's play on point for Randolph-Macon

With unenviable task of replacing Silva, she excels as team's leader

BY VIC DORR JR.

TIMES-DISPATCH STAFF WRITER

Kristen Morgan's feet appear altogether normal. But they fit nicely — figuratively speaking — into the biggest shoes that any Randolph-Macon women's basketball player has ever been asked to fill.

Morgan, a senior guard from Brigantine, N.J., was asked during the offseason to move into the

point position that former standout Megan Silva occupied so well for so long. Suffice it to say that she has succeeded impressively,

if not brilliantly. Morgan's Yellow Jackets, expected to sag visibly in the aftermath of Silva's graduation, will carry a 21-4 record and the No. 1 seed into today's ODAC Tournament quarterfinals in Salem.

"It's a very sweet feeling, to be honest about it," Morgan said. "Pretty much everybody looked at us before the season and said, 'There's no way.'

"I guess I can understand. When you lose a player like Megan and you lose someone like Michelle [Orton, a post player],



RANDOLPH-MACON

Kristen Morgan averages 6.1 points, but coach Carroll LaHaye said Morgan's one of the best vocal leaders she's had.

you have to expect that people are going to doubt you. But I can tell you this: I never doubted us. I knew what we were capable of. I knew we'd be right there" — at or near the top of the ODAC — "again this year. Other people might be surprised. I'm honestly not."

Morgan's offensive contributions — 6.1 points per game, roughly a fourth of what Silva delivered a year ago — suggest that Yellow Jackets coach Carroll LaHaye replaced a diamond with a piece of polished glass. LaHaye insists otherwise.

"There is more than one way to perform efficiently at the point position," LaHaye said. "One is to stuff the statistics sheet. The

other is to grab your team by the collar and say, 'Follow me.' Silva chose the former. Morgan, who would rather distribute and defend than score, has chosen the latter.

"She's the glue that holds our team together — I don't think there's any doubt about it," LaHaye said. "She's a vocal leader — one of the best I've ever had. That's her personality. She's a Jersey girl and she's proud of it. She's confident and she's assertive and she pours her whole heart and soul into the game."

Morgan's assessment of her role: "Be vocal; bring energy and intensity and enthusiasm; play with heart and hustle and pass that attitude along to the younger girls."

Then she laughed. In many respects, she said, this is her dream assignment.

"I've never been what you'd call a quiet person. I've never been one to keep my opinions to myself when I think something needs to be said."

Nor is she content to merely talk the talk. Morgan, a 41.3-percent shooter from behind the 3-point arc, is perfectly willing to squeeze the trigger when dared to do so. She made 4 of 6 3-point attempts in a January game at Lynchburg, in the process transforming an 11-point first-half deficit into a 62-44 victory.

Though she is thriving in the sunshine, Morgan said she was never uncomfortable when playing in Silva's shadow.

"Any success I'm having now," she said, "I'm having because I had the honor and privilege of playing with and practicing against Megan for three years."

Jackets get a lift from seasoned guards

Consistent production from one veteran guard and consistent inspiration from another have helped carry Randolph-Macon's women's basketball team to a 5-0 start and a No. 14 ranking in NCAA Division III.

Amanda Hiltunen, a 5-6 junior from Hermitage High, leads the Yellow Jackets in points per game (14.8) and field goal percentage (.578). All of which qualifies as business as usual for Hiltunen, who finished second in the ODAC in field-goal percentage last year (.516) while contributing 10.9 points per game to R-MC's 26-5 season.

Hiltunen "is a talented player to begin with, and on top of that, she worked very, very hard during the offseason," Yellow Jackets coach Carroll LaHaye said. "She spent a lot of time — I mean, *a lot* of time — in the gym. She came back this fall as a faster, stronger, quicker player."

LaHaye said Hiltunen's field-goal percentage, remarkable for a shooting guard, primarily is a function of "disciplined shot selection. There are times when we literally have to beg her to shoot."

LaHaye said Hiltunen has "a very good eye — not only for what's a good shot and what isn't, but also for when is the appropriate time to take a shot."

Marta Merkel, a 5-9 senior, might be the Yellow Jackets' emotional leader. Merkel suffered a torn anterior cruciate ligament in September — the second such injury she has sustained since transferring from Fairleigh Dickinson to R-MC after the 2003-04 season. LaHaye said Merkel has chosen to roll the dice and play her final season on a damaged knee.

LaHaye said: "She told us, 'Don't take it easy on me. I'm going to go out there every day and play as hard as I can. I'm going to treat every practice and every game like it might be my last one.'"

Merkel is averaging 5.2 points and 26.4 minutes.

R-MC seizes tourney title

Hiltunen's late surge lifts Yellow Jackets to win over Eagles

BY PAUL WOODY
Times-Dispatch Staff Writer

SALEM — Carol LaHaye had some advice for Amanda Hiltunen: Shoot the ball.

"I was in her face earlier in the game because I thought she had passed up some open shots, shots that are easy for her," said LaHaye, the coach of the Randolph-Macon women's basketball team.

With 5½ minutes left in the ODAC tournament championship game, Hiltunen took the advice of her coach. The senior guard from Hermitage High School scored 12 points in the final minutes yesterday to lead R-MC to a 69-65 victory over Bridgewater.

That gave the Yellow Jackets the league's automatic berth in

**RANDOLPH-MACON 69,
BRIDGEWATER 65**
ODAC women's final

the Division III tournament, which starts Friday.

R-MC has won three of the past four and five of the past seven ODAC tournaments.

"I hadn't been making my shots in the first half, and I made my mind up to help us one way or another," Hiltunen said.

Her timing could not have been better. Randolph-Macon (23-5) led by nine at halftime, but Bridgewater (17-11) erased that lead in the first three minutes of the second half. Thereafter, it was back and forth.

Hiltunen enabled the Yellow Jackets to get the breathing room they needed. She began by making a jump shot, dropped in two 3-pointers from the left corner and made four consecutive free throws.

And a tight game turned into a 67-56 advantage with 1:08 left.

"It was a game of runs, and it was a matter of who would make the last one," Bridgewater senior post player Jennifer Saunders said. "Unfortunately for us, it was their time."

"When you see Amanda Hiltunen with an open shot, you just think, 'Oh no.' She is an amazing shooter."

Hiltunen made 3 of 8 shots in the first half. In the second-half run, she made all three of her shots, including two 3-point attempts.

"We've seen her do that every game," R-MC center Molly Ariail said. "She's got a good head on her shoulders."

Ariail earned an assist on one of Hiltunen's 3-pointers and set up the other with a steal.

Bridgewater hoped to steal the championship this year as it did last year, when it entered the event as the No. 6 seed. This year, the Eagles were seeded fourth. Randolph-Macon was the No. 2 seed.

Saunders, from Monacan High School, saw her college career end yesterday.

At Bridgewater, she has played through knee problems, elbow problems and a broken nose.

"A lot of pain," she said, laughing, as she summed up her career. "But No. 1, a lot of love. I'm going to miss every single one of these girls. We play for each other."

Saunders, an education major, will graduate in May. She is doing her student teaching, with fifth-graders, now.

"I'm friends with half the girls on the Randolph-Macon team," Saunders said. "I wish them a lot of luck in the tournament."

• Contact Paul Woody at (804) 649-6444 or pwoody@timesdispatch.com

BRIDGEWATER (17-11) — Saunders 5, Henderson 5, Barnett 2, Lambert 14, Burkholder 20, Criss 4, Bossman 2, Logan 7, Reoch 0, Booker 20, Totals 23 17-26 65. 3-point goals: Saunders, Burkholder.

RANDOLPH-MACON (23-5) — Riesbeck 13, Williams 1, Ariail 11, Hiltunen 19, Stein 7, Brown 0, Asay 2, O'Briant 8, Wieczorek 0, Roy 8, Parker 0, Grune 0. Totals 19 24-29 69. 3-point goals: Hiltunen 3, O'Briant 2, Roy 2.

Halftime: Randolph-Macon 33-24.

R-MC women given road test in playoffs

Yellow Jackets will face Thomas More in Pennsylvania trip

BY VIC DORR JR.
Times-Dispatch Staff Writer

Randolph-Macon women's basketball coach Carroll LaHaye would prefer to be playing this weekend in the cozy confines of Crenshaw Gym. Failing that, LaHaye said, central Pennsylvania is an altogether acceptable alternative.

LaHaye's Yellow Jackets, winners of the ODAC tournament for the third time in four years, received their NCAA Division III tournament itinerary yesterday. R-MC (23-5) will face 11th-ranked Thomas More (26-2) on Friday on the campus of Messiah College in Grantham, Pa.

The Yellow Jackets, LaHaye said, "didn't anticipate this at all. We were hoping to host. We frankly thought we had a good chance" once they secured their ODAC championship — and the automatic invitation that accompanies it — with Sunday's 69-65 victory over Bridgewater.

"But the fact that we're traveling to Messiah — we're going to embrace it and try to make the best of it."

She hopes the region returns the hug. Grantham is roughly a half-hour from post player Molly Ariail's home in York. Ariail, a 6-2 junior, earned player-of-the-

Div. III tournaments

Friday's first-round games

MEN

- Virginia Wesleyan (17-12) at Widener (22-5), 8 p.m.
- Averett (20-8) at Centre (23-4), TBA
- WOMEN
- Randolph-Macon (23-5) vs. Thomas More (26-2), 5:30 p.m. at Grantham, Pa.
- Christopher Newport (22-5) at York, Pa. (25-2), 7 p.m.
- Mary Washington (23-5) vs. Stevens (22-5), 6 p.m. at New York
- Marymount (20-6) vs. Kean (21-7), 6 p.m. at Rochester, N.Y.

year distinction at the conclusion of the ODAC's regular season and MVP honors after last weekend's tournament in Salem.

When the Yellow Jackets visited Carlisle, Pa., for a late-January date with Dickinson, LaHaye said, "We must have had more than a hundred Molly Ariail fans cheering for us. Maybe they'll come back" this weekend.

If R-MC wins its first-round game, it likely will face Messiah, the subregional host, in Saturday's second round.

Thomas More, the winner of the past three Presidents' Athletic Conference tournaments, is a seasoned club that has started the same lineup in each of its 28 games. Few Division III clubs possess a post player who can match Ariail's size and strength. The Saints appear to be one of

the few. Nicole Dickman, a sturdy 6-0 sophomore, will carry averages of 14.6 points and 7.3 rebounds into Friday's contest.

LaHaye said she is "very proud" of her club, which lost four of six while groping for an identity at the end of the first semester but has since won 19 of 20.

"The way they've bounced back has been very special to watch," LaHaye said. "A lot of the credit, I think, has to go to Iserian guard Amanda Hiltunen and senior forward Lindsay Riesbeck. They've led this team wonderfully. They're winners. They know what it takes."

Three other state schools saw their names posted on the 63-team women's bracket: USA South champion Christopher Newport (22-5), CAC champion Mary Washington (23-5) and CAC at-large qualifier Marymount (20-6). Each must travel to its Friday opener. Christopher Newport plays at No. 8 York (25-2). Mary Washington faces Stevens (22-5) at New York University and Marymount meets Kean (21-7) at the University of Rochester.

Two state schools earned entry into the men's field. ODAC champion Virginia Wesleyan (17-12) will play at Widener (22-5) on Friday. USA South champ Averett (20-8) will travel to Danville, Ky., for a Friday date with No. 16 Centre (23-4).

• Contact Vic Dorr Jr. at (804) 649-6442 or vdorr@timesdispatch.com



2010s



2010-11



FIRST ROW: Christina Phelps, Madison Dulaney, Katie Williams, Jenn O'Briant, Maggie Roy, Molly Brown, Jordan Cantrell

SECOND ROW: Carroll LaHaye (Head Coach), CK Calhoun (Asst. Coach), Jillian Asay, Lindsey Sharman, Taylor Wieczorek, Paige Mills, Jay Starke (Asst. Coach)

2011-12



FIRST ROW: Sarah Parsons, Molly Brown, Jillian Asay, Carroll LaHaye (Head Coach), Taylor Wieczorek, Maggie Roy, Madison Dulaney

SECOND ROW: Jay Starke (Asst. Coach), Kellie Cortina, Paige Mills, Lindsey Sharman, Caroline Young, Christina Phelps, CK Calhoun (Asst. Coach)

2012-13



LEFT TO RIGHT: Jay Starke (Asst. Coach), Carroll LaHaye (Head Coach), Sarah Parsons, Kellie Cortina, Nicole Freeman, Katie Anderson, Caroline Young, Lauren Vugteveen, Lindsey Sharman, Paige Mills, Christina Phelps, Hannah Livermon, Madison Dulaney, Khajae Hester, Ana Litton (Asst. Coach)

2013-14



FIRST ROW: Hannah Livermon, Kellie Cortina, Sarah Parsons, Khajae Hester, Marisha Berry, Taylor Intermill, Taylor Huber

SECOND ROW: Carroll LaHaye (Head Coach), Abbey Warren (Mgr.), Samm Prugh, Caroline Young, Katie Anderson, Lauren Vugteveen, Lindsey Sharman, Paige Mills, Andi Prugh, Stephanie Staples, Hannah Sommers (Mgr.), Jay Starke (Asst. Coach)

2014-15



FIRST ROW: Hannah Livermon, Khajae Hester, Marisha Berry, Sarah Parsons, Taylor Intermill, Kareema Conteh, Stephanie Staples

SECOND ROW: Carroll LaHaye (Head Coach), Samm Prugh, Caroline Young, Katie Anderson, Lauren Vugteveen, Amber Lee, Teal Reynolds, Andi Prugh, Ashley Reed (Asst. Coach)

2015-16

FIRST ROW: Taylor Intermill, Kelsey Wisner, Khajae Hester, Hannah Livermon, Jayla Wade

SECOND ROW: Jay Starke (Asst. Coach), Carroll LaHaye (Head Coach), Deja Dennis, Lauren Vugteveen, Katie Anderson, Leara Shumate, Teal Reynolds, Ashley Reed (Asst. Coach), Dwight Watson (Asst. Coach)



2016-17

FIRST ROW: Ariona Johnson, Leara Shumate, Amber Lee, Charlotte Woods, Teal Reynolds, Michal Ross, Kelly Williams

SECOND ROW: Jay Starke (Asst. Coach), Carroll LaHaye (Head Coach), Erica Adkins, Kelsey Wisner, Marisha Berry, Kareema Conteh, Deja Dennis, Jayla Wade, Taylor Intermill, Hannah Houser, Ashley Reed (Asst. Coach), Dwight Watson (Asst. Coach)



2017-18

FIRST ROW: Elise Knobloch, Kelsey Wisner, Teal Reynolds, Jayla Wade, Hannah Houser

SECOND ROW: Carroll LaHaye (Head Coach), Becca Arrington, Leara Shumate, Kelly Williams, Charlotte Woods, Hannah Livermon (Asst. Coach), Dwight Watson (Asst. Coach)



2018-19

FIRST ROW: Janelle DeGuzman, Cheridan Hatfield, Elise Knobloch, Jayla Wade, Kelsey Wisner, Lauren Lewis, Kylee Maiolo

SECOND ROW: Carroll LaHaye (Head Coach), Becca Arrington, Michal Ross, Charlotte Woods, Kelly Williams, Aimee DeBell, Jada Fox, Peyton Humphreys, Hannah Livermon (Asst. Coach), Dwight Watson (Asst. Coach)



2019-20

FIRST ROW: Devan Conrad, Becca Arrington, Haley Pasqualone, Cheridan Hatfield, Elise Knobloch, Janelle DeGuzman

SECOND ROW: Carroll LaHaye (Head Coach), Dwight Watson (Asst. Coach), Peyton Humphreys, Charlotte Woods, Kelly Williams, Kennedy Cornick, Aimee DeBell, Michal Ross, Hannah Livermon (Asst. Coach)



Ariail keeps ODAC honor

Jackets' star is top player for third straight season

BY VIC DORR JR.
Times-Dispatch Staff Writer

Randolph-Macon women's basketball coach Carroll LaHaye didn't search long before finding the proper word to describe Yellow Jackets post player Molly Ariail.

The word she chose was "phenomenal." Others apparently share that opinion.

Ariail, a 6-2 senior from York, Pa., last night captured her third consecutive ODAC player-of-the-year award. She was selected in voting conducted among the league's coaches. Ariail finished the Yellow Jackets' regular season as the league's top scorer (19.4 ppg) and rebounder (11.4 rpg). In addition, she

led the Yellow Jackets in steals (49) and blocks (27).

"She's just such a dominating presence in the paint," LaHaye said. "She's strong and smooth and she has some innate skills — fakes, power moves, things like that — that make her almost unstoppable."

Ariail, who was the ODAC rookie of the year as a freshman, was honored at last night's pre-tournament awards banquet in Salem. LaHaye said the recognition was appropriate for many reasons — not all of them basketball-related.

"She's a wonderful leader and a wonderful friend to every one of her teammates," LaHaye said. "They look to her for everything, on and off the court."

Ariail is one of only two three-time players of the year in ODAC women's basketball history. Former Yellow Jack-



Molly Ariail
finished the regular season as the ODAC's top scorer and rebounder.

ets standout Megan Silva is the other.

Regular-season champion Roanoke (19-1, 22-2) placed three players on the six-member all-ODAC first team. Maroons coach Susan Dunagan was coach of the year. Hollins guard Jasmine Greene was rookie of the year.

Two local players were cited. R-MC guard Maggie Roy (Mills Godwin) was named to the second team. Lynchburg forward Tamara Sneed (Henrico) received honorable mention.

FIRST TEAM

Molly Ariail, Randolph-Macon; Becca Bolton, Washington and Lee; Jordan Burkhader, Bridgewater; Jordan Gholson, Roanoke; Carolyn Long, Roanoke; Jaleesa Ossont, Roanoke.

SECOND TEAM

Meg Ingram, Washington and Lee; Tonia Jones, Virginia Wesleyan; Jessica Lewis, Eastern Mennonite; Katie Rechner, Randolph; Maggie Roy, Randolph-Macon; Ann Seutter, Guilford.

HONORABLE MENTION

Maggie Davis, Virginia Wesleyan; Sarah Petty, Emory and Henry; Tamara Phillips, Hollins; Tamara Sneed, Lynchburg; Brittany Snyder, Eastern Mennonite; Alexa Williams, Guilford.

O'Briant's heave saves R-MC

Her 3 forces OT; Yellow Jackets win 7th tourney crown

From staff reports

Lucky No. 7, indeed. Senior guard Jennifer O'Briant lifted Randolph-Macon's women off the hook when defeat and disappointment seemed inevitable, and the revived Yellow Jackets went on to capture their seventh ODAC tournament crown with Sunday's 77-68 overtime conquest of Roanoke at the Salem Civic Center.

O'Briant, a former standout at Manchester High School, sank a running 3-pointer as time expired in regulation to tie the game at 63. R-MC was a different team once permitted to exhale. It scored the first 10 points of the extra period.

**RANDOLPH-MACON 77
ROANOKE 68 (OT)**
ODAC women's final

"We were all shaking and stunned [when O'Briant's shot hit its target], and I'd imagine Roanoke was, too," R-MC coach Carroll LaHaye said. "I was so excited, I thought we'd won the game. I mean, you make a shot like that, you're supposed to win, right? I kept telling our kids when they came to the bench, 'There's a reason for this. There has to be a reason for this.'"

Molly Brown scored 22 points, and Taylor Wieczorek added 16 points and nine rebounds for R-MC, which earned its fourth ODAC title in the past six years. Mills Godwin alumna Maggie Roy scored 12 points, and O'Briant contributed 10 for the top-seeded Yellow Jackets.

Jordan Gholson led third-seeded Roanoke with 21 points and 14 rebounds. Gholson sank a pair of free throws with :05 left in regulation to give the Maroons a 63-60 lead.

Neither club led by more than three points during the first half. Thereafter, wild momentum swings occurred. R-MC trailed by six at 10:52, led by seven at 10:58 and seemed in deep trouble when Gholson's jumper nudged the Maroons into a 61-60 lead with 18 seconds remaining.

R-MC will receive the ODAC's automatic bid to the NCAA Division III tournament.

ROANOKE (19-9) — Hankins 8, Gwynn 6, Delkshun 4, Porter 11, Gholson 21, Davidson 6, Bays 11, Lucas 6, Webb 3, Holland 0, Moats 6. Totals 25 15.20-68.

RANDOLPH-MACON (22-6) — Brown 22, Asay 6, O'Briant 10, Wieczorek 16, Roy 12, Gholson 21, Williams 7, Sharman 3. Totals 27 17.23-77.

3-point goals: RO: Porter, Gholson. Halftime: Roanoke 31.30. End of regulation: 63-63

February 28, 2011, Richmond Times Dispatch

Beyond a number

R-MC coach: Relationships matter more than victories

BY VIC DORR JR.
Richmond Times-Dispatch

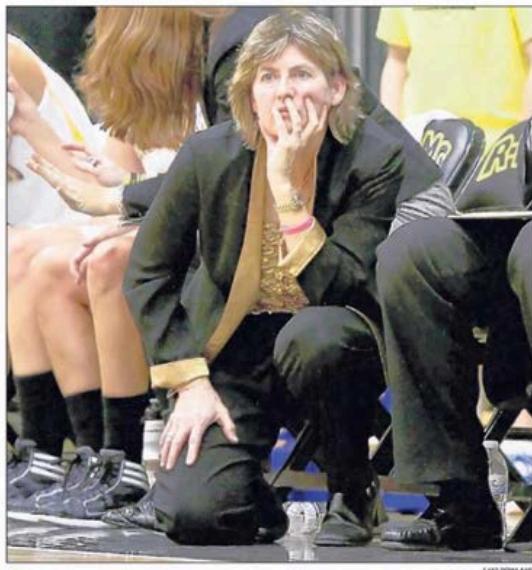
When hired before the 1982-83 season, Carroll LaHaye never expected her tenure as the women's basketball coach at Randolph-Macon College to be brief.

"I thought I'd be here for a few years" — she finished at 15. Then 30. As time passed, success accumulated. So much so that LaHaye stands today on the threshold of one of her profession's more unusual accomplishments: 500 victories at one school.

LaHaye, whose 498-287 record includes seven ODAC tournament championships, said the 500 milestone, while nice, is little more than a number. An uncountable number, in fact, but a number nonetheless. The reward she most cherishes, she said, is far less tangible.

"I've been blessed that so many truly outstanding young women have chosen to be part of our program," said LaHaye, 56. "The opportunity to get to know my players, the opportunity to form relationships with them and their parents and their families, to me that's so much more important than any number, any number of victories or anything else I might have accomplished."

Five hundred victories, she said, is an achievement that should — and will — be shared with many individuals, including players, assistant coaches,



Carroll LaHaye has 498 wins since being named coach at R-MC for the 1982-83 season.

R-MC administrators who made a bold commitment to women's athletics in the early 1990s, and her late mother, Marilyn.

LaHaye collected only 85 victories in her first eight seasons in Ashland, largely because Randolph-Macon's men's and women's basketball teams combined for 180-90 wins members of NCAA Division II. R-MC's fledgling women's program, unlike the school's powerful men's team, struggled against Division II opposition.

There were so many times

R-MC, Page C4

In a League of Their Own

Randolph-Macon's Carroll LaHaye trails only Roanoke's Susan Dunagan on the list of winningest women's basketball coaches in ODAC history. A look at the ODAC's five most successful women's coaches:

Coach	School (length of stay)	Record (percentage)
Susan Dunagan	Roanoke (31st season)	583-237 (.761)*
Carroll LaHaye	Randolph-Macon (30th season)	498-287 (.633)*
Laura Masse	Bridgewater (25 seasons)	484-282 (.632)*
Joy Scaggs	Emory & Henry (28 seasons)	384-310 (.546)
Jean Willi	Bridgewater (16th season)	301-18 (.783)*

* Active
The ODAC first offered women's basketball in 1982-83. Masse began coaching at Bridgewater in 1966-67. If viewed separately, Masse's ODAC-era record (596-461 in 34 seasons) still would place her among the league's top five winners.

February 27, 2011, RMC Athletics



Women's Basketball | 2/27/2011 12:00:00 AM
Randolph-Macon Claims Seventh ODAC Championship with 77-68 Victory over Roanoke

March 4, 2011, RMC Athletics



Women's Basketball | 3/4/2011 12:00:00 AM
Wieczorek's 27 Points Sends R-MC to 80-69 Win over Bridgewater State in NCAA First Round



Fort Lauderdale Trip, 2013

January 6, 2012, Richmond Times Dispatch

Enjoying the game, again

Huber rediscovers her passion for hoops at R-MC

BY VIC DORR JR.
Richmond Times-Dispatch

Taylor Huber is once again enjoying herself while playing basketball. And so, once again, are the Randolph-Macon Yellow Jackets.

Huber, a former first-team All-Metro performer at Patrick Henry High School, transferred to R-MC in the summer after spending two seasons at Division I Utah Valley University. Her impact has been immediate and seismic. Huber, a 5-foot-8 junior forward, is averaging 24 points and 2.3 assists for the Yellow Jackets (6-0), who already have matched their victory total from 2012-13.

Huber said her skill set hasn't changed since a 2012-13 season in which she averaged 5.7 points and 12 minutes. Her mindset, on the other hand, has changed dramatically.

"Playing Division I was my dream," she said. "I had to try and I'm glad I did. I don't have any regrets. I loved Utah. Being there was a wonderful experience. But from a basketball point of view, Randolph-Macon is just a much better fit for me."

Some players thrive in the regimented existence of Division I competition. Huber does not count herself among them.

"It's hard to explain how great it feels just to be out



FRANK STRAUS

Randolph-Macon's Taylor Huber, a junior forward who starred at Patrick Henry High School, leads the ODAC in scoring at 24 points a game.

RANDOLPH-MACON AT BRIDGEWATER

Women
Tuesday: 7 p.m.

there having fun again," she said. "When you're playing Division I, it's like a job, almost. It takes almost all of your time. It's all you do. It's all you think about. I'm so happy to be playing just to be enjoying the game again."

She is not suggesting, she said, the Yellow Jackets' approach to competition and preparation is casual.

"But there's not nearly as much pressure. It's still serious, don't get me wrong. But at the same time, it's still a game. It's still fun. I love playing basketball here. I love everything about it."

Yellow Jackets coach Carroll LaHaye was delighted but not entirely surprised when circumstance placed so formidable a talent on her doorstep. LaHaye said R-MC recruited Huber "very, very hard" during the player's standout career at nearby Patrick Henry. LaHaye understood the

risks. The cultural appeal of Utah is strong for a high school senior from a Mormon background. Moreover, LaHaye said, there was family precedent for Huber's decision to look west. Her mother, Travis Ann, played softball at Brigham Young.

But even so, Huber never entirely severed the ties she and LaHaye developed during the recruiting process. When Huber informed LaHaye of her decision to attend Utah Valley, she asked if R-MC would still be interested should things not work out in Orem.

"I said, 'Taylor, the door will always be open,'" LaHaye said.

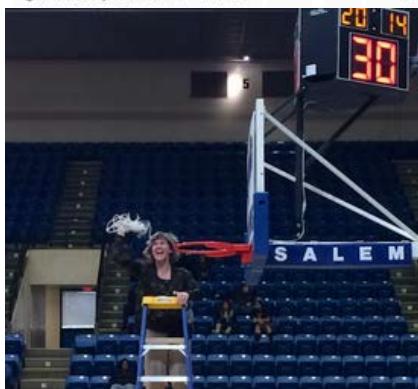
Huber leads the ODAC in scoring. She has piled up 20 or more points in five of the Yellow Jackets' six games. But she is not her club's only weapon. Sarah Parsons, a junior guard from J.W. Tucker, is averaging 20 points. Kellie Anderson, a sophomore forward from Patrick Henry, is averaging 17.2. R-MC reached the 90-point plateau only once in 27 games last year. It has already done so on five occasions this year.

Said Huber: "That's one of my favorite things about this team: It's so hard for other teams to know how to guard us. For us, there's never any (individual) pressure. We just go out and play. There's never a feeling that any one person has to score all of our points."

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December 1, 2013, Richmond Times Dispatch



March 2, 2014, RMC Athletics

Women's Basketball | 3/2/2014 12:00:00 AM

Anderson Tallies 21 to Help R-MC Win Eighth ODAC Title

R-MC's LaHaye gets 500th victory



Randolph-Macon College women's basketball coach Carroll LaHaye thanks the crowd after winning her 500th game Friday night.

Yellow Jackets defeat rival Roanoke to give coach milestone win

By VIC DODD JR.
Richmond Times-Dispatch

The visiting game has ended for Randolph-Macon women's basketball coach Carroll LaHaye. Her second attempt to capture her 500th career victory ended in sweet satisfaction Friday night when her Yellow Jackets pulled away in the second half to defeat Roanoke 82-70 in Crenshaw Gym.

LaHaye, 500-289, is the second-winningest

coach in ODAC women's basketball history. Fitfully, the ODAC's winningest coach, Roanoke's Susan Dunnigan, was on the opposing bench.

"I didn't think it would be this emotional," LaHaye said. "I didn't think it would be this emotional. I guess I was shocked myself a little bit. But so many people from my past were here to share this tonight, so many players from as far back as the 1980s."

People from her present were there, too.

Robert Lind-

gen presented LaHaye with the game ball during an impromptu postgame ceremony at center court. A family of four sat high in the bleachers behind the R-MC bench.

Each wore a white shirt with a large black-and-white symbol fastened to the front. When the four women approached LaHaye, the symbols delivered this message: "500."

"It means a lot, it really does," LaHaye said. "It's a big accomplishment. I know that. But all of the people who were here

R-MC, Page C4

January 14, 2012, Richmond Times Dispatch

Congratulations to
Randolph-Macon College
Head Women's Basketball Coach

Carroll LaHaye
For Reaching a Historic
500-Win Milestone

THE 15TH WINNINGEST COACH IN
DIVISION III WOMEN'S BASKETBALL HISTORY!



January 17, 2012, Richmond Times Dispatch



Study abroad and explore the world, experience a dynamic regional, national environment for internships or conduct challenging undergraduate research with exceptional faculty. R-MC students learn to think critically and analytically to be prepared for a lifetime of career choices.



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Degree Guarantee and financial aid packages, contact us
at 800-888-1762 or visit: www.rmc.edu/tour



2011 Back to the Hive



March 4, 2014, Richmond Times Dispatch

R-MC squads in postseason

Men, women join
four other state
teams in D-III play

By JORDAN BONDURANT
Richmond Times-Dispatch

Six schools will represent Virginia in the NCAA Division III men's and women's basketball tournaments, which begin Thursday.

Randolph-Macon's men earned an at-large bid and will host first- and second-round games. The Yellow Jackets play DeSales University on Friday at 7:30 p.m.

"It's nice mainly because you don't have to travel," R-MC coach Nathan Davis said. "The kids get to go to class as they usually would and stay in their comfort zone. So it's nothing out of the ordinary."

Randolph-Macon advanced to the Sweet 16 in 2013, where the Yellow Jackets fell 93-76 to eventual national champion Amherst College.

This week, however, Davis hopes to have a better outcome in the NCAA tournament than R-MC did in the ODAC tournament.

"We certainly have things we need to do better," Davis said. "We want to stay fresh and crisp."

Capital Athletic Conference champion Mary Washington will make the first- and second-round games on Friday. The Maroons will take on Johns

DIVISION III PLAYOFFS GLANCE

MEN'S FIRST ROUND

Thursday
Ashland
At Charlottesville, Ky.
LaGrange at Providence, R.I.
York (N.D.) at Rhode Island College

Friday
At Ashland
DeSales at Randolph-Macon
Western Carolina vs. Springfield

At Greenville, N.C.
Johns Hopkins at Virginia Wesleyan
Alvernia at Wesley

At Williamstown, Mass.

Mitchell at Williams

At Pittsburgh, Pa.

MT at Pittsburgh

Eastern at Washington State vs. Henson

At Brockport, N.Y.

Morrisville State at Brookhaven State

Spartan vs. Hobart

At Purchase, N.Y.

Hartwick at Purchase

Wesleyan vs. Stevens

At Worcester, Mass.

At Radnor, Pa.

Bridgewater State (Mass.) at Cabrini

Richard Roberts at Stevens

At Worcester, Mass.

At Oneonta, N.Y.

Springfield vs. Amherst

Brown at Hartwick

At Montclair, N.J.

Regis at Montclair State

Carroll vs. Moravian

At Scranton, Pa.

Vassar at Scranton

Bridgewater Mass. at Scranton

At York, Pa.

Lebanon Valley vs. Baldwin Wallace

La Roche at York

At Medford, Mass.

NYU vs. New England

St. Joseph's (Maine) at Tufts

At Brattleboro, Vt.

Plattsburgh vs. Roger Williams

Castleton at Bowdoin

At Ithaca, N.Y.

Haverford vs. Rhode Island College

At Oneonta, N.Y.

Springfield vs. Amherst

Brown at Oneonta

At Milwaukee, Wis.

Washington (Md.) vs. Northwestern (Md.)

St. Mary's (Md.) at Wissahickon

At Pauls Valley, Okla.

Wishram vs. Concordia (Mo.)

Loras at St. Thomas (Md.)

At Kenosha, Wis.

Wisconsin vs. Hope

At Greenville, S.C.

At Greenfield, Ind.

Orlo Northern vs. Transylvania

Carmelton at DePaul

At Memphis, Tenn.

Texas A&M vs. Middle Tennessee

Spalding at Rhodes

At Crestview Hills, Ky.

John Carroll vs. Texas Lutheran

Salem at The Citadel

At Walla Walla, Wash.

George Fox vs. Whitworth

Chapman at Fairmont

round game against Springfield College on Friday at 5:30 p.m. The winner gets either R-MC or DeSales on Saturday at 7 p.m.

ODAC champion Virginia Wesleyan also hosts first- and second-round games on Friday. The Marlins will take on Johns

leigh Dickinson University-Florham in New Jersey to play Messiah on Friday. The winner will play FDU-Florham or Wells on Saturday.

"It will be a challenge to meet such a storied program like Messiah," Randolph-Macon coach Carroll LaHaye said. "But it's a wonderful opportunity. They're excited and nervous."

R-MC has bounced back this season to win 23 games following a 6-21 year in 2012-13, the worst in LaHaye's 32 years at the helm.

"It's been a real concerted effort to make a difference," LaHaye said. "When we met with each player individually prior to this season, each player took last season to heart. They saw that last season was an embarrassment to our program. I give a lot of credit to each one of them for making it work and turning things around."

Ferrum hosts first- and second-round games after winning the USA South Athletic Conference title. Christopher Newport and Eastern Mennonite both earned at-large bids from the CAC and ODAC, respectively, and will square off in the early game at Ferrum. The Panthers take on Capital in the nightcap. The winners of those two games meet Saturday at Ferrum.

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R-MC's LaHaye wins 600th

BY ADAM CULLER
Richmond Times-Dispatch

Six-hundred miles of a NASCAR race or maybe even the distance of the odd event at a track meet — before this season, these were the things that came to mind for Carroll LaHaye, Randolph-Macon women's basketball coach, when she thought about 600 of anything in sports.

Needing only 13 wins entering the season to achieve 600 in her career, LaHaye kept the idea of the accomplishment stored away in the back of her and her players' minds by design, hoping to quell the commotion that would surround such an achievement.

"I made it very clear to anybody that was around me at the start of this season to not make a big deal out of it," LaHaye said of her impending 600th win, remembering how the "hullabaloo" after her 500th win affected the Yellow Jackets in 2012.

The request was granted, and unencumbered by the pressure that plagued the team in the quest to win



Coach Carroll LaHaye told her players and assistants at Randolph-Macon that no "hullabaloo" would be allowed if she chalked up her 600th career win.

No. 500, her group came through on its try at No. 600 — defeating Lynchburg on Saturday to give LaHaye the distinction of becoming the 59th coach in NCAA women's basketball history to reach 600 wins.

In a moment of solitude on the bus ride back to Ashland, LaHaye reflected on the achievement, one she was able to share with family members who were in attendance in Lynchburg. Rather than focus on what the achievement meant personally, LaHaye said her first thought was of how well her team had played in the 71-59 victory — telling the whole story of a coach who openly acknowledges that her success lies within that of her players and peers.

"It's not even some of the credit, it should be all of the credit — to

the remarkable young women that I've had the opportunity and been blessed to coach," LaHaye said.

"All the assistant coaches that have put up with me and my temper tantrums, my idiosyncrasies, my desire and off-the-wall thoughts and all of that.

"I would have to give absolutely as much credit to my assistant coaches and every single player that has put up with me and exceeded my expectations, really."

While a 700th career win seems a long way off, especially for a coach who has already put in 36 years in her role, LaHaye said she hopes to continue as long as she "can continue to impress upon the women that I get to work with that they need to excel every single second that they possibly can."

"If they can do that on the basketball court and in practice situations and carry that over into their life, then they're going to be happy the rest of their lives."

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Big three are key for Jackets

BY JORDAN BONDURANT
Richmond Times-Dispatch

Randolph-Macon College's women's basketball team has turned 180 degrees since last season.

The Yellow Jackets went 6-21 last season, producing the worst winning percentage of coach Carroll LaHaye's now 32-year career at R-MC.

This season the Yellow Jackets are 23-5 and won the Old Dominion Athletic Conference championship for the eighth time. Now, LaHaye and her players find themselves in New Jersey for today's first-round game against Messiah College in the NCAA Division III tournament.

"Messiah is a great program," LaHaye said. "We'll have our work cut out for us. But we're feeling pretty good."

Today's game, set for 5 p.m. at Fairleigh Dickinson University-Florham, marks R-MC's 10th appearance in the NCAA tournament. The Yellow Jackets last went in 2011 and made it to the second round.

LaHaye hopes they can repeat some of that success and make a run to next weekend's sectional round.

"Execution is the primary reason we will move on," LaHaye said. "Messiah will be no different. They've got some NCAA tournament experience. I hope we can get over the nerves and give them a good game."

R-MC's game relies on heavy production from juniors Taylor Huber (Patrick Henry) and Sarah Parsons (J.R. Tucker) and sophomore Katie Anderson (Patrick Henry). Huber leads the team in scoring with 21.4 points per game, Anderson is the leading rebounder at 9.7, and Parsons averages 17.8 points and 2.2 assists.

Messiah relies on Chelsea Danel, Gillian Glackin and Taylor Miller to provide much of its scoring and rebounding.

"I have a lot of confidence in this team, and they have a lot of confidence in themselves," LaHaye said. "If we execute and do what we're capable of doing, we can certainly keep playing."

January 26, 2018, Richmond Times Dispatch



February 25, 2018, R-MC Athletics

Women's Basketball | 2/25/2018 12:00:00 AM
Randolph-Macon Wins ODAC Championship With 72-68 Win Over E&H

March 7, 2014, Richmond Times Dispatch

2020s



2020-21



FIRST ROW: Aimee DeBell, Kylee Maiolo, Janelle DeGuzman, Becca Arrington, Elise Knobloch, Cheridan Hatfield, Peyton Humphreys

SECOND ROW: Allison Spaschak (Asst. Coach), Carlee Hatfield (Mgr.), Haley Felton, Haley Pasqualone, Catherine Kagey, Kennedy Cornick, Olivia Murray, Morgan Hough, Devan Conrad, Kaylyn Hill (Athletic Trainer), Lindsey Burke (Head Coach)

2021-22



FIRST ROW: Morgan Hough, Cait Velez, Haley Felton, Aimee DeBell, Peyton Humphreys, Cheridan Hatfield, Becca Arrington, Allison Burdette, Marisa Ziegler, Haley Pasqualone

SECOND ROW: Allison Spaschak (Asst. Coach), Lenny Sampson (Mgr.), Devan Conrad, Olivia Murray, Paige Anderson, Emily Mott, Catherine Kagey, Juliana Park, Lilly Yowell (Mgr.), Lindsey Burke (Head Coach)

2022-23



FIRST ROW: Marisa Ziegler, Catherine Kagey, Cait Velez, Devan Conrad, Cheridan Hatfield, Haley Pasqualone, Haley Felton, Juliana Park, Aaliyah Harris

SECOND ROW: Jenika Carter (Manager), Caitlin Kriesel-Bigler (Asst. Coach), Olivia Zabko (Manager), Morgan Miller, Emion Byers, Olivia Murray, Paige Anderson, Jane Elkins, Lilly Davis, McKenzie Andrews, Lindsey Burke (Head Coach), Emma Wool (Mgr.)

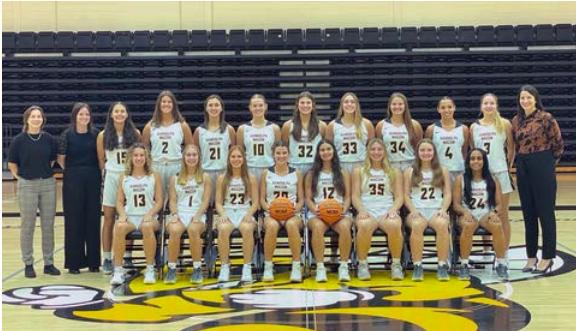
2023-24



FIRST ROW: Marisa Ziegler, Sam Smith, Haley Felton, Catherine Kagey, Bella Bruce, Emily Crouthamel, Cait Velez

SECOND ROW: Jenika Carter (Manager), Deja Middleton (Asst. Coach), Morgan Miller, Rachael Anderson, Jane Elkins, Emion Byers, Juliana Park, Lilly Davis, Olivia Murray (Mgr.), Cheridan Hatfield (Asst. Coach), Lindsey Burke (Head Coach)

2024-25



FIRST ROW: Brielle Baughman, Sam Smith, Marisa Ziegler, Catherine Kagey, Cait Velez, Juliana Park, Anna Wilcox, Zofia Enriquez

SECOND ROW: Kate McCarney (Asst. Coach), Jenna Stanton (Asst. Coach), Erin Porter, Emion Byers, Morgan Miller, Emily Olsen, Rachael Anderson, McKenzie Matheny, Lilly Davis, Bella Bruce, Riley White, Lindsey Burke-Eberhart (Head Coach)

FIRST ROW: Lila Donnelly, Sam Smith, Morgan Miller, Emion Byers, Lilly Davis, McKenzie Matheny, Anna Wilcox, Madison Langdon

SECOND ROW: Yazmine Jones (Athletic Trainer), Payton Cronen (Asst. Coach), Brielle Baughman, Brooke Lynn Miller, Rachael Anderson, Alyssa Hughes, Liz Wyrick, Emily Olsen, Riley White, Erin Porter, Jenna Stanton (Asst. Coach), Lindsey Burke-Eberhart (Head Coach)



2025-26

February 22, 2022, RMC Athletics

A photograph of a women's basketball game. A player in a white jersey with the number 4 is dribbling the ball, while a player in a blue jersey with the number 5 is defending her. In the background, other players and spectators are visible. The image is framed with a graphic border featuring large numbers (83, 59) and a bee logo on the left, and a cross pattern on the right.

February 22, 2022, RMC Athletics

■ Women's Hoops Claims Share of Regular Season ODAC Title

February 26, 2022, RMC Athletics

A photograph of a women's basketball game. A player in a white jersey with the number 21 is driving to the basket, while a player in a red jersey with the number 12 is defending her. In the background, other players and spectators are visible. The image is framed with a graphic border featuring large numbers (67, 51) and a bee logo on the left, and a cross pattern on the right.

February 26, 2022, RMC Athletics

■ DeBell's Career Night Puts Women's Hoops In Title Game

Women's Hoops: RMC rolls past Hollins, extends win streak to 11

Robert Fletcher
Jan 11, 2025



Randolph-Macon forward Emion Byers goes up for a layup in the first half against Hollins at Crenshaw Gym on Jan. 11 games with the 62-48 victory.

Robert Fletcher



Randolph-Macon basketball teams both secure ODAC titles

Robert Fletcher
Feb 23, 2025



Catherine Kagey (20) drives for two in RMC's 53-48 win over Ferrum on Jan. 4. Ferrum's Aisha Martin (15) looks on. Photo by Frank Strauss

The women's team also came out an ODAC champ this weekend, defeating Ferrum on the road 56-49 led by Catherine Kagey's 21-point, 10-rebound double-double. The win marked the 21st in RM-C's long-spanning win streak and guaranteed them the top seed in the ODAC Tournament, where they'll host Randolph in the quarterfinals on Tuesday, Feb. 25.

This ODAC title is the program's first since 2011 and its ninth overall, with their win streak currently sitting at 23 games, which ties the all-time school record set during the 2004-05 season. That 2004-05 team won the ODAC Tournament soon after, then later made a NCAA Tournament run that ended with a loss in the championship game to Millikin University.

This year's Yellow Jackets tied the win streak record with a 66-50 win on senior day against Averette. Kagey, a senior, again led the way with a double-double, finishing the game with 14 points and 12 rebounds. It was her ninth double-double of the season, and the star forward is heading into the postseason averaging a double-double of 12 points and 10 boards.

Sophomore guard Sam Smith also finished the day in double figures, adding in 10 points and five assists. It wasn't the sharpest night offensively for the Yellow Jackets, who shot just 36% from the field, but their defense stifled the Cougars in an even bigger way, with their offense making 33% of its shots and being held to 50 or less for the ninth time this season.

Last season ended right at the spot the Yellow Jackets are currently in: the ODAC quarterfinals. That game was on the road at the Salem Civic Center, and featured a RM-C team in a much different position than they are right now. The Jackets are the host and the favorite now, and a win in the quarterfinals would be their first playoff win since the 2021-22 season that ended with a loss in the ODAC championship.

Randolph-Macon dethrones Washington and Lee as ODAC women's basketball champion

DAMIEN SORDELETT
The Roanoke Times

The Salem Civic Center in late February became a home-away-from-home for Catherine Kagey growing up in Roanoke. Her parents, Randolph-Macon alums David and Wendy, brought her every year to watch the ODAC tournament, and the family cheered for the Yellow Jackets on each visit.

Her father crafted fond memories at the Salem Civic Center when he was on back-to-back Randolph-Macon teams that won ODAC titles in 1990 and '91.

Catherine Kagey got a chance to hoist a tournament championship trophy Saturday evening.

Kagey continued her dominating play with another double-double Saturday evening. She posted 25 points and 10 rebounds as Randolph-Macon secured a 65-58 victory over Washington and Lee in the ODAC women's basketball tournament championship game at the Salem Civic Center.

It marked the Yellow Jackets' 11th women's tournament title and first since 2020. They secured the league's automatic bid to the NCAA Division III tournament.

"It's everything we worked for, but it speaks so much to the team and our coaching staff," said Kagey, the tournament MVP. "We put in the work all season long to get to this point. We've been talking about it for five months plus since last year. We knew we wanted to get here and capitalize on the moment, so it means everything."

Kagey and the top-seeded Yellow Jackets (27-1) extended their program-record winning streak to 26 games and denied W&L the opportunity to become the third team in ODAC history to win three straight tournament titles.

The third-seeded Generals (24-4) had won the previous two titles and were trying to join R-MC (2005-07) and Roanoke (1991-95) as the only teams to win at least three straight titles.

W&L will find out if it receives an at-large bid to the tournament during the Monday's selection show at 2:30 p.m.

"We really will continue to grind and work hard, and this year's not over yet for us," W&L coach Brittney Kemp said.

W&L took a 55-54 lead when Mary Schleusner scored in transition off a steal with 3:14 remaining. Kagey made four free throws on back-to-back possessions to put the Yellow Jackets ahead for good as R-MC closed the game on an 11-3 run.

"I think they just did a good job of taking it, and I think we missed a couple when they would have been clutch," Kemp said. "At the same time, that's just how the cookie crumbles sometimes."

The Generals' lone points over



KEITH LUCAS, SIDELINE MEDIA

Randolph-Macon women's basketball coach Lindsey Burke-Eberhart waves the net after the Yellow Jackets defeated Washington and Lee for the ODAC tournament title Saturday night at the Salem Civic Center.

ODAC WOMEN'S CHAMPIONSHIP

Randolph-Macon 65,
Washington and Lee 58

NEXT

Division III selection show
Monday, 2:30 p.m.

ODAC WOMEN'S ALL-TOURNAMENT TEAM

Catherine Kagey, R-MC
Sam Smith, R-MC
McKenzie Matheny, R-MC
Mary Schleusner, W&L
Sarah Zimmerman, W&L
Tournament MVP: Catherine Kagey, R-MC

the final three minutes came on Megan Zimmerman's 3-pointer with 30.7 seconds left that trimmed the deficit to 60-58.

"We knew they were going to go on their run eventually," Kagey said, "but it all starts on the defensive end. We were getting stops and boards and executing on offense."

Kagey was one of three players in double figures for R-MC. Sam Smith and McKenzie Matheny were named to the all-tournament team. Smith had 13 points, while Matheny finished with 12 points and eight rebounds.

Kagey and Matheny helped R-MC claim a plus-4 edge in points in the paint and 14-13 edge in second-chance points.

"All the credit to her and Matheny. They did a great job taking it to the hole," Schleusner said of Kagey and Matheny. "They're two great players, and at the end of the day they outscored us."

Schleusner, the ODAC player of the year and defensive player of the year, finished with 31 points, 22 rebounds, four assists and four blocked shots.

"Mary is Mary, right? In the first half, I thought she was phenomenal," R-MC coach Lindsey Burke-Eberhart said.

Zimmerman had eight points and three rebounds off the bench. Her sister, Sarah, had six points and three rebounds while battling foul trouble defending Kagey.

"She's very tough to defend. She's extremely athletic and very physical," Sarah Zimmerman said of defending Kagey. "Obviously a phenomenal player. It's definitely a big job."

W&L took the lead three times in the fourth quarter. All three instances were one-point advantages, and R-MC didn't wait long to respond.

That prevented the Generals from building momentum and building an advantage that could have negated the presence of Kagey and Matheny in the post.

R-MC shot 1 of 15 from 3-point range.

"I think we kind of found our groove a little bit. We had some players step up in big moments, which was awesome and that gave us great momentum," Sarah Zimmerman said. "I think they just stuck to their game plan and what was working for them. I mean, they were making their shots, they were playing great defense. They were just smart, and their shots fell and ours didn't sometimes. They're a good team, too."

Randolph-Macon 65, Washington and Lee 58 WASHINGTON AND LEE (24-4)

S. Zimmerman 3-7 0-0 6, Schleusner 13-25 4-6 31, Prechel 1-4 0-2 3, Raine 1-5 0-0 2, McGuiness 1-4 1-2, Keneah 1-5 0-0 2, Shuttlewood 0-0 0-0 0, Bryant 1-5 0-3 0, Zimmerman 3-5 0-1 8, Totals 24-63 5-11 58.

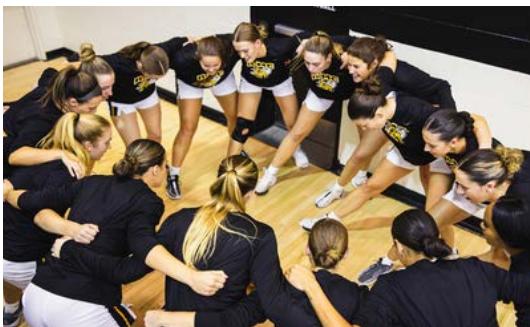
RANDOLPH-MACON (27-1)

Matheny 5-10 2-4 12, Park 3-9 0-0 7, Smith 3-17 8-13, Kagey 7-18 11-14 25, Ziegler 1-8 0-0 2, Bruce 0-0 0-0, Miller 1-8 2-2 4, Byers 1-1 0-0 2, Totals 21-65 22-28 65. R-MC 15 13 18 22 — 58
W&L 17 16 13 19 — 65
3-Point Goals—Washington and Lee 5-26 (M. Zimmerman 2-4, Prechel 1-4, Bryant 1-4, Schleusner 1-6, McGuiness 0-1, Keneah 0-1, S. Zimmerman 0-2, Raine 0-2, Shuttlewood 0-2), Randolph-Macon 1-5 (Park 1-1, Smith 0-1, Kagey 0-1, Ziegler 0-2, Miller 0-5). Assists—Washington and Lee 10 (Schleusner 4), Randolph-Macon 11 (Ziegler 3). Fouled Out—None. Rebounds—Washington and Lee 44 (Schleusner 22), Randolph-Macon 43 (Kagey 10). Total Fouls—Washington and Lee 20, Randolph-Macon 14. A—563.

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2025 Back to the Hive: Head Coaches Carroll LaHaye (1982-2020), Billy Wood (1975-1978, 1981-82) Lindsey Burke-Eberhart (2020-present)





Puerto Rico Trip, 2024

**RANDOLPH-MACON 52,
PIEDMONT 31**
D-III women's tournament
first round (Friday)
Saturday: Elizabethtown
at Randolph-Macon, late

Jackets smother impotent Lions

RMC holds its foe to just eight FGs and 21% shooting

ROBBY FLETCHER
Special correspondent

At the heart of Randolph-Macon's historic, ODAC title-winning season is a sense of pride on the defensive end of the floor.

The Piedmont Lions (20-8), far from a slouch offensively, are the latest opponent to learn all too well about the formidable Yellow Jackets defense. The Lions shot just 21% from the field at Crenshaw Gym, falling 52-31 in the opening round of the NCAA Division III women's basketball tournament on Friday night.

Randolph-Macon (28-1), boasting the ODAC's second-best defense, has now held four teams to under 40 points this season, with its latest victim managing just eight field goals in four quarters while turning the ball over 23 times. The NCAA tournament win is RMC's first since the 2019-20 season.

Piedmont's ability to work its way into the post through a talented crop of frontcourt options has been a staple to its success this season, but it was stymied by the Yellow Jackets, who felt prepared for the interior attack thanks to practices pitting them against their own post-up threats like McKenzie Matheny, one of the top centers in the ODAC.

"We play against great post players every day in practice," senior Katherine Cagey said. "We're ready for it and prepared for it, but I'm pretty proud of our efforts in stopping them and giving them tough shots."

Forward Andelin Hill is Piedmont's leading scorer, generating 14 points per game, but she was swarmed with her back to the basket, finishing her season shooting 2-of-5 for five points and turning the ball over eight times. Nae-Nae Eades, the catalyst for the Lions' offense in their win over Belhaven for the Collegiate Conference of the South tournament title, went from a 20-point career-high to just one point at Randolph-Macon, missing the mark on all seven of her shot attempts six days after winning CCS tournament MVP.

"Allowing only eight field goals in this game was tremendous," Randolph-Macon coach Lindsey Burke-Eberhart said. "It was fueling our offense. Every time I looked up, we were just getting stop after stop."

Senior guard Marisa Ziegler led the Yellow Jackets with 11 points and three assists, while Matheny converted on five of her seven attempts from the field, all from close range, to open the tournament with 10 points and five rebounds.

The Yellow Jackets opened the contest with a 17-7 first-quarter lead after Julianne Park buried the team's only 3-pointer just before the buzzer. An 8-2 run to close the final five minutes of the first half pushed that lead to 29-14 at the break, and the Lions never managed to get the deficit back under single digits.

The Yellow Jackets played visiting Elizabethtown in a second-round game late Saturday night.

"Playing at home is such a treat, we worked hard for that all season," Park said. "I think our community really rallies around us."



March 9, 2025, Richmond Times Dispatch



March 8, 2025, RMC Athletics

Game Recap: Women's Basketball | 3/8/2025 10:55:00 PM

Fourth Period Surge Powers Women's Hoops to Third Round



March 14, 2025, RMC Athletics

#14 Women's Hoops Historical Season Concludes in Sweet 16

3/14/2025 9:29:00 PM



March 25, 2025, RMC Athletics

Women's Hoops Ranked 12th in Final D3hoops.com Poll



August 15, 2025, RMC Athletics

Four Yellow Jackets in Inaugural ODAC Hall of Fame Class

